

Summer Newsletter 2023/24

Free Copy

playford
communities for
children

Funded by the Australian Government Department of Social Services.

Visit www.dss.gov.au for more information.



Welcome

We express our gratitude to the Kaurna peoples for their continuous care of this ancient Country for thousands of generations and for the sharing of this land that was never ceded.

We recognise and respect the wisdom of Elders past, present and those to come, and extend this to all First Nations Peoples and their living cultures.

We walk softly alongside First Nations Peoples as allies committed to seeking guidance, listening with purpose and acting with courage in our future together.

Always was, always will be.



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Playford we want your thoughts!

Communities for Children Playford is continuously consulting with community to ensure the programs that we fund are meeting the needs of children and families here in Playford.

We want to know:

What are the gaps in the community?

What programs and activities would you like to see in Playford?

If you would like to share your thoughts with the team please contact us at:

cfcplayford@anglicaresa.com.au

Or

Via our Facebook Group:

Scan the code below



playford
communities for
children

Children's Week 2023

Children's Week is a national celebration that recognises the talents, skills, achievements and rights of children and young people.

We celebrated with a Teddy Bears Picnic at Fremont Park, we had 75 children attend with their families. Our event was also attended by Helen Connolly who is South Australia's first Commissioner for Children and Young People.

Children participated in a Build A Bear workshop, Nylon Zoo story time, bear hunt and keychain making with Yara Family Connections.



Children's Week Awards 2023

Congratulations to Delilah who won the Children's Week Youth Award for Outstanding and Consistent Contributions to the Needs, Interests and Welfare of Children. Thank you to the staff at Pom Pom for recognising and nominating Delilah.



Kid's Corner

Find a word

Find all the hidden words that describe the season of Summer.

- ☐ **SUNSAFE**
- ☐ **SUMMER**
- ☐ **POOL**
- ☐ **ICECREAM**
- ☐ **HOLIDAYS**
- ☐ **PICNICS**
- ☐ **BARBECUE**
- ☐ **BEACH**

A W C H F Z C W R V G O Y V C
V Z R I D H O L I D A Y S T X
K B A S C R R I H T D H J H D
X E E V F E M V O J L T W S V
J J F I M I C G O F D J U M D
W T H H J G Q R L J F N V I C
N L L U P O O L E B S L M D V
J L T Z I R R A Y A C B A Y J
O Y I R C I H B F R M E O W V
C X F E N S C E U B T V C Z H
D N N M I Z A H B E I F V J V
S V I M C D E Q Q C V H T D N
Y X S U S G B P Q U J G Y I M
W V T S I N R H D E A C O A T
P S O X L X X S F A W Y R J L

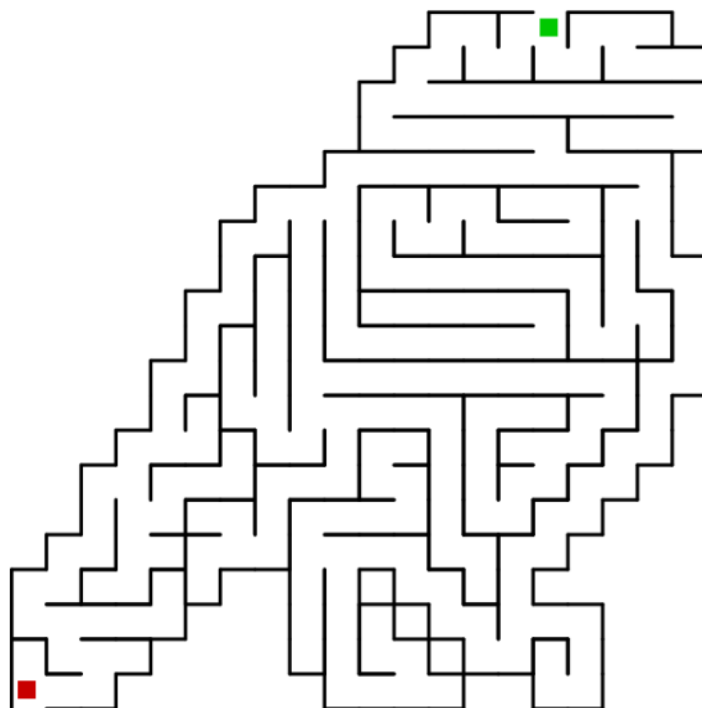
Q: Do fish go on vacation?

