

MEMBERS' UPDATE

July 2017

Dear AnglicareSA Members,

Trying to find your way through the aged care system for yourself or a loved one? It can be a complex and confronting process. There is no doubt that people find the aged care system difficult to navigate.



Funding for services comes from all levels of government – federal, state and local. And in some cases one service can be funded by multiple levels of government.

The Living Longer Living Better reforms may add to the confusion as funding, assessment, service and information provision models are changing.

It can all be quite baffling to those trying to find services for themselves or their loved ones.

The AnglicareSA Aged Care Advocate, **Jo Carter Jones** (pictured) provides advocacy, information and support.

Types of assistance include:

- Help with contacting My Aged Care
- Attending in-home assessments
- Supporting individuals (and their families) as they enter the aged care system
- Provision of information and education sessions.

If you or a loved one needs assistance, the Aged Care Advocate can be contacted via our Aged Care enquiry line on 1800 317 009 or homecare@anglicaresa.com.au.

Did you know?

AnglicareSA has been providing aged care services to South Australians for decades. We offer:

- A wide range of health and wellbeing services and programs
- In-home services that enable people to live full and rewarding lives in their own homes
- Retirement living units in Trott Park, Westbourne Park and Elizabeth East (co-located with residential aged care facilities)
- Residential aged care homes located around metropolitan Adelaide.

World Elder Abuse Awareness Day

Friday 16 June was World Elder Abuse Awareness Day (WEEAD). The day raises awareness about the mistreatment of older people. Elder abuse is mistreatment of an older person that is committed by someone with whom the older person has a relationship of trust, such as a partner, family member, friend or carer.

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Elder abuse may be physical, social, financial, psychological or sexual and can include both mistreatment and neglect. Many Anglicarers acknowledged the importance of this community issue by wearing purple and taking part in awareness raising events.



Talitha Warnock and Jenna Falzon (pictured above) staffed an information stand at Westfield Marion. We also had similar displays at shopping centres at West Lakes and Elizabeth.

There was a range of events held at our Residential Aged Care sites. Pictured below: a very purple Dutton Court team getting into the spirit of the day.



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Anglicarer wins prestigious scholarship

Congratulations to our own **Kate Rush**, Senior Manager, Community Inclusion, who is one of two recipients of Behind Closed Doors' (BCD) "Profit for Purpose" Scholarship. The 12-month Scholarship is awarded to a successful female executive in the Profit for Purpose sector to further expand and challenge current leadership and business practices.



BCD is a leading national network of business women supporting and encouraging each other to attain greater levels of success through opening doors to new opportunities and markets. Kate has won a 12-month fully funded membership valued at more than \$7,500.

Kate is currently leading six managers and more than 300 staff through a time of significant change with the implementation of the National Disability Insurance Scheme (NDIS).

Kate stated in her application, "I am increasingly aware of the challenges and opportunities the NDIS represents for AnglicareSA and would value and seek to apply learnings from my involvement with BCD. I look forward to learning from others with diverse viewpoints and shared experiences." Well done Kate!

Kate (left) with fellow scholarship winner, **Cathie Brown**

Refugee Week 2017

Refugee Week was held 18-24 June. The week was an opportunity to recognise the journeys and the contribution that people from refugee backgrounds have made in enriching our culture. AnglicareSA has been supporting people from a refugee background for more than ten years.

This year's theme was 'With courage let us all combine', taken from the second verse of the national anthem. The theme celebrates the courage of refugees and of people who speak out against persecution and injustice. It serves as a call for unity and for positive action, encouraging Australians to welcome refugees and to acknowledge the skills and energy refugees bring to their new home. Many of our sites held Refugee Week events.



Taking Ramadan into consideration, the Better Places Stronger Communities (BPSC) team held an event for Refugee Week once Ramadan was finished on 29 June. The event was an opportunity to recognise the journeys and the contribution that people from refugee backgrounds make in enriching our culture.

The community enjoyed a plate of Syrian food provided by Reemo's Kitchen (John Khateeb and his wife Reemo), who also spoke about their journey in arriving to Australia. There was a Syrian singer Zohar who played the oud guitar and an Iraqi singer who played the darbuka (pictured). After their lovely performance Egyptian Belly Dancer Nayima

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Hassan performed and got a few people from the crowd involved. There was also Blessing Gospel Choir who performed some beautiful uplifting songs.

Many people danced and sang as they watched the performances. There was henna provided by Bhumika, and NDIS came to support the event and provide information on their services. Communities for Children were there applying glitter tattoos on some very excited children and the Playford Council also came to the event.

Despite the wet weather the event attracted a turnout of 40 children and 40 adults. It was a great afternoon and everyone seemed to enjoy themselves. We even had one of the children make a thankyou card to AnglicareSA for holding an event that he enjoyed. It's these little things along with the lovely feedback and smiling faces that help make what we do so great!



The Elizabeth Mission held an afternoon tea (pictured above), with a wide variety of cultural cuisines, a guest speaker and African music.

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Blanketed in Kindness

Blackwell Funerals recently organised a blanket collection for AnglicareSA's Winter Appeal. The team have been generously dropping blankets directly to AnglicareSA's Magdalene Centre in the CBD throughout winter to try and keep up with the demand, and on Wednesday 5 July **Steven** and **David** handed the remainder of the collection over to **Karen Stott**, the Manager of the Magdalene Centre.



Karen said "at this time of year, these blankets will fly off the shelves, not only for people sleeping rough, but for families struggling with the costs of electricity." Thank you Blackwell Funerals!

Singing Friendship at St Francis'

The St Francis of Assisi Community Friendship Group at Clarence Gardens is one of three such groups in parishes linking our care at home customers with the local community. At the most recent session of this group held on Friday 23 June the Anglicare Singers visited to sing a few songs, with members of the group joining in spontaneously.

Though a smaller than usual turnout for both the customers and the singers (thanks to winter colds) we had some good fun with members of the Anglicare Singers sharing stories between songs on why they love to sing. We joined in afternoon tea together and went home much warmer.



Pictured: Participants in the St Francis Community Friendship Groups with members of the Anglicare Singers, including standing at the rear Anglicarers **Jill Rivers** and **Peter Burke**

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Encountering Anglicanism

The June Session of Encountering Anglicanism held on Tuesday 13 June included five Anglicarers and three visiting Anglicans. Following the session presentations the conversation based on questions from participants focused on the relevance of the bible and whether biblical interpretation was an attempt to make the truth of the Bible fit into our contemporary culture and social change. In other words, are there some biblical truths which are unchangeable and others which can be interpreted and where is the difference? A most interesting discussion!



Pictured: **Matthew Peake**, **Jenna Falzon**, **Michael Kowalski**, **Matthew Anstey** (Principal St Barnabas Theological College), **Emily Harding** (Parish Member St George's Goodwood), **Peter Burke**, **Sophie Relf** – **Christopher** (Parish Priest St Jude's Brighton), **Pamella Omondi** and **Emily M Pearson**.

Until next month,

The Reverend Peter Sandeman
Chief Executive Officer
AnglicareSA