

MEMBERS' UPDATE

November 2016

Dear AnglicareSA Members,

At the end of last month I attended and spoke at the Annual meeting of Synod and AnglicareSA Annual General Meeting at St Peter's College. Many of you will have attended both meetings which I felt were very productive and I greatly valued the opportunity to meet and discuss the work we have and will be doing at AnglicareSA.

If you didn't receive our latest Annual Report you can find it on our website or by [clicking here](#). It's an excellent way to hear what we've been up to for the past 12 months so I highly recommend taking a look.



Here I am speaking at the Annual meeting of Synod.

Best wishes,

Reverend Peter Sandeman
CEO

Covenant signing at St Peter's Cathedral

The Magdalene Centre recently shared in the signing of a Covenant between the four partners – St Mary Magdalene's Adelaide, St John's Halifax Street Adelaide, St Peter's Cathedral and AnglicareSA. This was held at St Peter's Cathedral during the weekly service of Evensong at 5.15pm on Wednesday 19 October. Pictured are representatives of the four partner organizations at the signing with AnglicareSA represented by **Nancy Penna, Peter Sandeman and Peter Burke**.



MEMBERS' UPDATE

More than just a working relationship

Because of the nature of Home Care services and the impact carers have on customers' lives, strong connections are often forged between customer and carer.

One such connection is that between AnglicareSA Home Carer, Karen, and her customer, Judy. Their bond is built on a solid foundation of mutual affection and respect.

Karen and Judy were paired at a time when they were both learning. Judy, who lives with Parkinson's, was learning to accept that she needed some support at home. Karen was learning the role of Personal Care Worker after completing the required course.

One of the defining moments in their relationship occurred soon after they met.

"Judy had lost a lot of weight," Karen said. "As she was walking through the shopping centre on this particular day, with the support of a walker, her pants kept falling down over her hips."

"All I could do was walk alongside Judy and hold the waistband of her pants. We got a lot of funny looks and giggled all the way home."

"After that, we just clicked," Judy said.

Karen said that Judy's attitude to people and life is amazing. "Judy is still Judy, her illness doesn't change that," Karen said. "Judy has taught me so much. She has taught me about her illness and how to care for her."

"We teach each other," Judy added.

Since their initial pairing Karen and Judy have developed a routine that involves Karen supporting Judy in a variety of daily activities, from Personal Care to Transport Services.

AnglicareSA's Home Care team supports older people to be as independent as possible in their own homes. More than 170 staff provide flexible, personalised services that give customers choice and control.



Karen and Judy sharing a laugh.

MEMBERS' UPDATE

A big week for the Mental Health Respite Team!

With the week before last being Mental Health week and this week Carers Week, AnglicareSA's **Mental Health Respite (MHR) team** have been extremely busy!

HealthSA launched Mental Health Week and held the annual Mental Health Excellence Awards at Adelaide oval. MHR was successful in being chosen by the Chief Psychiatrist Dr Aaron as a finalist of the Excellence and Innovation Award. Dr Aaron stated that he was very impressed with the high quality of nominations for this year's awards, so being chosen as a finalist is an outstanding recognition.

AnglicareSA is currently collaborating with other services to support the Mental Health Commission in drafting South Australia's first Mental Health Charter; which will assist the state to take a unified approach to supporting people living with mental illness and their carers. It is an exciting time for mental health and certainly one which promises inclusiveness and a way forward.



Leesa Vlahos MP Minister for Mental Health, **Michael Szczepanik** A/Coordinator, **Laura Duffield** Manager MHR/SRF and **Ali Clarke** Mental Health Week Ambassador.

Employee Foundation launch

Earlier this year a number of our employees requested that we put together a more formal way for employees and volunteers to contribute to our programs and services. Since then a group of ten employees have formed a board and created the 'Employee Foundation', which I had the pleasure of launching recently.

The purpose of the foundation is to 'Engage, inspire and to make a difference.'

MEMBERS' UPDATE

The foundation aims at strengthening the connection within AnglicareSA's community, encouraging greater staff engagement and awareness of programs, and recognising staff for the contribution they make through their personal time, funds, ideas and energy.

The current focus of the foundation is on a Christmas Appeal, gathering items for hampers, gifts and asking for employees to donate time to put these together. These hampers will go to families who often find Christmas a difficult time and a strain on resources.



Launching the foundation at the AnglicareSA Western Hub last month.

National award for care and innovation

Canterbury Close – our aged care facility at Elizabeth East, has won a **national Better Practice Award** for its PIE activity program.

The Canterbury Close [PIE \(Positive Interactive Engagement\)](#) program is a structured after hour's activity program that provides connection, stimulation, routine and positive triggers for residents with dementia.

Virginia Matthews, Acting State Director SA/NT at the Australian Aged Care Quality Agency, presented Canterbury Close Manager **Stephanie Brown** and her team with the prestigious award at a special afternoon tea to celebrate the win on October 31.

The Australian Aged Care Quality Agency is the independent body responsible for managing the accreditation and ongoing supervision of Commonwealth funded aged care homes. Ms Matthews announced that the agency had received 195 award submissions nationally and that only 28 awards were handed out, six of which were won by SA providers. The awards celebrate programs that act as best practice examples for other aged care service providers.

MEMBERS' UPDATE

For more information about this program, go to <https://www.aacqa.gov.au/providers/promoting-quality/better-practice-awards/2016-better-practice-award-winners/anglicaresa>.



The Canterbury Close team with **Virginia Mathews** - Acting State Director SA/NT Australian Aged Care Quality Agency, **Jackie Howard** – General Manager Active Living and **Bruce Linn** – Chairman AnglicareSA.

Until next month,

Reverend Peter Sandeman

CEO AnglicareSA

