

Mould can be found anywhere there is constant water on a surface. This may be from condensation caused by high humidity, such as on a bathroom wall or ceiling, or just an area that water is always present, such as a kitchen sink or laundry. It is important to minimise mould growth especially inside the home as it can have health effects, such as headaches, hay fever, runny nose and allergic reactions etc...



## Ways to reduce mould in your home

### Do's

- Keep all windows and curtains open during the day
- Keep bathroom exhaust fan on when using shower (with door or window open)
- Wipe dry surface condensation in mould prone areas
- Use a heater to warm-up rooms in winter
- Keep wall and benchtop around kitchen sink dry
- Wipe dry around bath and bathroom floor when finished
- Dry wet clothes outdoors when possible
- When using laundry or clothes dryer, keep door and window open
- Report pooling water around the outside perimeter of house

### Don'ts

- Do not leave wet clothes, towels or shoes in bedrooms to dry
- Do not leave worn or damp linen or clothes in bedrooms
- Do not place kitchen sponge/wash cloths in cupboards when wet
- If cupboards are wet or damp, do not keep door closed, report immediately to our Maintenance Department on 8209 6666

### How to remove mould

- Wear gloves and eye protection and do not breath in dust when cleaning
- Mix a solution of Vinegar and Water (80% vinegar/20% water)
- Wet cloth with the vinegar and water solution and wipe area
- Rinse cloth in solution and wipe area again
- If a large area; make a new solution, wet cloth and wipe over again
- Dispose of excess solution by tipping down kitchen/bathroom sink

For more information please call our friendly customer service team on **1800 688 000** or visit

**Holden Hill** – Level 1, 560 North East Road  
**Elizabeth Grove** – 60 Fairfield Road  
**Kilkenny** – 3/10-14 Regency Road

**Mount Gambier** – ac.care 70-72 White Avenue  
**Berri** – ac.care 5 Kealpy Street