

communities for children onkaparinga



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ANGLICARESA

September, October, November 2024



"Trees are important to me because they keep us alive." ~ Max, age 10



Communities for Children is funded by the Australian Government Department of Social Services.



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Communities for Children is funded by the Australian Government Department of Social Services. Visit www.dss.gov.au for more information.

Acknowledgement of Country

We express our gratitude to the Traditional Owners and Custodians for their continuous care of this ancient Country, for thousands of generations and for the sharing of this land that was never ceded.

We recognise and respect the wisdom of Elders past, present, and those to come, and extend this to all First Nations Peoples and their living cultures.

We walk softly alongside First Nations Peoples as allies committed to seeking guidance, listening with purpose, and acting with courage in our future together.

Always was, always will be.



50 words Project

The 50 Words Project aims to provide readers fifty words in Indigenous languages of Australia.

The words are provided online with community permission and with audio provided by a language speaker. The language and words are displayed on a map so that users can easily find the information relevant to their local area.

To view the 50 Words interactive language map visit <https://50words.online/languages>. Start by typing in Kaurna to hear 50 words spoken by Jack Buckskin.

The project is an initiative of the Research Unit of Indigenous Language (RUIL) at The University of Melbourne in partnership with First Languages Australia.



Are you connected?

Communities for Children community members can receive email updates and information about family fun days, children's activities, local events & training opportunities. Your email address will not be provided to external parties and you can unsubscribe at any time.

To register your interest, please send us an email to :
cfc@anglicaresa.com.au

CfC in Community

NAIDOC March & Family Fun Day

In keeping with the NAIDOC 2024 theme, children shared their thoughts on how they can **keep the fire burning** on cut out flames, and helped us grow that fire, **Blak, Loud and Proud!** We also made key chains with the Aboriginal and/or Torres Strait Islander flag colours, on a sunny day in July at Rotary Park, Christies Beach. The event also featured a performance by Dem Mob!



Pop-up Playgroups in the Park

Joined by our Under 5 network friends, CfC and HIPPY teams made hanging nature creations by threading natural items and colourful crafts at the Pop-up Playgroups during the July School Holidays. The sun shone at Hackham West and the rain didn't hamper the Seaford event too greatly, we quickly retreated to the Hastings Street Hall.

Aboriginal & Torres Strait Islander Children's Day

The Reconciliation South Australia colouring competition was launched at an inaugural event at Wardli Youth Centre, where we listened to the history of this day, and were welcomed by Naomi and Maureen from Spirit in Unity. Planning is underway to commemorate this date in the south from 2025 with consultation and support of our First Nations community.



Playgroups in the South

Playgroups in the South (Term 3) ~Seaford & Seaford Meadows~				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Little Saints Playgroup (SPIC) Time: 9:30-11:00am Age: 3-5 years Cost: Free - bring fuel and snacks for your child Where: St James Catholic Church, 1000 Seaford Meadows Rd, Seaford Meadows, Seaford Contact: 08 9522 9600</p> <p>Little Saints Playgroup (SPIC) Time: 9:30-11:00am Age: 3-5 years Cost: Free - bring fuel and snacks for your child Where: St James Catholic Church, 1000 Seaford Meadows Rd, Seaford Meadows, Seaford Contact: 08 9522 9600</p>	<p>Little Saints Playgroup (SPIC) Time: 9:30-11:00am Age: 3-5 years Cost: Free - bring fuel and snacks for your child Where: St James Catholic Church, 1000 Seaford Meadows Rd, Seaford Meadows, Seaford Contact: 08 9522 9600</p>	<p>Little Saints Playgroup (SPIC) Time: 9:30-11:00am Age: 3-5 years Cost: Free - bring fuel and snacks for your child Where: St James Catholic Church, 1000 Seaford Meadows Rd, Seaford Meadows, Seaford Contact: 08 9522 9600</p>	<p>Little Saints Playgroup (SPIC) Time: 9:30-11:00am Age: 3-5 years Cost: Free - bring fuel and snacks for your child Where: St James Catholic Church, 1000 Seaford Meadows Rd, Seaford Meadows, Seaford Contact: 08 9522 9600</p>	<p>Little Saints Playgroup (SPIC) Time: 9:30-11:00am Age: 3-5 years Cost: Free - bring fuel and snacks for your child Where: St James Catholic Church, 1000 Seaford Meadows Rd, Seaford Meadows, Seaford Contact: 08 9522 9600</p>

