

MEMBERS' UPDATE

March 2019

Dear AnglicareSA Members,

This month we announced the consolidation of all op shop operations in Adelaide's CBD at the newly relocated Magdalene Centre at 82 Gilbert Street. The existing Cathedral Fashions op shop outlet at 35 King William Road in North Adelaide has recently transferred operations to the Magdalene Centre. I'd like to thank all of the current and former Cathedral Fashions staff and volunteers for their dedication supporting many people in our community and for successfully operating the outlet over many years. Clothing donations will continue to be welcomed at the Magdalene Centre.

New Hub for Thread Together

Our [Thread Together](#) mobile wardrobes, which deliver new, quality clothing to those in need, now have a centrally located clothing hub from which to operate, allowing the program to expand its reach and support to more people.

The new central hub at our former Cathedral Fashions site in North Adelaide provides ample space for our vans to park and be restocked every day, as well as a central location for AnglicareSA services to refer clients in need of new, quality clothing.

For those experiencing vulnerability, hardship and social exclusion, access to new clothing plays a key role in enabling dignity, choice and self-esteem. Thread Together works in conjunction with clothing manufacturers to receive and sort brand new, end-of-line clothes for distribution through its charity partners. This clothing would otherwise end up in landfill.

AnglicareSA and Thread Together use purpose-fitted mobile wardrobes to bring brand new clothes to communities who need it most. At the end of 2018, the AnglicareSA Thread Together service had supported more than 2,000 people to receive brand new clothing free of charge since the Australian first mobile service began in March 2018.



MEMBERS' UPDATE

Support Thread Together

You can help support the work of Thread Together through our Autumn Appeal. We are aiming to raise \$30,000 so we can clothe and impact the lives of 3000 people in need.

By supporting this program your donation will go directly to supporting South Australians in crisis. This includes people escaping domestic violence, those experiencing homelessness, and the long term unemployed.

To donate please visit our website: <https://anglicaresa.com.au/donate-support/autumn-appeal/> or contact our Fundraising Coordinator on 8305 9205.

ASELCC debunks autism intervention myths



The Anglicare SA Autism Specific Early Learning and Care Centre continue to contribute to national research in autism with the latest study debunking autism intervention myths.

Debunking misinformation about autism interventions is an ongoing challenge for health practitioners. Autism intervention is an area highly susceptible to misinformation. This new study has found that optimised-debunking interventions are effective in reducing support for practices not backed by research.

While short-term results were promising, a six-week follow-up highlighted the need for ongoing supports for teachers and health professionals. The researchers highlight the need for professional development and resources that cover not only what practices to use, but what practices not to use, and why.

Eighty-six people including early childhood educators, speech pathologists, occupational therapists and social workers from four different early intervention centres in four Australian states took part in the study.

[You can read the full study here.](#)

Above: AnglicareSA employee **Samara Mihal** supports **Gianluca** to use PECS – an evidence-based intervention which supports communication development.

MEMBERS' UPDATE

A Sign of Respect

Our Head of Disability and Mental Health, Kate Rush was featured recently in Aboriginal Way for using her home to advocate for justice.

After completing cultural awareness training Kate came up with the idea of making a sign for her fence, acknowledging that her home is built on Kaurua land.

“It’s a way of making a public statement to people in our street about the fact that we value and recognise first nations people in our neighbourhood,” said Kate.

Through this simple sign, Kate made connections with neighbours and community members and found there was an interest from many in her neighbourhood to make a similar acknowledgment.

Kate and her partner have since begun a social enterprise called ‘A Sign of Respect’, where you can order your own sign and support the project. Go to asignofrespect.com to find out more.



For the full article on Kate, search ‘Kate Rush’ on the [Aboriginal Way Magazine homepage](#).

MEMBERS' UPDATE

News from the Mount

An official opening of a community vegetable garden in the backyard of the Mount Gambier Migrant Resource Centre facility was recently held.

A dedicated group of new arrivals from Myanmar and the Congo, including a number of customers from our Human Settlement Services Program, have volunteered to care for the community garden which will give them a sense of belonging in their new country, while providing the foods they like to eat including chillies, eggplant and long beans.

Volunteers choose and plan what they want to plant, they interact with local businesses to learn about irrigation, sustainable planting and shop assistants, as they do this they learn the English words for the tools they are using and planting.

Members of the group are between 50 and 75 years of age, who often find it difficult to pick up a new language due to being isolated. The garden is a great way of keeping them physically active, helps them to integrate in the community and teaches them how planting is done in Australia.

Funding for the project was provided by the Stand Like Stone Foundation and OneFortyOne.



The very healthy looking veggie patch complete with signage in multiple languages

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Volunteer Profile – Paul Scrimgeour

Paul started volunteering with the Marketing and Fundraising team on 30 January 2009. He very quickly became an integral part of the team, and is now the longest serving team member. He has never said no to anything they have asked of him – spending week after week folding and packaging Christmas cards, driving around the city loading and unloading Christmas hamper donations in the heat of summer, assisting with black tie functions, the list goes on and on!

He is known not only in the Customer and Strategy team but across the organisation for his reliable, hardworking and generous nature.

His support to the department and the organisation as a whole is so appreciated, and we thank him for 10 years of service, friendship and loyalty.



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The Reverend Peter Sandeman
Chief Executive Officer
AnglicareSA