



Program aims

- Support parents to recognise the impact of separation on their children.
- Minimise the negative impact of separation for children, particularly regarding conflict exposure.
- Support children to effectively adjust to parental separation and to reach their full potential.
- Support parents to increase their insight and awareness of their role within the separation experience and to recognise the opportunities they possess to make a positive difference
- Support the development of positive, child-focused co-parenting relationships.



Bookings & enrolment

All parties engaging with KidsAreFirst programs are required to undertake a one-on-one intake and assessment appointment prior to enrolment. This process applies to the Adult Groups, Children's Groups, Family Dispute Resolution (Mediation) and Child Inclusive Mediation. The intake and assessment appointment takes approximately 1–1.5 hours and will be undertaken with a Case Manager or Children's Worker.

Participants can be self referred.

Fees are payable for the service but they are very reasonable and concessions are available.

Contact Us

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Office hours Monday to Friday
8.30am to 4.30pm

This program is funded by the Australian Government Department of the Attorney-General and administered by the Department of Social Services.

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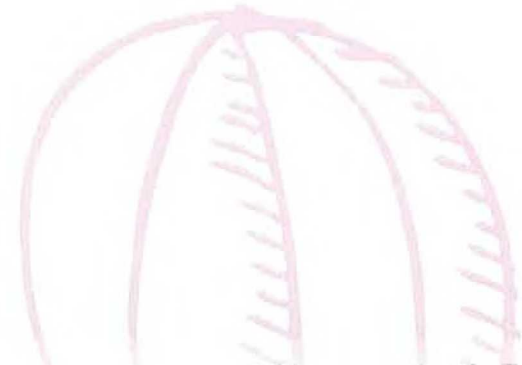
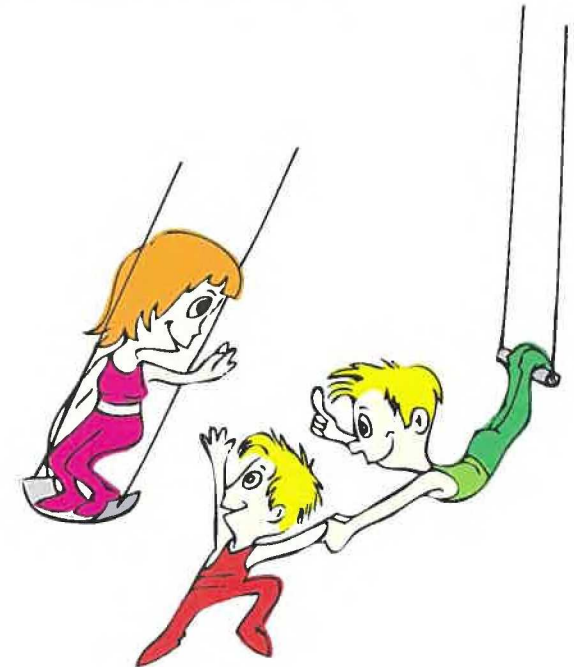


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SUPPORT

KidsAreFirst

For parents & children after separation
It's all about the children





KidsAreFirst

KidsAreFirst is a post separation support program for children and parents. Services include group work for parents and for children; counselling services for children, family dispute resolution (mediation) including child inclusive mediation and counselling, and case management support for parents (support to access other services).

The adult services are designed to support parents to develop strategies to effectively respond to the many challenges associated with separation, in particular with regards to the co-parenting relationship and conflict.

The children's services are designed to support children to effectively adjust to separation, to reduce their sense of isolation, and to develop an understanding of their experiences and associated feelings.

KidsAreFirst has no religious content; it is not about trying to teach you to be a better mum or dad; it's about your joint responsibilities as co-parents.



KidsAreFirst is for Parents who:

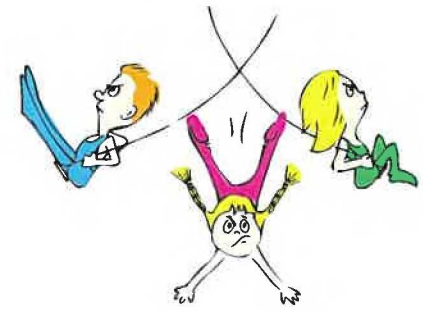
- want the best for their children and would like to develop effective strategies to support their child's adjustment to the separation
- are struggling with the many challenges associated with their interactions with the other parent
- are seeking alternatives to court action
- wish to develop a positive, child-focused co-parenting relationship
- would like support to recognise the opportunities available to them to positively influence their interactions with the other parent

Children aged 5 to 17, who:

- are adjusting to the experiences of parental separation
- are experiencing the effects of post-separation parental conflict
- are struggling with their feelings and their understanding of the separation

Extended family members and new partners who:

- play key roles in the separation experience for the children
- actively support a separated parent



Services provided:

Family Dispute Resolution (Mediation)

KidsAreFirst provides Family Dispute Resolution services regarding children's matters. Services include developing a parenting agreement and addressing underlying relational barriers or challenges that are impacting on opportunities to establish or maintain a respectful and child focused co-parenting relationship.

Child Inclusive Mediation is available where appropriate.

Adult Groups

Groups are available on weekends, weekdays or weeknights at Hindmarsh; and during weekdays at North and South locations. You will not be in a group with the other parent.

Children's Groups

Banana Splitz is for school attending children aged 5 to 12 years, and MAD (Making A Difference) is for young people aged 13 to 17 years.