

MEMBERS' UPDATE

January 2017

Dear AnglicareSA Members,

Welcome to 2017! I hope you all enjoyed the festivities and managed to spend some time with your friends and family.

Our staff and volunteers are particularly busy over this period as many of our customers find the holidays a tough time both financially and emotionally and are thus in need of greater support.

Elizabeth Mission's Food Barn Coordinator "Chef Daniel" and his team of volunteers managed to cater for over 200 community members for lunch on the 20th December. Which was not an easy task to take on, but they managed it well by providing lunch over four sittings. They then followed this up on Christmas Day by catering for 54 people at the Christmas lunch.

The newly formed Employee Foundation gathered 1600 items which contributed to over 900 hampers handed out pre and post-Christmas to our customers. In addition to the hampers we assisted families with hundreds of toys for their children and loved ones.

For many individuals and families, the assistance we provide makes all the difference at this time of year, so I would like to thank our staff, volunteers and all our supporters including our members who assisted us over this period.

Let's hope 2017 is a happy and healthy one for all.

The Reverend Peter Sandeman
CEO



Elizabeth Mission Volunteers on Christmas Day

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Power Generation goes on the road

A number of AnglicareSA Power Generation students from Ocean View College and Christies Beach High School participated in a Learners Theory Workshop, facilitated by Tauondi College.

The workshop was organised by Power Generation Coordinator **Alison Brougham** to provide a fun and interactive way for the students to learn the theory and sit the test required to obtain their learners license in a safe, comfortable and supportive learning environment. As a result, 8 students successfully passed and obtained their learners permits.

Youth unemployment has reached a high of almost 13%, and the number one barrier to employment listed by young people is not having a driver's license. AnglicareSA and Port Adelaide Football Club teamed up to provide this opportunity to these students as a way of increasing their options for employment and training, and Tauondi College provided this course free of charge, and arranged for a facilitator to come to Tauondi College to deliver the test at no cost to the students.

The students said the course was very engaging, and it was great to have such good discussions about the road law, safety and practical learning opportunities, and most importantly, coming away with their learners permit!



Participants of the Learner's Theory Workshop

Bringing carer's together for Christmas

The Christmas season provides AnglicareSA opportunities to celebrate the year and emphasise the importance of inclusiveness and giving, through bringing together customers, staff and families. The Mental Health Respite program facilitated their 4th annual Carer Christmas Party, where 100 Carers and 80 customers with complex mental illness came together for a social evening of fun, friendship and a strengthened sense of belonging.

The Mental Health Commission is currently requesting feedback to assist in shaping South Australia's new Mental Health Strategy plan. Both the Carer and customer Christmas parties provided AnglicareSA a great opportunity to encourage participants to get involved by writing a Christmas card to the Commissioner **Chris Burns**, including their thoughts and wishes on what they felt important in maintaining personal wellbeing and the sustainability of the caring role. At the

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customer Christmas party, adults living with significant and complex mental illness, were invited to write one wish they had for 2017. This resulted in over 80 Christmas cards being hand delivered by the Mental Health Respite and Supported Residential Facilities Manager **Laura Duffield** to the Commissioner just before Christmas.

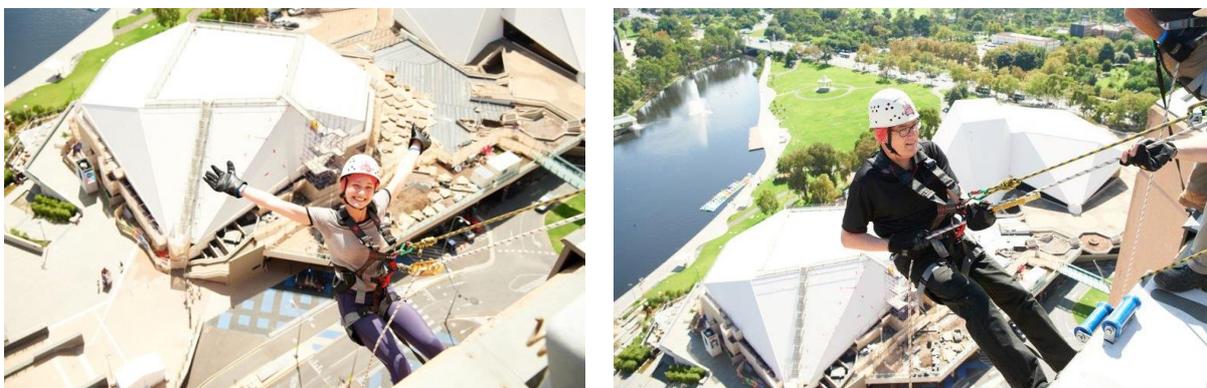
Chris was delighted that so many Carers and customers had gone to a huge effort to provide him with such useful feedback. Chris was genuinely moved by many of the responses and wishes for 2017, which had been captured by the cards. Some of these included "I just want to make friends", "Getting a break is important otherwise you crash" and "being treated with respect and dignity".

