

SUPPORTER

ANGLICARESA

Winter 2018



▲ GOING ABOVE
AND BEYOND

▲ RECONCILIATION
COMMITMENT

▲ BUILDING
OPPORTUNITIES

Justice, respect and fullness of life for all - the AnglicareSA vision



CEO MESSAGE

We have some terrific stories to share with you in this edition of *Supporter*. They demonstrate the huge impact we can have when we partner with others.

Our Turning Point program has received a huge boost thanks to Beyond Bank's generosity as a major partner in this life changing initiative. Both Beyond Bank and AnglicareSA are working towards increased access to affordable housing. This partnership enables us to provide short-term accommodation to more homeless single parent families and to assist them to transition to long-term, stable housing.

Both the Turning Point and Power Generation programs benefitted from donations to our Autumn Appeal. Almost \$45,000 was donated for these two important projects.

Students at our 2018 Angel School, Pulteney Grammar School, have been hard at work raising money for our Emergency Assistance services. A big thank you to all of those involved in their recent Nature Market fundraiser.

Thanks also to our friends at Minter Ellison who recently volunteered to prepare meals and work in the garden at St Mary's with AnglicareSA.

Another terrific example of AnglicareSA working with partners across our community is the story on page seven about a group of newly arrived Syrian refugees who are studying a building and construction course thanks to a partnership with the North Eastern Development Association. These men are gaining practical experience and local accreditation, which will allow them to seek employment in the industry.

Read Aloud at the Zoo Day was a wonderful celebration of the benefits of families sharing reading time and a love of books. Our Communities for Children Playford program is a major partner with United Way to deliver this annual event.

Thanks to funding from the Federal Government's Country SA Primary Health Network we have been able to introduce our Suicide Prevention Service to the Adelaide Hills. This unique service provides specialised support to individuals who have attempted suicide or have strong suicidal ideation. It supports their families and friends as well.

With the cold weather upon us, please spare a thought for the more than 6,000 South Australians with nowhere to sleep at night and donate to our Winter Appeal. Our emergency assistance services are stretched and the demand will only grow as we head deeper into winter. We need your support to keep the homeless warm and safe. Please give what you can.

As always, it is you, our supporters, who enable us to help those who need it most. Whether you are an individual or family making a donation when you can, a Hope Partner, a volunteer, or a partnering school, club, parish or business, you make a positive difference to the lives of many when you partner with AnglicareSA.

Thank you for your ongoing support. It is invaluable.

Peter Sandeman
Chief Executive Officer
AnglicareSA

A blanket apology

In the Autumn 2018 edition of *Supporter* we included a story about a knitting group from St Peter's Cathedral who have knitted blankets for the Magdalene Centre. We incorrectly stated that this knitting group was known as the Lunch Club, however the Lunch Club are only one of the groups who have helped knit the blankets. The group responsible is known as the Knitting Team of St Peter's Cathedral. We apologise for this error.

Cover:
Olivia, CFC artist (story on page 9)



▲ GOING ABOVE AND BEYOND

AnglicareSA is delighted to announce its partnership with Beyond Bank Australia.

Beyond Bank is supporting AnglicareSA's Turning Point program by raising money to furnish homes and provide accommodation for homeless families. Each home costs close to \$3,000 to furnish.

The shortage of crisis accommodation and affordable housing means homeless single parents and their children are often housed in motels creating dislocation from schools and support networks.

AnglicareSA's Turning Point program provides safe, stable short-term accommodation for homeless single parent families with young children. After being provided with a pathway to finding a home, more than 85 percent of Turning Point families have gone on to secure permanent housing.

Robert Keogh, CEO of Beyond Bank said that the Turning Point project fits well with the Bank's own goals.

"Beyond Bank is committed to finding solutions to increase access to affordable housing," he said.

"By partnering with AnglicareSA's Turning Point program we will help to provide stable homes for families in need. It will support them to turn their lives around and transition them into long-term housing."

Beyond Bank's support for the Turning Point project includes a commitment of \$75,000 over three years, staff volunteering opportunities and encouraging its customers to support through Community Reward Accounts.

Peter Sandeman, CEO of AnglicareSA, said Beyond Bank's generous support will have a lasting effect on the lives of South Australians in need.