A: No because they are always
in school

Scavenger Hunt

Find nature's wonders, there are amazing things to find when the seasons are changing. Can you find one of each of these things:

- | | |
|---|---|
| <input type="checkbox"/> Seashells | <input type="checkbox"/> A flower |
| <input type="checkbox"/> Butterfly | <input type="checkbox"/> Some water |
| <input type="checkbox"/> A feather | <input type="checkbox"/> Anything red |
| <input type="checkbox"/> Anything pink | <input type="checkbox"/> Ladybird |
| <input type="checkbox"/> Leaf | <input type="checkbox"/> Sand |
| <input type="checkbox"/> Birds nest | <input type="checkbox"/> Fruit on a tree |



Bird Maze

Find the path through to the bottom of the bird.

Roving Reporters

Children's Voices



This holidays I was able to go to the ANMS, Arts program And I had the Chance to make Origami, which was so much fun we were able to do it both weeks On Tuesday from 11am to 1pm.

Hopeness 12, Elizabeth Grove

Q: How can you tell the

Ocean is friendly

A: It Waves



Roving reporters from all over Playford have shared their experience or artwork they have created.

We hope that it inspires you and your family to try something new, or share a creation with us.

If you would like to be a CfC reporter, ask an adult to contact the CfC Team on **0429 372 052** or

Email:

cfcplayford@anglicaresa.com.au



I do many activities at Pom Pom, true north, Kids club because I'm meeting new friends and doing the different activities.

Sienna 10, Dovoren Park

Happy 50th Birthday

Tauondi Aboriginal Community College

The Playford Communities for Children team attended the 50th Birthday Celebration for Tauondi Aboriginal College. The Deadly Colour Run has a huge success and was enjoyed by many children and families.



Happy 10th Birthday



Pom Pom celebrated 10 years in Davoren Park, this was an amazing birthday celebration for the Pom Pom community. Children participated in activities such as arts and crafts, badge and giant cake making. This was followed by afternoon tea and a visit from the Children's Commissioner Helen Connolly.



CfC Free Programs

Social Opportunities

Lego Club and The Mix are social activities for children on the autism spectrum. Children will interact with others in a fun and safe environment.

Lego Club fortnightly Saturdays
The Platform
73 Elizabeth Way, Elizabeth
9:30am to 12:00pm

The Mix fortnightly Thursdays
The Platform
73 Elizabeth Way, Elizabeth
5:30pm to 7:00pm

For more information contact
Marguerita on 0407 074 817
Diverse Learning

Pom Pom

An art program that focuses on creative skills development across all art forms for children aged 0 - 12 years and their families or carers. The workshops are led by professional artists in a positive and welcoming environment.

Saturdays 11:00am to 3:00pm
Davoren Park Shopping Centre
45 Peachey Road, Davoren Park

During school term
For more information contact
Adara on 8230 1116
Carclaw



True North Little Stars

Weekly workshops to create a piece of theatre in a space where children can learn new skills, find their voice and be empowered through the creation of a joint piece of work.

For children aged 4 - 6 years

Parents welcome to join in
Saturdays 12:30pm to 1:15pm

The Platform
73 Elizabeth Way, Elizabeth
During school term
For more information contact
Tahlia on 0404 553 263
AJZ Productions

Mighty Minds

This program is an attachment and relationship repair program for families with preschoolers who attend long day care, and are addressing experiences of early childhood trauma.

Mighty Minds is a 12 - 24 month program with weekly sessions.

NACYS Childcare Centre
Oldford Rd, Davoren Park

For more information contact
Nikita or Thandy on 8252 2474
NACYS

Free Programs and
Activities
for Children
0 - 12
&
their Families
within Playford



Scan here to join

Kidstuff

A fun, safe environment for young parents to spend quality time with their children while focusing on child development and play.

Kidstuff is a 6 Week Program
Tuesdays 11:30am to 1:30pm

Elizabeth Grove Children's Centre

During school term
For further information contact
Melanie on 7117 0920
Metropolitan Youth
Health Service

Yara Family Connections

Yara Circus is a resilience program for young people in primary school.

Deadly students will learn awesome circus skills and Kaurna language.

During school term

Various schools in Playford

For more information contact

Melissa on 0403 630 123

Yara Family Connections



Junior Rise

The Junior Rise and Junior High programs will help engage groups of young people to collaborate, and address the challenges of transition from primary school to high school.

