

# SUPPORTER



**ANGLICARESA**

Spring 2016 Vol 25 #3

RECONCILIATION  
**IN THE  
WEST**

**UNLIKELY  
ARTISTS  
RECORD CD**

45 YEARS OF  
FASHIONABLE  
**SERVICE**



“ THE HEALING CENTRE IS AN EXCITING PROJECT FOR ANGLICARESA AND I AM REALLY LOOKING FORWARD TO IT BECOMING A REALITY ”

## MESSAGE FROM THE CEO

The past few months has seen AnglicareSA support a large number of important campaigns, continue to strengthen community relationships and make a significant project announcement.

At a recent Adelaide conference focussed on homelessness, we announced a \$1.6 million investment for our Healing Centre initiative.

We have purchased a building in the CBD, which will be transformed into a safe place for Adelaide's homeless to sleep. The Healing Centre will be one of the first 24/7 homeless accommodation and support services in Adelaide and is a long-term solution to address what is a complicated and challenging issue.

Our priority now is to raise money to help transform the building into a home. It requires a considerable amount of refurbishment and then furnishing, and we're asking the community and private sector to raise \$500,000 to help us complete this project.

The Healing Centre is an exciting project for AnglicareSA and I am really looking forward to it becoming a reality.

To help raise money for our homeless services I took part in our inaugural Coffee Break challenge. Going without coffee for one week sounded relatively easy in principle, but with the cold weather and early starts it proved to be much more difficult.

The challenge helped us raise \$50,000, which was an amazing result for a first-year campaign and thank you to all participants, Cibo Espresso and Channel 9 Adelaide for their support.

We celebrated Refugee Week right across our sites through food, cultural activities and events.

The week provided us with an opportunity to recognise the contribution people from refugee backgrounds make in our communities and gave us a chance to reflect on their journeys.

Australia is a proud, multicultural community and it is important that we take the time to think about how the many cultures which make up our country create such a diverse and welcoming society.

The week of celebration 'kicked-off' with a great win by the AnglicareSA United soccer team who won the Refugee Week Carnival Trophy. The team went through the carnival undefeated and had a big win in the final.

Our journey to help create a fair, just and reconciled Australia was highlighted during the Reconciliation in the West event. This community event was an engaging opportunity for all participants to think about our country's identity and the place of Aboriginal and Torres Strait Islanders in our nation's story.

I hope you enjoy reading about the news and events that AnglicareSA have proudly been involved with over the past few months.

Peter Sandeman  
Chief Executive Officer,  
AnglicareSA

### The SUPPORTER

news and views about the work of AnglicareSA

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**ANGLICARESA**



## HEALING CENTRE

# SAFE PLACE FOR ADELAIDE'S HOMELESS

For close to two years AnglicareSA has been working on a plan to address homelessness in Adelaide's central business district and provide people with safe place to sleep.

At a recent homelessness conference it announced a \$1.6 million investment to create its Healing Centre, which will be one of the city's first 24/7 homeless accommodation and support services.

The Healing Centre will give homeless people a safe place to stay, and will deliver long-term, sustainable outcomes. It will help the homeless to transition away from homelessness, because a journey to a safe place is everyone's right.

AnglicareSA CEO Peter Sandeman said homelessness is an ongoing, complicated and challenging issue to address but he was confident the Healing Centre will help those in the community who are homeless or at risk of homelessness.

"Over many years there have been several initiatives aimed at reducing homelessness, but unfortunately these have been short-term fixes," Peter said recently. "Our vision is to create a long-term solution to help people in the CBD

transition away from homelessness and give them the support that they need to successfully do so."

The service delivery model that will be used at the centre isn't your typical model; instead it will be directed by the individual.

"We want the person to tell us what they want, rather than us telling them what we believe they need," Peter said.

"The people living in the centre will have access to a range of support programs to help them transition into a home of their own but most importantly, it will give the individual a safe place to stay."