"Turning Point has a direct impact on families in crisis," he said.

"South Australia is experiencing a housing crisis and the majority of homelessness is due to a shortage of affordable housing, and domestic violence and relationship issues."

"Significant corporate support like that of Beyond Bank for the Turning Point program enables support for homeless families when they need it most. "

"It is life changing."



▲ NATURE MARKET FUNDRAISER

In April, AnglicareSA's Angel Day School, Pulteney Grammar, held a Nature Market as its first fundraiser of the year.

Students from years 3-6 worked in groups to create stalls selling goods that come from the environment. There were a variety of goods for sale including fresh fruit and herbs, lemonade and juice, potted plants propagated by the students, baked goods and decorative painted rocks.

The event was very well attended and the students were excited to see the money coming in for AnglicareSA. In total, \$1,300 was raised for our Emergency Assistance programs.

Thank you to the students, teachers and parents at Pulteney for all of the effort you put into the event.

Each year, one Anglican primary school is nominated as the Angel Day school to be an ambassador and key fundraiser for AnglicareSA. Pulteney Grammar School has generously committed to assisting AnglicareSA with our Winter Appeal. What a wonderful school community!

Above: Pulteney students raising money for Emergency Assistance services

▲ NEW THREADS

More than 200 people have received brand new clothing from the AnglicareSA Thread Together mobile wardrobes since they started service delivery in April.

One van visits the Outer Southern Hub twice a week, while the other supports the northern area, visiting the Holden Hill office twice a week.

The service is only possible thanks to a committed team of volunteers. So far we have recruited 15 volunteers including a driver, a stylist and sorters who are doing a wonderful job supporting the rollout of this initiative.

As our volunteer numbers increase, we will aim to have the vans out every day of the week to support clients across our programs.

If you are interesting in volunteering, please visit our website at anglicaresa.com.au/join-our-team.



Our first Thread Together customer!

▲ COMMITTED TO RECONCILIATION

During National Reconciliation Week, AnglicareSA proudly launched its Stretch Reconciliation Action Plan (RAP) at the Reconciliation in the West event.

AnglicareSA joined the national movement to publicly acknowledge and formalise our commitment and contribution to reconciliation in Australia through the development of our first RAP in 2012.

While we are proud of our achievements as a result of our RAP, we know there is much to be done to achieve equity in life outcomes and justice and fullness of life for all.

Following extensive review and consultation, our second RAP, or Stretch RAP, provides the foundations for long-term planning by AnglicareSA to strengthen our role as a key service provider and stakeholder in redressing the social, political, economic, structural and institutional barriers, inequalities and inequities experienced by Aboriginal people in South Australia.

Karen Mundine, CEO of Reconciliation Australia, congratulated AnglicareSA on its Stretch RAP.

“The implementation of a Stretch RAP signifies that

AnglicareSA is a leading advocate for reconciliation and is dedicated to making progress across the key pillars of the program – respect, relationships and opportunities,” she said.

“I commend AnglicareSA on this Stretch RAP and look forward to following its ongoing reconciliation journey.”



Peter Sandeman, Professor Peter Buckskin and Sonia Waters at the launch of the RAP

▲ COMMUNITY LEADERSHIP

A striking new community mural is a welcome addition at the Elizabeth Grove shops. The project was driven by the local Community Leadership Group (CLG) with a theme of 'community working together, from the youngest to the oldest'.

The mural (below) is of an elderly man and a young boy who look like they're playing chess but are actually moving city landmarks. The purpose of the mural is to not only beautify the area but decrease the large amount of graffiti and increase community pride.

In other Better Places Stronger Communities news, a services expo was held in April with a focus on active, healthy and connected communities. It provided the community with an opportunity to connect with services, and promoted inter-agency collaboration.

The expo concept was developed by the tenants' own CLG and brought together around 35 organisations, clubs and services from the local area.



▲ SUICIDE PREVENTION IN THE HILLS

AnglicareSA has launched a new suicide prevention service in the Adelaide Hills area to assist individuals and their loved ones following a suicide attempt, thanks to funding from the Federal Government's Country SA Primary Health Network.