Junior Rise and Junior High is a 16 Week Program

For children in Year 6 & 7

During school term

Various Schools in Playford

For more information contact

Claire on 0423 143 175

Whitelion Youth Agency

True North Youth Theatre Ensemble

Weekly workshops to create a piece of theatre in a space where children can learn new skills, find their voice and be empowered through the creation of a joint piece of work.

For children aged 7 - 12 years



Saturdays 3:00pm to 4:30pm

The Platform
73 Elizabeth Way, Elizabeth

During school term
For more information contact
Tahlia on 0404 553 263
AJZ Productions



CfC Free Programs

| | | |
|--|--|--|
| <p>Tutti Pom Pom</p> <p>An visual arts program tailored to Learning Disabled and Neurodiverse Young People (LD and ND YP) creative skills development across all art forms for children aged 0 - 12 years and their families or carers. The workshops are led by professional artists in a positive and welcoming environment.</p> <p>Davoren Park Shopping Centre 45 Peachey Road, Davoren Park</p> <p>For more information contact Adara on 8230 1116</p> | <p>True Ability</p> <p>Weekly workshops to create a piece of theatre in a space where children with a disability can learn new skills, find their voice and be empowered through the creation of a joint piece of work.</p> <p>For children aged 7 - 12 years Saturdays 1:30pm to 2:45pm</p> <p>The Platform 73 Elizabeth Way, Elizabeth During school term</p> <p>For more information contact Tahlia on 0404 553 263 AJZ Productions</p>  | <p>New and Emerging Communities</p> <p>Focuses on creating opportunities for parents by achieving access to quality education and improving health and wellbeing to empower the people of New and Emerging backgrounds to build a sustainable life in Australia.</p> <p>8 week program, 1:1 support and School Holiday Activities</p> <p>Tuesdays 11:00am to 1:00pm</p> <p>Amazing Northern Multicultural Svc. Whittington Road, Davoren Park</p> <p>During school term</p> <p>More information contact Cissy on 8202 5980</p> <p>Uniting Communities</p>  |
| <p>Sing and Grow</p> <p>Music Therapy workshops for parents and carers with their children. Using instruments, drums, ribbons, balls, parachutes and singing songs to increase positive interactions and helps parents confidence to use music as play.</p> <p>Home Visits available</p> <p>Various Locations in Playford</p> <p>For more information contact Thea on 0436 600 036 Play Matters</p> | <p>Dad's Business HQ</p> <p>At Elizabeth Rise Shopping Centre</p> <p>Access to dedicated men's worker, information about programs.</p> <p>Specifically designed for dad's and men in the local community.</p> <p>Weekdays Days / Times Vary</p> <p>Shop 7A 26 Hamblynn Rd, Elizabeth Downs</p> <p>More information contact Alex on 8412 9500 Centacare</p>  | <p>Cultural Circle of Security</p> <p>An internationally recognised parenting program that focuses on building attachment security.</p> <p>Cultural Circle of Security is an 8 Week program.</p> <p>During School Term</p> <p>Various Locations in Playford</p> <p>For more information contact Brad on 0435 907 524</p> <p>Kornar Winmill Yunti</p> |
| <p>Yaitya Tirkanthi Aboriginal Playgroup</p> <p>Yaitya Tirkanthi Aboriginal Playgroup will focus on Kaurna language, cultural activities, storytelling and bush play in our bush garden.</p> <p>For children aged 0 - 5 years Fridays 9:15am to 10:45am Munno Para Primary School During school term</p> <p>For more information contact Glenice on 8254 8322 Munno Para Primary School</p> | <p>Discover You</p> <p>Discover You is a curriculum based group coaching program that focuses on the whole student, social and emotional learning, intrinsic motivation and resilience.</p> <p>For children aged 10 - 12 years</p> <p>Discover You is an 18 week program</p> <p>Various Schools in Playford</p> <p>During school term</p> <p>For more information contact Leanne on 0408 847 858 Reset Wellbeing</p> | <p>Blakeview Playgroup</p> <p>Blakeview Primary School families and community with children are welcome to attend our Aboriginal focused playgroup.</p> <p>Weekly themed session with fun Activities.</p> <p>For children 0 - 5 years Wednesdays 9:00am to 10:30am Blakeview Primary School During school term</p> <p>For more information contact Kiara or Rhianna on 8254 7555 Blakeview Primary School</p> |

Kids Club

Free Community Programs

Make new connections & learn something new via the various programs on offer to explore.