Now that the building has been purchased, the next step is to secure funding from third-parties to help with the building's refurbishment and fit-out.

AnglicareSA is calling for support from the private sector and the community to help raise at least \$500,000 to make the building feel more like a home.

This money will be spent on refurbishing internal structures inside the building and also furnishing the rooms. If you are able to help, please visit [www.anglicaresa.com.au](http://www.anglicaresa.com.au) or call 8305 9200.

# COFFEE BREAK SUCCESS



If you noticed a few grumpy people around the office in May it may have been due to the AnglicareSA Coffee Break.

The inaugural Coffee Break campaign challenged people to go without coffee for one week and encourage their peers, friends and family to sponsor them to help raise money for AnglicareSA homeless programs.

The campaign was a huge success, raising \$50,000 and much-needed awareness about the issues our homeless clients face.

A huge thank you to all who participated and who supported our participants, and congratulations to Sarah Constructions who won the team prize of lunch at Cibo Espresso. Also, well done to Anthony Carbone who is enjoying a year's worth of free Cibo Espresso coffee. Together they raised more than \$13,700!

## WORK OF AEROSOL ANGEL ART



Now that's a work of art! One of the auction items at the 2015 Cathedral Banquet was art work of the purchaser's choice by one of the Aerosol Angels. A few months ago the successful bidder had an artist paint a wall in their home with the words 'Life is Beautiful'.

It was an excellent opportunity for the artist to showcase their work and the final result is stunning.

This year's Cathedral Banquet will be held on Friday, 7 October at St. Peter's Cathedral and it will be another glamorous and entertaining evening. Funds raised from the night will support all of AnglicareSA's Emergency Assistance services. Tickets are currently on sale and for more information about the event or to purchase tickets please visit [www.anglicaresa.com.au](http://www.anglicaresa.com.au)

## NO EXCUSE FOR ABUSE



On Wednesday 15 June, AnglicareSA staff and residents at its aged care facilities, and the community, helped raise awareness of elder abuse as part of World Elder Abuse Awareness Day.

The message for the day was "There's No Excuse for Abuse" and this was highlighted at several awareness events held.

Wearing bright purple t-shirts, staff cooked a community barbecue breakfast at the front of the Adelaide Entertainment Centre and gave members of the public who stopped by an information card about the day.

"There's No Excuse for Abuse" morning teas were also held at the Hindmarsh head office and many of our residential and home care sites.

AnglicareSA General Manager Active Living, Jackie Howard, said that the day was a good opportunity to raise awareness about a topic that wasn't often discussed in public.

"Elder abuse is a serious issue not only within our own communities but more broadly around the world," Jackie said.

"Around one in 20 older Australians experiences some form of abuse from someone they trust and statistics show that in around 80 per cent of cases the abuse was carried out by a member of their own family.

"This abuse can be financial, emotional, physical or sexual and it's important we highlight that there's no excuse for this abuse."

Radio Station 5AA also helped spread the day's message with roving reporter Jane Reilly interviewing CEO Peter Sandeman.

# UNITED SCORES TROPHY



The Anglicare United soccer team scored a big victory recently, winning the Refugee Week Carnival Trophy.

The soccer carnival is an annual event as part of Refugee Week celebrations and is supported by the Australian Refugee Association, Red Cross, Welcome to Australia and the Football Federation of South Australia.

Anglicare United were undefeated for the day, winning their first match 4-1, their second 2-0 and winning the final against Life Without Barriers 3-0.

Team coach and AnglicareSA Senior Manager

Housing, Ben Moore, said it was an excellent effort by the team in their inaugural win.

"The boys were great on the day; so many staff, clients and cultures all coming together to work as one team symbolised to me what the event celebrates," Ben said.

"A big thank you to Adelaide City FC for supplying all the kits, which the team got to keep, on the day."