On average, 16 people die each year by suicide across the Adelaide Hills region. It is estimated that for every death by suicide, a further 30 people make an attempt. That means that each year across the Adelaide Hills region around 480 people attempt suicide.

The AnglicareSA Adelaide Hills Suicide Prevention Service (SPS) provides much needed support to individuals and families following a suicide attempt.

The free program provides specialised support to individuals who have attempted suicide or have strong suicidal ideation. The service offers intensive support for three months, helping people to develop strategies to prevent further attempts.



AnglicareSA staff provide SPS assistance (image courtesy the Mount Barker Courier)

The service works alongside mental health services to provide psycho-social supports and assist in connecting people into community supports.

The program also provides information and support to family and friends of suicide attempt survivors.

The service can be adapted to work solely with family members, particularly in cases where the attempter chooses not to engage with the service.

While the service predominantly receives referrals from hospitals, GPs and allied health professionals, individuals and families are welcome to self-refer to the service.

If you'd like to access the Adelaide Hills Suicide Prevention Service, please call 1300 07 77 98 or email sps@anglicaresa.com.au.

▲ CATHEDRAL DISPLAY



AnglicareSA's Peter Burke, Lur Alghurabi and Jill Rivers with Very Reverend Frank Nelson, Dean of St Peter's Cathedral

During the 2018 Adelaide Fringe Festival the work of AnglicareSA was showcased with a poster display at St Peter's Cathedral.

Focusing on the diverse work of AnglicareSA, simple photographic images sought to portray the Vision, Mission and Values of AnglicareSA in 12 key service areas.

Due to an increase in visitors to the Cathedral during Festival time, the poster display was a perfect opportunity to work in conjunction with our parish community to raise awareness of the work of AnglicareSA.

▲ BUILDING OPPORTUNITIES

A group of newly arrived Syrian refugee men aged between 35 and 45 are participating in a building and construction course thanks to a partnership between AnglicareSA and the North Eastern Development Association (NEDA).

In its role as an advocate, and in an effort to increase engagement with CALD leaders and their communities, AnglicareSA brokers training and employment opportunities for newly arrived communities.

NEDA, which operates the North East Vocational College (NEVC), a Work Ready Training Provider, is running the 10-week Certificate II Construction Skills pre-vocational program.

It is a practical-based training program offering training in Tools & Equipment, White Card, Concreting, Demolition, Scaffolding, Carpentry and more. It aims to increase skills and employability. During the program, trainees are matched with appropriate registered building and construction businesses for mentorship and on-the-job training.

NEDA has gone above and beyond to tailor a specific program to meet the needs of the Syrian trainees. The program has been customised to integrate the prior skills attained by the trainees while in Syria.

AnglicareSA provided an Arabic speaking volunteer, with technical skills, to assist the trainees, to ensure they felt confident in their learning and to aid their understanding throughout the course.

Many of the trainees had prior experience in the building and construction industry in Syria. They

told us they appreciated the opportunity to update their skills and obtain an Australian qualification. The biggest difference they noticed between the Syrian and Australian industries was the strong Australian focus on health and safety.

The trainees now feel confident and excited about going out to seek work in the building and construction industry in South Australia.



Some of the participants in action during the Certificate II Construction Skills Program

▲ LENDING A HAND

St Mary's with AnglicareSA were delighted to welcome Sophie, Miriam, Nicole and Lucy from Minter Ellison on site for a volunteering morning during May.

St Mary's with AnglicareSA is a Parish Partnership initiative situated at 1167 South Road, St Mary's open on Mondays, Thursdays and Fridays. It offers a community centre with a range of services including Emergency Assistance and low cost, affordable meals.

Whether dicing, slicing, peeling or cutting vegetables for the evening meal, or composting and gardening, the Minter Ellison team generously gave of their time and energy.

We are grateful for their efforts which have supported people in need in the local community.



Volunteers preparing a delicious meal at St Mary's

CHILD FRIENDLY BUSINESS WINNERS

The Child Friendly Business Awards recognise businesses that support local children and families by creating stand-out child-friendly environments and practices that welcome and respect everyone.