In the south, we are lucky to have many playgroups that are free, or gold coin donation.

The Under 5 network – a group of people working with families and children aged under five, collaborate each term to update the Playgroups in the South flyer.

With 15 pages of information, it is too large to include here. Contact us at cfc@anglicaresa.com.au and we will happily email you a copy.

'Important to Me' Art & Children's Voices

Celebrating Children's Art and Voices and sharing these delightful pieces received from children during the 2024 art project. Enjoy!



"My house is important to me because I feel safe inside" Tallis, age 5



"My Mummy and Daddy are important to me because they look after me." Luka, age 6



"The sunset is important to me because it makes me amazed." Quinn, age 6



"The garden is important to me because it grows flowers and food for us." Maya, age 3



"My picture is important to me because Dad is throwing a boomerang and a banana. There is a unicorn horse from Bluey and a wolf face" Ellie, age 5



"Nature is important to me because it's pretty and fun to play in nature." Lily, age 6

Congratulations Onkaparinga Winning Artists



Here are the top 20 (out of 505) pieces of art, voted by our community during the Children's Art Exhibition, to feature in the 2025 Creative Kids Family Calendar!

Congratulations to the following artists (from left to right)...

Ahliya, age 11 | Airlie, age 4 | Amira, age 8 | Ava, age 8 | Bodhi, age 6 | Caitlyn, age 8 | Carter, age 6 | Dakota, age 11 | Damian, age 12 | Danah, age 8 | Duncan, age 11 | Elayna, age 6 | Emily, age 11 | Felix, age 7 | Georgia, age 9 | Ilhabela, age 8 | Isla, age 6 | Norah, age 6 | Indie-Jean, age 6 | Piper, age 6.

Once again, children were generous with their art and thoughts of what is important to them - family, nature, friends and pets, were the popular themes. A great amount of thought, consideration and effort was put into each piece and we thank ALL artists who took part!

Register now to participate in the next project, and secure calendars for each young artist!



Calling all young artists!

We invite you to take part in the next Important to Me Children's Art Exhibition.

You can be an individual, family group, couple of friends, small or large group, one class or a whole school!

For more information or to register your interest, contact Tammi on 0439 807 019 or email tammi.lancaster@anglicaresa.com.au

communities for children onkaparinga **ANGLICARE SA**

Communities for Children is funded by the Australian Government of Department of Social Services. Visit www.fcc.org.au for more information.

Parent Easy Guides

Get help with raising children from Parenting SA

Parenting SA has been providing quality information on raising children since 1996. They offer a variety of Parent Easy Guides (PEGs), covering a wide range of topics for families raising babies, toddlers, children and young people from birth to 18 years. They also have PEGs specially developed for Aboriginal and multicultural families.

Many education, health and community services across South Australia have the PEGs on display for parents to take home. These are a great source of information in an easy-to-read handout. All resources:

- aim to support parents and caregivers in their important role
- are informed by evidence, best practice, parents, and communities
- acknowledge the diversity of families and cultures in our community
- acknowledge strengths parents and caregivers bring to their parenting role
- provide sources of further support for families.

There is also a range of helpful videos on the Parenting SA website, you can visit www.parenting.sa.gov.au.



HIPPY Onkaparinga



Term 3 has been a busy one for our HIPPY Home Tutors; Britt, Karen and Lisa who are parents who have undertaken the program with their own children before becoming a Tutor.