The carnival was also well supported by AnglicareSA staff from a range of programs and clients from our Bridgeview site. The team is now preparing to defend its trophy next year.

# CELEBRATING REFUGEE WEEK

AnglicareSA joined the national celebration of Refugee Week from 19-25 June, with a range of events across several sites.

The week was a unique opportunity for everyone in our community to experience and celebrate the rich diversity of refugee communities through theatre, music, dance, film and other educational or cultural events which take place all over Australia.

For more than 10 years AnglicareSA has been supporting people from refugee backgrounds and it's important to recognise the journeys and the contribution people from refugee backgrounds have made in enriching our culture and our unique multiculturalism.

The theme for the week this year was "With courage let us combine", which was taken from the second verse of Australia's national anthem.



AnglicareSA CEO, The Rev'd Peter Sandeman, said that the theme celebrated the courage of refugees and of people who speak out against persecution and injustice.

"It serves as a call for unity and for positive action, encouraging Australians to improve our nation's welcome for refugees and to acknowledge the skills and energy refugees bring to their new home," Rev'd Sandeman said.

Events throughout the week included an afternoon tea at the AnglicareSA Western Hub, lunch at the Holden Hill office and a family fun day at St John's Anglican Church, Salisbury. The Salisbury event featured a fun, colourful, interactive and celebratory atmosphere incorporating a diverse expression of the many cultures in our community.



# RECONCILIATION IN THE WEST

The spirit of reconciliation was on show in Adelaide's western suburbs on 2 June as Tauondi Aboriginal College hosted the annual Reconciliation in the West event.

This year's theme was "Our History. Our Story. Our Future." and encouraged all Australians to think about Australia's identity and the unique place of Aboriginal and Torres Strait Islander histories, cultures and rights in our nation's story.

AnglicareSA Director Aboriginal Services, Sonia Waters, said that the day was an opportunity for the public to celebrate Reconciliation Week in an entertaining and engaging way.

"Reconciliation in the West brought the community together to celebrate and learn about reconciliation through interactive activities including dance, music, food and art," Sonia said.

"Events like this are an excellent opportunity to share Aboriginal and Torres Strait Islander culture with the local community and it was great to see everyone getting involved in the day's activities."

The event featured stalls with reconciliation-focused activities, a variety of artworks and the main stage showcased the dance and musical talents of Aboriginal performers, presented by MC Nancy Bates.

Attendees also had the opportunity to vote for their favourite piece of displayed artwork, with the winner of the people's choice award featuring on the 2017 Reconciliation in the West poster. Reconciliation in the West was proudly supported by AnglicareSA, Uniting Care Wesley Port Adelaide, Life Without Barriers, Tauondi Aboriginal College and Reconciliation South Australia.



# THE BIG TABLE



Every month, AnglicareSA and St Aidan's Payneham Anglican Church partner to host a morning tea called The Big Table. The morning tea provides an opportunity for AnglicareSA clients, parishioners and the community to come together in a welcoming, social environment to share stories and experiences in a casual setting and participate in an engaging activity.

AnglicareSA's deepening relationship and partnership with the Parish through The Big Table also led to the AnglicareSA Annual Service being held at St Aidan's Church, Payneham on 7 July.

The AnglicareSA Annual Service is held at a different Anglican Church each year and is an opportunity for both AnglicareSA staff and the wider community to come together for a church service to reflect on the work AnglicareSA does and its link back to the church community.

This year's service was configured around our values, and in order to demonstrate Servant Leadership, participants washed one another's feet following Jesus' example in washing his disciples' feet (John 13:1-17).

Feet washing is a symbolic representation of our role in serving Anglicarers as servant leaders. It's reminiscent of Pope Francis washing the feet of refugees, including Muslims, Hindus and Copts, in March this year and it's a powerful symbol of serving one another as well as the people we serve.

## UNLIKELY ARTISTS LAUNCH CD

A newly formed musical group – whose participants have suffered through homelessness, drug abuse and mental illness – has successfully recorded a musical performance CD.