Free Community Programs



Natter & Network

Monday & Tuesdays - 9.30am to 11.30pm

The Platform
73 Elizabeth Way
Elizabeth

Kids Club

Monday - 3pm to 4.30pm

The Precinct
112 Coventry Road
Smithfield Plains

Tuesday & Wednesday - 3.15pm to 5pm

The Platform
73 Elizabeth Way
Elizabeth



Wednesday - 12.30pm to 1.30pm

John Hartley Children's Centre
(Parking off Davoren Road,
Building 5 behind sandpit)
199 Peachey Road
Smithfield Plains

For enquiries and to book please contact

Melissa: 0409 755 973

Leonie: 0407 977 351

Email: kidsclub@anglicaresa.com.au

ANGLICARESA
Together we change lives.

Funded by the Australian Government Department of Social Services.
Visit www.dss.gov.au for more information.





Your child's **best** start in learning begins at home



HIPPY Australia acknowledges Elders and Traditional Custodians of the lands and seas across Australia. The Home Interaction Program for Parents and Youngsters is funded by the Australian Government Department of Social Services. The Brotherhood of St Laurence holds the licence to operate HIPPY in Australia. The views expressed here are those of the author and do not necessarily represent the views of the Australian Government or officers of the Department of Social Services. HIPPY was developed at the NCJW Research Institute for Innovation in Education at the Hebrew University of Jerusalem and the HIPPY Programs are affiliates of HIPPY International.

Discover the **benefits** of HIPPY for you and your child

Feel supported



Supports parents to be their child's first teacher

Join HIPPY with your 3 year old child and you'll get fun and free activity packs, storybooks and the support of a HIPPY Tutor.

Tutors will practice activities with you at each home visit so that you feel confident doing them with your child.

HIPPY only takes 10-15 minutes a day of learning and playing with your child to make change that lasts a lifetime.

Be part of a community

Take part in fun, welcoming and family-friendly HIPPY Gatherings.

They're opportunity for you to meet other HIPPY families, learn about your child's development and to hear about local services and events in your community.



Builds community connections and confidence



HIPPY Elizabeth

Coordinator: Anna Jerram

Ph 0481 171 741

Email: HIPPYElizabeth@anglicaresa.com.au

Call in after School

Need time to talk to a CfC worker?

All welcome, call to book into a time slot

Would you like some support accessing services and programs?

Come and meet with one of the team. The children can join in on the Kids Club session and the little ones can have fun with the group on Wednesday's during school term and school holidays by appointment.

Contact 8209 5440 for more information.



Community Noticeboard



Want \$500 to help you with school costs?

Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card AND an eligible Centrelink payment*
- ✓ Be studying yourself OR have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:

- laptops & tablets
- uniforms & shoes
- books & supplies
- sports fees & gear
- lessons & activities
- camps & excursion

For more information, please contact your local Saver Plus coordinator:

Michelle Macarthy
Michelle.Macarthy@thesmithfamily.com.au
0409 986 245 or 1300 610 355

DELIVERED BY
The Smith Family
everyone's family
Find out more at saverplus.org.au

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

No Interest Loans for back-to-school costs



Borrow up to \$1500 Pay back \$1500
No Fees. No Charges. Ever.

Talk to the people you know and trust



AnglicareSA Elizabeth Mission
91-93 Elizabeth Way, Elizabeth
Call 1800 759 707

ANGLICARESA

In partnership:



For people on low incomes, see eligibility criteria at nls.com.au
NLS loans are supported by Good Shepherd Microfinance ABN 36 120 121 408



a network of families helping families

link-up with another family

are you a family who's been through tough times and come out the other side?

are you a family experiencing tough times who would like to learn from another family?

for all families any shape, size or culture

WE'RE NOT JUDGEMENTAL RELIGIOUS POLITICAL OR GOVERNMENT

call us (08) 8202 5181
find us on facebook
[facebook.com/familybyfamily](https://www.facebook.com/familybyfamily)



we'd like our family to get on better
we'd like to have routines sorted home
we'd like to have some more friends
we'd like to learn better budgeting
we'd like to get out and about more
we'd like to improve our kids behaviour

link up with another family
8202 5181
familybyfamily.org.au
unitingcommunities.org

1 Families choose what to change

2 Families choose who to link-up with
When you meet
Where you meet

3 Families choose what to do
Hang out
Go fun places
Work towards family goals
Try new things


At FAMILY **by family** we think that no family should have to struggle alone or rely on services that just don't get it. So we link-up families who are experiencing hard times with families who know what it's like and have ideas to share.