They have been engaging with families within the home to share the HIPPY activities and are an integral part of the program. We have also been busy with our regular HIPPY Gatherings for our families which are an opportunity for families to come together, share HIPPY activities, hear guest speakers and experience social connection.

Haven't heard of HIPPY before? HIPPY (Home Interaction Program for Parents and Youngsters) is a free, two year home learning program for you and your three year old, to support you in being your child's first teacher within the home the two years before they start formal schooling.

Studies show that free play is an essential part of children's learning and gives them the opportunity to practise new skills, language, problem solving and creativity.

HIPPY helps develop your child's love of learning and is aligned with the Australian Curriculum and Early Years Learning Framework so is very well placed to prepare your little one with the skills needed to start school!

For more information contact HIPPY Onkaparinga Coordinator

Selena Hart on 0429 219 206 or hippyonkaparinga@anglicaresa.com.au

The Home Interaction Program for Parents and Youngsters is funded by the Australian Government through the Department of Social Services. The Brotherhood of St Laurence holds the license to operate HIPPY in Australia. The views expressed here are those of the author and do not necessarily represent the views of the Australia Government or officers of the Department of Social Service.



child Friendly Business Awards

Thanks for Voting in the 2024 Child Friendly Business Awards

Four (4) stand out winners were revealed in this years Child Friendly Business Awards, thanks to the astounding 550 votes received from local community. We would like to thank everyone who voted on the nineteen (19) eligible businesses. These Excellence Award winning businesses, along with the remaining businesses will be presented with their awards later this year.

All Winners to be Announced Soon!

The Communities for Children Onkaparinga Child Friendly Business Awards recognise businesses within the City of Onkaparinga that are supporting children and families through environments and practices that welcome and respect everyone.



child friendly businesses are: Warm and welcoming to customers of all ages, have accessible services with safe environments, and support staff and their families.

For More Information: Email C4Cchildfriendly@anglicaresa.com.au

Congratulations to the winners of the three (3) gift vouchers for voting for a business in this year's Awards:

- C. Mandell from Happy Valley
- P. Botting from Morphett Vale
- R. Harvey from Para Hills West

Share with Us...

We want to hear your thoughts

Communities for Children Onkaparinga is continuously talking with community to ensure the programs that we fund are meeting the needs of children and families here in Onkaparinga. We want to know...

- What programs and activities would you like to see in Onkaparinga?
- What is missing in the local community for children 0 to 12 years and their families?

wanted jokes, recipes or activities

Do you have a joke, recipe or activity to share that can be published in future Communities for Children Onkaparinga newsletters?

Roving Reporters

We would love to hear from children in our community to share their experiences, places they have visited, people they have met, or artwork they have created. We hope sharing your experiences and stories will inspire other children and families to try something new, or to also share a story or creation with us all.

If you would like to share you thoughts, submit a joke, recipe or activity, or be a CfC roving reporter, ask an adult to contact the CfC Team on 8392 3194 or email cfc@anglicaresa.com.au



children's week



SA CHILDREN'S WEEK

Children's Week has been celebrated in South Australia for the past 40 years and will be supported once again by the Government of South Australia Department for Education.

A diverse range of healthy lifestyle activities will be held throughout the state that focus the attention of wider community on children's education, care and wellbeing and the recognition of children's achievements. In the south, we will be celebrating at these wonderful events. Come and join us at the Warsaw Free Family Fun Day (Saturday 19 October), Hackham Community Centre event (Thursday 24 October) and at Aldinga Community Centre (Sunday 26 October) All Free! Keep an eye out for other events throughout the week and head to sachildrensweek.org.au for more information.

The theme for Children's Week 2024 national annual festival to be celebrated from October 18th to October 27th is:

'Children have the right to the best health care possible, clean water to drink, healthy food and a clean, safe environment to live in.'