The performers, who have no previous musical training, reside at Ian George Court in Brompton, AnglicareSA's exceptional needs residential aged care facility. They have participated in a therapeutic musical program since September 2015 and their recently recorded CD has just been launched.

Ms Shirley Essex, Acting Site Manager at Ian George Court, said that the group, known as Gabi's Angels and the Wise Men, performed for the first time at the facility's 2015 Christmas party.

"After receiving feedback from our residents, Ian George Court staff created a tailored music program to provide an opportunity for expression, connection and

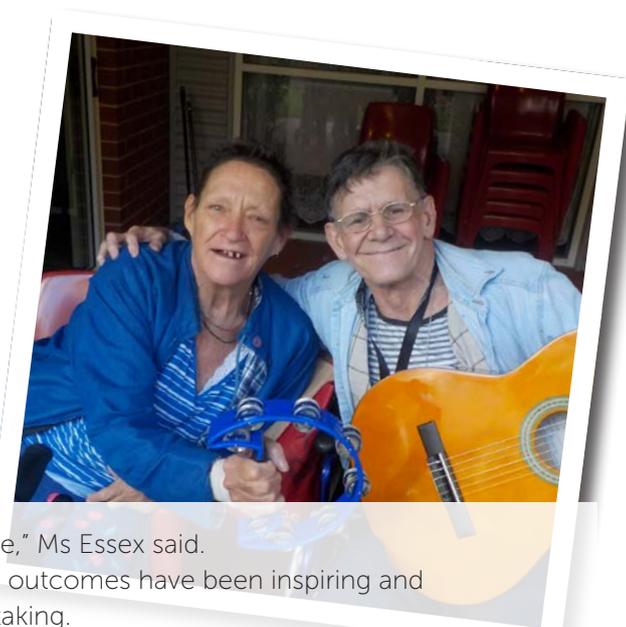
purpose," Ms Essex said.

"The outcomes have been inspiring and breathtaking.

"The Music Coordinator, Ms Gabrielle Hyde-Neary, coordinates group and individual sessions and enables passive and active program involvement according to the individual needs of each resident.

"We try to find ways to make our residents feel safe and included. For many Ian George Court residents, the staff and fellow residents become their new family," Ms Essex explained.

Joyce, a resident since February and a member of the singing group designed the CD cover artwork. CDs are available through Ian George Court (Ph 8348 2000) in lieu of a \$10 donation, with all money raised invested back into the music program to purchase instruments and equipment.





# GENERATING THE POWER OF YOUTH

The Power Generation Program is run in partnership with the Port Adelaide Football Club and supports Aboriginal students and graduates of the Aboriginal Power Cup get job ready.

It provides crucial, ongoing support to give participants every opportunity for success in their chosen career path.

AnglicareSA provides relevant, wrap-around social supports to the participant and their family. This includes support to address challenges that could be preventing the participant from transitioning to or sustaining training or employment, such as difficulties at home.

To help raise funds for the program, AnglicareSA has had two opportunities to collect money at Port Power home games as the club's charity partner.

The first was during the Saturday afternoon game between Port Adelaide and the Western Bulldogs and the second was the most recent Saturday night match between Port Adelaide and Melbourne.

Thank you to everyone who volunteered at the games or made a donation to help support this important program.

AnglicareSA was also fortunate to receive a private donation of 30 suits to help participants of the Power Generation Program look the part for a job interview.

As part of AnglicareSA's commitment to addressing violence against women we are working to become an accredited White Ribbon Workplace.

White Ribbon is the world's largest movement working to end men's violence against women and girls, promote gender equality, healthy relationships and a new vision of masculinity.

The campaign works through primary prevention initiatives involving awareness raising and education, and programs with youth, schools, workplaces and across the broader community.