Developed and driven by TACSI

A service of UNITING COMMUNITIES

Supporting us in SA
Government of South Australia
Department of Communities and Social Services
WYATT

Community Noticeboard



Easy Meals

By Healthy Food Co.
Prices as of September 2023

HEALTHY FOOD CO.

Visit us at Healthy Food Co.

Smithfield Plains
The Precinct
112 Coventry Road,
Smithfield Plains SA 5114
Monday - Friday
9.00 a.m. - 4.30 p.m.
Phone 8254 3641

Elizabeth Downs
Elizabeth Downs Shopping Centre
Shop 5, 26 Hamblynn Road,
Elizabeth Downs SA 5113
Monday - Friday
9.30 a.m. - 3.30 p.m.
Phone 8287 4299

John McVeity Centre
182 Peachey Road,
Smithfield Plains SA 5114
After Hours Easy Meal Order collection only

playford.sa.gov.au/healthyfoodco



Find us on Facebook

HEALTHY FOOD CO.

Connected Beginning Playford/Salisbury

Connected Beginnings aims to support our families to know and connect with early childhood and health services that are available in Playford and Salisbury regions. Making sure our little ones are confident, healthy and ready for school.

Who can we support? Aboriginal Families with children 0-5 year living within the Playford and Salisbury area.



Our role: Engaging families through community events, activities, cultural celebrations and training opportunities. Working from a collective impact framework with early childhood and health services sharing information with families about what is available in the community. Cultural mentors: We are here to help with the practical side of things walking alongside of families navigating playgroups, childcare, kindy, support and health services. Cultural mentors will provide supports with educational enrolment forms, advocacy, identifying suitable sites for their child/children to attend.



Contact us
Visit the team: Karna Plains Children's Centre, 69 Ridley Road, Elizabeth South
Phone: 8209 3840
Or visit our Facebook for further information: Connected Beginnings Playford/Salisbury

'Deadly Kids Ready to Learn'

| Playford Event | Salisbury Event |
|---|---|
| 16 th January 2024 Karna Plains Children's Centre 10:30am - 12:30pm Call 8209 3840 for more information | 18 th January 2024 Morella Community Centre 10.30am - 12.30pm Call 8209 3840 for more information |



An Australian Government Initiative

Government of South Australia
Department for Education



Why MyTime?

MyTime is a peer support program for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

Unwind and share experiences with others who understand

Northern Adelaide Groups:

Munno Para: Monday 9.30-11.30
Mark Oliphant College

Elizabeth Grove: Tuesday 1.00-3.00
St Mary Magdalene's School

Free creche available

CONTACT DETAILS:
Keryn Baker-Cocks
0403 937 956
keryn.baker-cocks@sa.gov.au

mytime.net.au



Supporting parents of children with disabilities

Government of South Australia
Health
Women's and Children's Health Network

Information

Community Connections

Helping you build stronger social connections

Meet our team Louise, Lisa and John.

Louise joined the program twelve months ago, and many of you will know John who has been working in the North for many years. Lisa has just commenced with the team recently, with many years of experience working in community, particularly with Communities for Children. We are strong advocates for our program, supporting people who are socially isolated.

The Community Connections program supports people aged 18 to 64 years, whose wellbeing is at risk because they are disconnected from family, friends, and community. We work with Community Partner organisations to build relationships with community programs, activities and support groups.



Priority is given to:

- Unpaid carers
- Aboriginal and Torres Strait Islander people
- People from diverse cultures where
- English is not their first language
- People who are financially disadvantaged
- People living in disadvantaged locations and communities.
- LGBTIQA+ People



For more information:

Mobile: 0401 320 536

Email: CommunityConnectionsNorth@anglicaresa.com.au

Financial Counselling Service

Assisting people facing financial difficulty

Are you:

- Stressed or worried about money
- Behind with bills (Gas, Electricity, Credit Cards, Water, Telephone, Internet, Court Fines, Loans and more)
- Behind in rent or mortgage payments
- Looking for support or information about Centrelink, Child Support or Concessions

A financial counsellor can:

- Look at your financial situation
- Suggest ways to manage your debt
- Negotiate with your creditor/s
- Refer you to other services if needed

What to bring to your appointment

- Payslips or details of Centrelink or other income
- Most recent bank statements
- Any bills, contracts or loan documents
- Any other documents

The financial counselling service does not provide material or financial assistance.