- United Nations Convention on the Rights of the Child - Article 24.



Warsaw Free Family Fun Day
 Saturday 19th October 2024
 11am-2pm

- Amazing Drumming Monkeys
- Farmer Darcy
- FREE BBQ
- FREE Face painting
- Community stalls and activities

Warsaw Reserve, Warsaw Crescent, Hackham West

Logos: Hackham West Community Centre, Junction, Communities for Children Onkaparinga, City of Onkaparinga, IGA, ANGLICARE SA.

CHILDRENS WEEK CELEBRATION

Join us at the Aldinga Community Centre for our **FREE FAMILY FUN EVENT**

- Face painting
- Animals
- Stalls & Displays
- Craft & Activities
- Mayors Colouring Competition Display
- Popcorn & Fruit
- And LOTS more.....

DATE/DAY: Saturday 26th October
 TIME: 10.00am—12.00pm
 COST: Free
 WHERE: Aldinga Community Centre 7 Stewart Ave, Aldinga Beach
 ENQUIRIES: 8488 2075 or aldinga.communitycentre@gmail.com

ALL WELCOME

Logos: City of Onkaparinga

Hackham Community Centre's FUN DAY!!!
 CHILDREN'S WEEK 2024

FREE DRESS UP IN YOUR FAVOURITE COSTUME (if you have one)

THURSDAY OCTOBER 24 11.00am - 2.00pm

HACKHAM COMMUNITY CENTRE 72 Collins Parade, HACKHAM

- Facepainting
- Glitter Tattoos
- Farmer Darcy's Travelling Farm
- Special Guest Appearance Humphry B Bear at 1pm
- Art and Craft Activities
- Children's Entertainment
- Sausage Sizzle
- Welcome to Country (Spirit in Unity)
- FREE Raffle and Coloring in Competition

Logos: Woodroffe Library, Family Time Family, Centacare, Food Bank, Communities for Children Onkaparinga, ANGLICARE SA.

Kids Corner

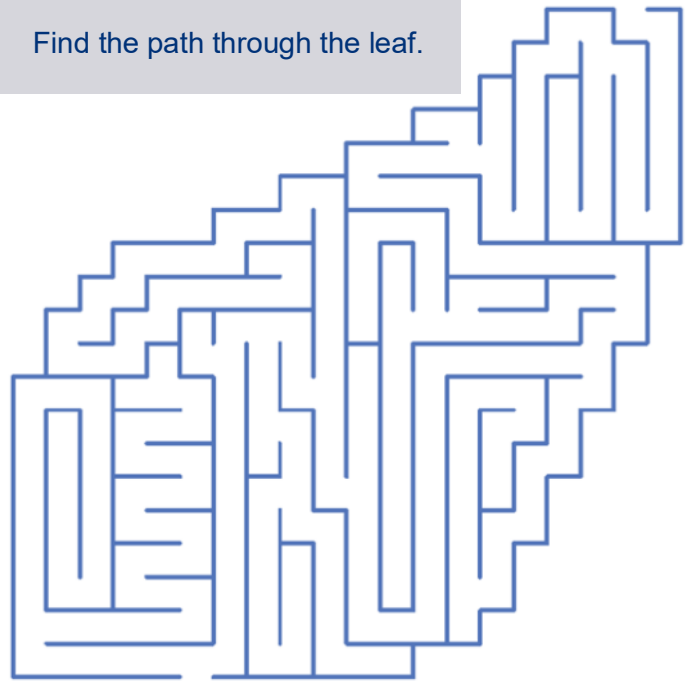
Scavenger Hunt

Find nature's wonders! There are so many amazing things to find when the seasons are changing. Can you find one of each of these things:

- | | |
|--------------|---------------|
| A fancy leaf | A flower |
| Butterfly | Some water |
| A feather | Seed pod |
| Rainbow | Blooming tree |
| A cloud | A snail |

Leaf Maze

Find the path through the leaf.