The awards are a Communities for Children (CfC) Onkaparinga initiative funded by the Federal Government and facilitated by AnglicareSA.

They recognise businesses that support local children and families by creating stand-out child-friendly environments and practices that welcome and respect everyone.

This year 16 local businesses received an AnglicareSA CfC Onkaparinga 2018 Child Friendly Business Award. These businesses go above and beyond delivering a welcoming and safe environment for families visiting with children, supporting local community groups and services, and providing a supportive workplace that enables a work/family balance.



The recipients were presented with their awards by the Honourable Amanda Rishworth MP, Shadow Minister for Early Childhood Education and Development and Federal Member for Kingston.

After the formal ceremony the business owners and their families, colleagues and friends participated in an afternoon of bowling, face painting, balloon twisting and afternoon tea.

We offer our sincere congratulations and thanks to everyone involved.

READ ALOUD AT THE ZOO

More than 1,000 children with their families who are experiencing significant life challenges attended the annual Read Aloud at the Zoo Day.

AnglicareSA Communities for Children Playford once again joined with United Way to deliver the event as part of a three-year partnership.

The event featured internationally renowned author Mem Fox reading her book *I'm Australian Too* and Chris Owen reading his book *Pandamonia*. A free lunch, activity trail, magician and children's craft activities were also enjoyed by participants.

The Read Aloud campaign was developed to encourage all children and families to develop a love of reading, imagination through stories, and growth in communication, language, social and emotional development - with the aim that children reach their literacy potential.



Authors and the Read Aloud team gathered at the Zoo

AnglicareSA CEO Peter Sandeman said the Read Aloud at the Zoo Day aligned well with the early learning strategy and objectives of its Communities for Children program.

"AnglicareSA strongly supports the provision of high quality learning opportunities in the early years and assistance for parents to stimulate and promote child development," he said.

"We also believe it's important to make memorable moments for families when the stress and pressures of everyday life become overwhelming. Family fun at the zoo is a great way to unwind together."

▲ MAKING DREAMS COME TRUE

When Niki Howells-Schramm was three years old she asked her Grandad Tom to walk her down the aisle when she one day married.

The two had developed an enduring bond when Niki and her family had lived with her grandparents following the loss of their home in the Ash Wednesday bushfires.

So when Tom's health deteriorated and he was unable to travel to Melbourne for her wedding, Niki decided to plan a second ceremony, this one much closer to Tom.

Her mother, Tess Howells, contacted AnglicareSA's Elizabeth Dutton Court residential aged care facility where Tom lives, and asked to hold a wedding ceremony there.

"They said yes straight away," she said. "The staff embraced the idea and everyone was so accommodating and helpful to us. They were wonderful."

AnglicareSA's Head of Residential Aged Care, Jacinta Robertson, said Niki and Tom's story had captured the imagination of the staff at Elizabeth Dutton Court.

"Our carers become a part of our residents' extended families," she said.

"When an opportunity to bring joy arises we do whatever we can to ensure it happens. It was a real privilege to be involved."

Residents at the facility were invited to the ceremony and watched Niki realise her dream to have Tom walk her down the aisle.



Grandad Tom and Niki walk down the aisle together



▲ WHAT'S IMPORTANT TO KIDS?

Communities for Children (CfC) Onkaparinga and Playford held children's art exhibitions recently as part of the 'What is Important to Me Children's Art Display', a collaboration between six SA CfC sites.

This is the fifth year that all six CfC sites have invited children from their local communities to participate in the 'What is Important to Me' project.

Children who took part were invited to draw something important in their lives. Exhibition attendees were then invited to vote on their favourite three pieces of art, the most popular of which will be included in the 2019 Statewide Communities for Children Creative Kids Family Calendar.

CfC Onkaparinga held their exhibition at the Woodcroft library where more than 400 people took in the children's artwork.

In Playford, more than 70 people attended their art display, shared a meal together and enjoyed more than 200 art entries from local schools and community groups.

Photo: CfC artist, Nathan



“Each night more than 6,000 South Australians have nowhere to sleep”

▲ HELP KEEP THE HOMELESS WARM AND SAFE THIS WINTER

Did you know that tonight more than 6,000 South Australians have nowhere to sleep?