White Ribbon's Workplace Accreditation program is an 18 month process starting with an employee survey which was completed in May 2016. This survey will act as an organisational benchmark against which we will be assessed in 18 months' time.

To help raise awareness of White Ribbon, staff at various AnglicareSA sites held morning teas to coincide with White Ribbon's 'Have a night in, to get the word out' campaign. Staff at the Outer Southern Hub created White Ribbon cupcakes and invited local businesses and the community to take part in their event.

If you are experiencing domestic violence or know of someone who requires help please call 1800 RESPECT.

## STRIVING FOR WHITE RIBBON ACCREDITATION





# 45 YEARS OF FASHIONABLE SERVICE

Pat Duncan and Margaret Chittleborough are AnglicareSA's longest serving volunteers, with a combined total of 90 years of service.

Pat (93) and Margaret (87) were strangers when they first met back in 1971 after commencing work at Cathedral Fashions, AnglicareSA's Op Shop in North Adelaide. Since that time however they have become firm friends and are still working in the store together on Fridays.

"We have met thousands of people in the shop," Margaret said.

"We've watched families expand, met the babies and watched them grow over our many years here.

"One lady brought her children and then her grandchildren into the store during our time working here."

"Our regular customers say they feel welcome and safe when they visit Cathedral Fashions."

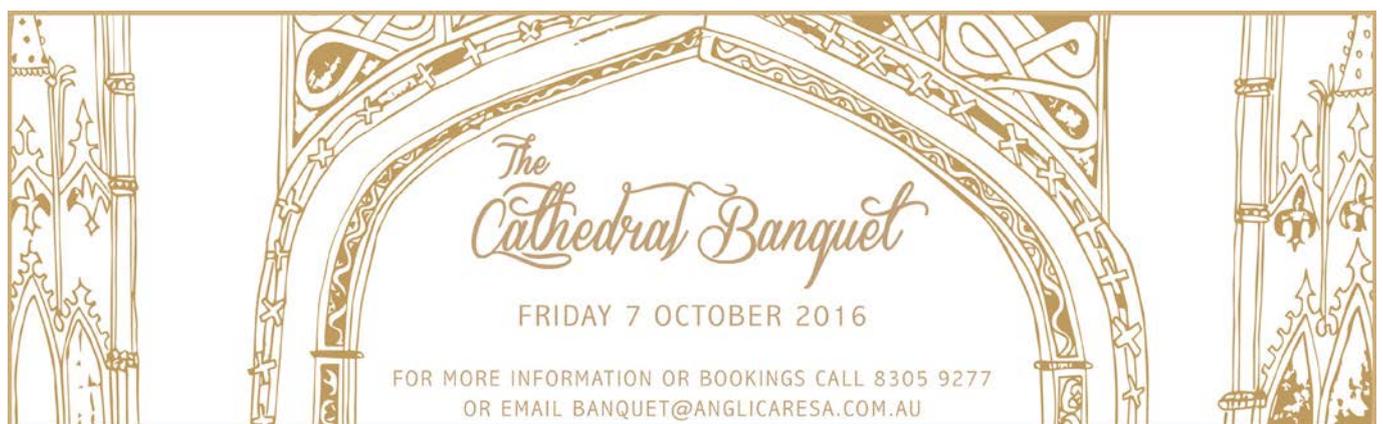
Pat considers the store staff and volunteers to be part of her family. She said she has helped to relocate the store three times over the years and noted that there is always plenty to do.

"My favourite part is the laughs we enjoy together," Pat said. "I have a routine and look forward to coming into work every Friday."

"I never had any kids – Anglicare is my family."

Pat and Margaret agree that the friendships made and relationships built over the years have been the best part of volunteering at Cathedral Fashions.

AnglicareSA thanks Pat and Margaret and all of its volunteers for their vital contribution.





## REMEMBERING IN EMOTIONAL TIMES

For Bridget\*, losing her husband after a short illness in 2015 was a tragic event, not only for her, but for her two young children.