Chris was interested in and acknowledged the great work done by AnglicareSA's Mental Health services and discussed the importance psychosocial supports have in assisting carer's mental wellbeing and supporting people to reduce their need of clinical, legal and homelessness services.



Laura Duffield with Mental Health Commissioner **Chris Burns**.

Sign up today to Abseil for AnglicareSA



This could be you Abseiling down InterContinental Adelaide this year.

On the 17th and 18th of March Abseil for AnglicareSA will offer 200 brave souls the exclusive opportunity to abseil down the side of the InterContinental Adelaide, descending 70 metres to the ground, whilst experiencing sunset or twilight views of the Adelaide Oval, and from Adelaide Hills to the coastline.

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Sign up today as an individual or as a team and join other daring fundraisers for a worthy cause and unique experience.

Places are limited! The earlier you sign up the more time you have to fundraise for the event. Registrations close 28 February 2017.

Please share this information and link with your friends and family and encourage them to take part as well. <https://www.everydayhero.com.au/event/abseilforanglicaresa2017>



The banner features a tall apartment building on the left with height markers: 25 STOREYS, 70 METRES, and 230 FEET. In the center, the text reads 'ABSEIL FOR ANGLICARESA Providing a safety net for South Australians in need'. On the right, a silhouette of a person abseiling is shown. A red box in the top right corner says '17 & 18 March 2017 REGISTER NOW Limited to 200 people'. At the bottom, a dark blue bar contains the text 'For more information and to register or support visit anglicaresa.com.au/abseil'.

Better Places Stronger Communities Community Christmas Celebration

On the 6th of December the Better Places Stronger Communities team held a Community Christmas Celebration at Burgate Street Park, Elizabeth Grove- Tenants in the area were given invitations to come along and join in the celebrations.

The event was well attended with between 250 – 300 community members coming along and celebrating, there were lots of smiles and the children enjoyed the jumping castle, animals, face painting, crafts activities, henna and a special visit from Santa and his elves. Rotary supported the event and cooked the BBQ and served the lovely salads made by the On the Way café.

The Quickest Warmth Project came along and made some goodies with the community who were entertained by the wonderful Just for Fun Songsters and the AnglicareSA Singers.

Awards were given to three special community members for their contributions over the last 12 months and also 2 partnership awards. It was a fantastic community event to help celebrate one year since AnglicareSA took over the 476 properties in the area.



AnglicareSA's **Jordan Glancey-Wilson**, **John Goodger** and **Lorelle Bennett** in their casual wear.

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Anglicare Singers Sing Christmas!

During the lead up to the Christmas Season the Anglicare Singers sing at several Christmas parties for our customers and employees.

This includes our Community Friendship Groups which operate with the support of parishes for our Home Care customers.



The Anglicare Singers at "The Big Table" Community Friendship Group Christmas Party – AnglicareSA partnering with the Parish of St Aidan's Payneham.



The Anglicare Singers at the Edwardstown Community Friendship Group Christmas Party – AnglicareSA partnering with the Parish of St Francis of Assisi Edwardstown.

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A thought...

I would like to end this update with a poem which was read out in my local church recently. It was written by Howard Thurman, a well-respected theologian (an honorary Canon of the Cathedral of St John the Divine New York), the grandson of a slave, and a key leader of the Afro-American Church and a major influence of Martin Luther King. Thurman also co-founded the Church for the Fellowship of All Peoples in San Francisco which was the first racially integrated, intercultural church in the United States.

The Work of Christmas Begins

*When the song of the angels is stilled,
when the star in the sky is gone,
when the kings and princes are home,
when the shepherds are back with the flocks,
then the work of Christmas begins:
to find the lost,
to heal those broken in spirit,
to feed the hungry,
to release the oppressed,
to rebuild the nations,
to bring peace among all peoples,
to make a little music with the heart...
And to radiate the Light of Christ,
every day, in every way, in all that we do and in all that we say.
Then the work of Christmas begins.*

And I would like to say, then the work of Anglicare SA continues.

Until next month,

The Reverend Peter Sandeman



CEO AnglicareSA