I E S R E M E O D N S I E N E
 R S N T B N E R N D I E T E W
 S E N E R S B R M S S E R I F
 R E E N M G W I O B O F S T R
 G D O U N O O S E S L N E T N
 N T S G F F G E T O H O S E M
 I I N E S T L T W U B S O E I
 R M O B N E S E E B S S R M E
 P E P M U O R B S D U B S L B
 S R F R P R S P R S N E E O P
 T E L N E O W I S B S G B E B
 F O E E R B B L E T H O O N M
 B S M W E T D S O S I N S E S
 O B U E W R W S D R N E N M D
 B E E S S S I R M E N U E P

Find a word

Find all the hidden words that describe the season of spring:

- | | |
|--------|----------|
| BEE | NEST |
| BIRDS | SEEDTIME |
| BLOOM | SPRING |
| FLOWER | SUNSHINE |



Community Information

FREE EVENT

PLEASE JOIN US FOR

Welcoming the Babies

Thursday 26 September 2024
Cove Civic Centre, Hallett Cove

BABIES 2 YEARS AND UNDER | 10:00AM AND 12:30PM SESSION TIMES

Guest speaker | Special gift bag
Door prizes | Morning tea | Baby-friendly Stallholders

Registrations are essential.
To register, please visit:
www.rishworth.com.au/events

Amanda RISHWORTH MP
Member for Hallett Cove

This is shaping up to be a very full calendar of events in the south during Spring! So many great activities for the whole community to enjoy - **Welcoming the Babies with Minister Amanda Rishworth** is a twice a year event dedicated to celebrating the newest citizens and welcoming them to their community. Registrations required. A guest author or illustrator attends each session and babies receive a goodie bag and certificate. CfC will be there printing baby footprints onto forever keepsakes!

The **Southern Community Showcase** will have a variety of community and craft stalls and plenty of fun for all ages. There will be

stalls where you'll need your purse, but plenty of free activities are on offer also, entry is free.

The **Baby & Toddler expo** will have information for all things relating to babies and toddlers and some entertainment too - bottom level of Colonnades, come and say hi to the under 5 network amongst many others.

BABY & TODDLER expo

THURSDAY 17 - SATURDAY 19 OCTOBER
FROM 10AM TO 4PM DAILY
LOCATED ON LOWER LEVEL

- DEMONSTRATIONS AND INFORMATION FOR BABIES AND TODDLERS
- CHILDRENS ACTIVITIES
- FACEPAINTING AND SPECIAL OFFERS
- SPECIAL GUEST ENTERTAINMENT

WE WELCOME STALL ENQUIRIES. PLEASE CONTACT KERRY REYNOLDS 0448 307 793 OR EMAIL KERRY.REYNOLDS@VICINITY.COM.AU

Colonnades

And finally, the **October holiday Pop up Playgroups in the Park**. Each school holidays, the under 5 network (including CfC & HIPPY from Anglicare), set up in a park across Onkaparinga, to allow families a place to come and play with their little ones when all other playgroups take a break. These are a great place to meet local families and participate in fun activities.

We hope to see you out and about at these, or the children's week events in the next few months - be sure to pop over and say hi!

REYNELLA NEIGHBOURHOOD WATCH PRESENTS

SOUTHERN COMMUNITY SHOWCASE

SUNDAY, SEPTEMBER 22ND 2024
10AM - 2PM

Hackham Football Club Oval
Cnr Doctors & States Roads, Hackham

FREE ENTRY

Events

- Community & Craft Stalls
- Face Painting - Children's Activities
- Inflatable Games incl. Soccer & Basketball
- Coffee - Ice Cream - Donuts
- BBQ by Football Club - Club Rooms Open

For more information:
Phone Joy: 04 18 839 046

October Holiday Pop-Up Playgroups in the Park

Join us at our **free** pop-up playgroups during the school holidays. A great way to connect with local families and have lots of fun with your children. There will be fun activities for all to enjoy. All-inclusive, suitable for children aged 0-5, older siblings & families.