Without their father, the children struggled to get into their normal routines as they tried their best to cope with their loss.

It was also the first time Bridget had lost someone so close to her and she was struggling to know how to grieve herself, let alone how to support her grieving children.

To help manage and understand the grieving process, Bridget contacted AnglicareSA and enrolled her children in the Star Bear camp and then joined with a number of other parents and members of the AnglicareSA Loss and Grief team in a support session for carers.

At the camp, the children spent time participating in art-based activities which are focused on remembering the person they have lost, undertaking some outdoor challenge activities which encourage the children to work together, and a question and answer time with a doctor to help them

understand more about death.

On the final day of the camp, Bridget's children released their balloons, with touching messages to their father, into the air as a special tribute to his life.

Star Bear is the only program of its type in South Australia. It was established in 1999 to support grieving children following the death of a loved one and has been part of AnglicareSA's Loss and Grief Centre since 2002.

The camps aim to help children understand that grieving is a normal part of life and that it is important to be able to express their feelings. Children who participate in camps have an opportunity to share and talk about the person they have lost.

Many children who go on camp have never had the opportunity to talk with other children who have also lost someone, and this helps to normalise their feelings. The camps also help children and families talk and share more about the person they have lost.

\*Not her real name

“ THE CAMPS AIM TO HELP CHILDREN UNDERSTAND THAT GRIEVING IS A NORMAL PART OF LIFE AND THAT IT IS IMPORTANT TO BE ABLE TO EXPRESS THEIR FEELINGS. ”

# SUPPORT FOR GRIEVING CHILDREN

It's an extremely emotional and challenging time when we lose a family member or someone we love.

When we lose a loved one, we experience a full range of emotions. But imagine, just for one minute, what this would be like for a young child.

The AnglicareSA Star Bear camp assists children in understanding more about death and the grieving process, participate in activities, as well as giving participants the opportunity to talk with other children who have also lost someone close.

In March 2016 we developed a pilot program to assist parents cope with loss. The program is run while the children attend the Star Bear camp and our first session received very positive feedback from attendees.

The Star Bear Parent Program enables carers to share their stories and concerns, which helps them to normalise their grief.

It acknowledges that parents and carers not only play a significant role in supporting children who are coping with loss; they also need to manage their own grief.

It's important to have support networks in place for both adults and children. Bridget found herself in the challenging situation of managing her own grief as well as the grief experienced by her two young children. You can read her story on the opposite page.

Our Star Bear Program and the Star Bear Parent Program rely on donations from the public. Your generous donation will help us continue to support people who have lost a loved one and also make the Star Bear Parent Group a regular part of the Star Bear Program.

**Please donate today.**

# 17%

OF CHILDREN LIVE  
IN HOUSEHOLDS  
THAT HAVE BEEN  
**AFFECTED BY  
THE LOSS**  
OF A FAMILY MEMBER



EVERY DAY **9 CHILDREN ARE  
BEREAVED OF A PARENT  
OR SIBLING** IN SOUTH AUSTRALIA

“AFTER GOING WITHOUT FOR A COUPLE OF DAYS, IT WAS NICE TO HAVE A HOT MEAL. THANK YOU”

# THANK YOU

Our Winter Appeal was a huge success thanks to your generous donations.

Because of your support, we raised over \$200,000 to provide hot and nutritious meals, shelter and warm clothes to South Australians in need during what was a very cold and wet winter.

There are almost 6000 members of our community who face uncertainty about where they will sleep every night, including the elderly, people sleeping rough on the streets and parents and children fleeing violent and abusive home environments.

Your help has enabled us to make a difference to the lives of homeless people in South Australia.

“EVERY NIGHT'S A CHALLENGE, BUT IT'S GOOD TO KNOW THERE'S HELP AVAILABLE”

“HAVING A ROOF OVER MY HEAD DURING THE STORMS MADE ME FEEL SAFER”