Last year, during winter alone, AnglicareSA received 4,890 visits from people who were homeless. This was a 29 percent increase from the previous year.

With Australia predicted to face a wetter and colder winter this year, we know there will be even more people coming to us for help.

AnglicareSA is committed to providing care and support to those who need it most, meeting their immediate needs as well as working with them to build capacity and restore and maintain their dignity.

We are here for those who have nowhere else to turn.

Just the thought of being without a home at any point in time is terrifying, let alone the reality of sleeping out in the wet and the cold.

Please help us to provide those seeking our support with basic essentials such as food, warm clothing, blankets, sturdy school shoes and vouchers for medical prescriptions.

Your support will also enable us to provide them with other individualised supports to find long term solutions.

▲ A FAMILY LIKE YOURS

In July last year, Ben* and Georgia* came to AnglicareSA seeking food and somewhere to live. The couple, together with their three children, had been couch surfing with family and friends for months following eviction from their rented home.

Ben had lost his job when the company he worked for shut down. His wife Georgia is a stay-home mum who cares for their three children Sarah* 7, Amie* 4 and Riley* 2. They had used up all of their savings.

With winter upon them, they had worn out their welcome with family and friends and found themselves with nowhere to stay. Due to the size of the family, they had been forced to split up from time to time to access available temporary accommodation, with the younger two children going with Georgia and the oldest child staying elsewhere with Ben. The constant movement and upheaval put them all under intense pressure. Ben and Georgia's relationship was strained and the children were anxious and confused.

AnglicareSA immediately placed Ben, Georgia and their children into emergency accommodation. Within a few weeks, with the help of AnglicareSA staff, they had secured a long term private rental. AnglicareSA ensured the property was furnished and provided the family with all the items they needed to make their new house a home. Sarah, the oldest child, returned to school. Ben secured some casual work close to home and together the family started to make some longer term plans.

Ben and Georgia's family is just one of many that come to AnglicareSA seeking support, especially during winter. AnglicareSA's Emergency Assistance Centres need your help to support the thousands of South Australians who are homeless this winter. Our help is individualised and focused on helping people get back on their feet again.

** Article is based on a true story with names changed to protect privacy*

Please donate to our Winter Appeal this year via the attached slip, online or by calling 8305 9200.

▲ HOW DOES YOUR DONATION HELP?

\$500

pays for 250 healthy meals made by our Volunteer Casserole Group and distributed to those in need

\$200

feeds 100 people a hot lunch at AnglicareSA's Food Barn in Elizabeth

\$150

enables us to buy sturdy school shoes for a family with three children

\$100

provides a family with enough food and essentials for a week

\$70

will buy a warm blanket, socks and jocks for someone in need

\$25

provides 3 prescriptions of vital medication for those in need





▲ HOPE PARTNERS DELIVER MORE THAN \$50K

AnglicareSA's Hope Partners give more than just money. They also give hope.

In the past six months alone, our Hope Partners have donated more than \$50,000. This has had a direct impact on the lives of many in our community.

Donations from Hope Partners are directed to four key areas:

- **Emergency Assistance Services** - crisis support including food, clothing, financial assistance, counselling, medication and homelessness support with the aim of helping people regain their independence
- **Youth training and development** – mentorship, driving lessons and driver's licences, job preparation and training and financial support to young people in out-of-home care, those affected by domestic and family violence, new arrivals and Aboriginal students
- **Turning Point** - short term stable and secure accommodation for homeless single parent families with young children. It provides customised support including counselling, mentoring, financial education and budgeting, access to training, and assistance in securing long term housing
- **Loss and Grief Support** - free Star Bear and Star Bound camps for 5-17 year olds who have lost a parent, sibling or other significant person to help them learn to cope with their loss, manage their grief and move forward with life.

Hope Partners come from all walks of life. These generous individuals and families have made a decision to work with AnglicareSA to give hope to others.

You can give the gift of hope. By becoming a Hope Partner and pledging as little as \$2 a day, you will make a significant difference to those in need in our community.



As a Hope Partner, you can choose which of the four key areas you would like your pledge directed towards.

Please partner with us so that together we can turn someone's hopelessness into hopefulness. Sign up today.