Contact us... Phone 1800 759 707 | Email financialcounselling@anglicaresa.com.au

Information

Did you know Playford Communities for Children is only one of the programs at AnglicareSA?

Emergency Assistance

Can assist with:

- Emergency relief
- Food support
- Medication support
- Referrals to other services

To make an appointment:

Please call **1800 061 551**

Between 9:00am and 9:30am on weekdays

This is a free call (not available from mobiles)

Settlement Engagement Transition Supports: SETS

Can assist with:

- New Arrivals within our community
- Identifying peoples talents
- Building skills
- Developing confidence and resilience
- Connecting people to employment and learning opportunities

Who can access this program and supports:

- Humanitarian entrants or family stream migrants
- Low English proficiency
- Lived in Australia for less than 5 years
- 18 - 30 year olds

For more information:

Please call on **1800 778 008**

Email: sets@anglicaresa.com.au

Reconnect Playford

Can assist with:

- Homelessness pretension support
- Breaking down family conflict with family mediation support
- Empowering young people to maintain their education
- Referral pathways

Who can access this program and supports:

Young people aged 12-18 who are homeless or at risk of being homeless in the City of Playford area

For more information:

Please call on **8209 5450**

Email: reconnect@anglicaresa.com.au

Reconnect Newly Arrived Youth Service

Can assist with:

- Breaking down family conflict
- Difficulties that come settling into a new country
- Empowering young people to maintain their education
- Referral pathways

Who can access this program and supports:

- Humanitarian entrants or family stream migrants lived in Australia for less than 5 years across the Adelaide Metro area.
- 12 - 21 year olds

For more information:

Please call on **0411 077 962**

Email: reconnect@anglicaresa.com.au

Suicide Prevention service

Can assist with:

- Provides specialised support to individuals who have attempted suicide, or have a strong ideation.

Who can access this program and supports:

- Individuals who have attempted suicide, or have a strong ideation.

For more information:

Please call **1300 077 798**

Email: sps@anglicaresa.com.au

Would you like to hear about our school holiday events and other activities in your community? If you are not on our community mailing list, it's easy to join just email cfcplayford@anglicaresa.com.au and ask to be added to our mailing list – it's that simple!

Watermelon and Kiwi Ice Blocks

- 170 g watermelon (chopped seeds removed)
- 2 tsp natural unrefined cane sugar
- 50 g kiwifruit (peeled)

1. Put the watermelon in a blender and whizz. Taste the mixture to see if you need to add any extra sugar; this will depend on the sweetness of the fruit. Add a little sugar at a time until the sweetness is to your taste.

2. Divide the watermelon mixture between the moulds until they are three-quarters full.

3. Insert the sticks with the stick-holders and place in the freezer. Freeze for about 3 hours or until the top of the mixture is quite frozen.

4. For the second layer, whizz the kiwi and 25ml of water in a blender, again adding sugar to taste.

5. Take off the stick-holders and pour the kiwi mixture into the moulds, leaving a 1cm gap at the top. Return the moulds to the freezer.



**Would you like to submit
a recipe?**

Ask an adult to contact the CFC
Team on 0478 494 862 or

Email:

cfcplayford@anglicaresa.com.au.

Meet the team

If you have any questions, feedback or would like to share what you think is needed in the community, please feel free to contact the team.

email: cfcplayford@anglicaresa.com.au

Via Facebook (See page 2 for more info)

Call **8209 5754**



Lorelle Bennett

Manager, Children & Families North
lorelle.bennett@anglicaresa.com.au
0437 354 178



Jayde Milburn

Community Development Worker
jayde.milburn@anglicaresa.com.au
0438 085 394



Skye Eldridge

Program Support Officer
skye.eldridge@anglicaresa.com.au
08 8209 5754



Sam Mullins

Community Development Worker
samantha.mullins@anglicaresa.com.au
0478 494 862



Amita Rana Marjara

Community Development Worker
amita.rana-marjara@anglicaresa.com.au
0429 372 052

Together we change lives.

ANGLICARESA

159 Port Road, Hindmarsh 5007
anglicaresa.com.au