O'Halloran Hill Tuesday 1 October 10am to 11.30am Glenthorn Cres Reserve Glenthorn Crescent Bus Stop 35 Main South Rd	Christie Downs Wednesday 9 October 10am to 11.30am Chamberlain Drive Playground Chamberlain Drive Bus Stop 63 Elizabeth Road
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Note: please wear weather appropriate clothing including hats, enclosed shoes or gumboots. Water & sunscreen will be available. Only in extreme weather conditions, event will be cancelled.

For more information please contact Tammi on 0439 807 019

Brought to you by the Under 5 network in the south:

communities children, UNITING communities, Hippy, family care, Junction, ANGLICARE SA, Children's, CITY OF ONKAPARINGA

Chocolate Banana Pancakes

Activity and photo source: www.taste.com.au

Ingredients

- 2 cups plain flour
- 3 teaspoons baking powder
- Pinch of salt
- 2 tablespoons caster sugar
- 2 eggs, lightly beaten
- 2 cups milk
- 75g butter, melted, cooled
- Extra 25g butter, melted
- 1/2 cup chocolate hazelnut spread
- 2 bananas, sliced

what to do:

- Sift flour and baking powder into a large bowl. Add salt and sugar. Stir to combine. Make a well in the centre.
- Whisk eggs, milk and butter together in a jug. Add milk mixture to the well. Whisk until just combined.
- Heat a large non-stick frying pan over medium heat.
- Brush pan with extra melted butter. Using 1/4 cup mixture per pancake, cook 3 pancakes at a time, for 2 to 3 minutes or until bubbles appear on surface. Turn. Cook for a further 2 minutes or until cooked through. Transfer to a plate. Cover loosely with foil to keep warm.
- Repeat with remaining mixture, brushing pan with butter between batches.
- Spread pancakes with hazelnut spread. Serve with sliced banana.

Q. What do you call two banana skins?

A. A pair of slippers!



Leaf Rubbing Artwork

For more craft ideas visit: www.firstpalette.com



Collect leaves of various shapes and sizes.

Place a leaf bottom side facing up on a flat surface.

Put a thin sheet of paper on top of the leaf.

Rub the side of a crayon, an oil pastel or pencil gently on the area over the leaf. Observe as part of the leaf shape starts to appear.

Continue until you've rubbed over the entire leaf.

Remove the leaf from under the paper.

Repeat using other colors and other leaf shapes.

You can also overlap the rubbings to create a leaf.



cfc Onkaparinga - Community Partner Activities

Communities for Children (CfC) Onkaparinga fund many agencies to run programs for children 0-12 and their families. All Activities are free to attend.

Selicks Play and Connect

Centacare

Playgroup for families with children aged 0-5 offering play opportunities and ideas, family support, information about services and free events within your local community.

Fridays weekly
10am to 11:30am

Selicks Community Hall
William Eatts Reserve,
Riviera Road

For more information contact
Centacare on 8215 6310

The MIX

Diverse Learning

Creative social skills development program for children with Autism Spectrum Disorder (ASD) and their families. Encouraging kids aged 10-14 years to share what matters to them and why; with their peers, parents and ASD specific mentors.

Wardli Youth Centre

Thursdays fortnightly
(even weeks of term 3 & 4)
5pm to 6:30pm

Register by calling
Bel on 0402 026 789

Lego club South

Diverse Learning

Lego Design sessions for children with Autism Spectrum Disorder (ASD) and their siblings. Come along, explore your creativity and meet others who enjoy Lego building activities.

Aldinga Beach Children's Centre

Saturdays fortnightly
(odd weeks of term 3 & 4)
9:30am to 10:30am - Sensory
session
10:30am to 12pm

Register by calling
Marguerita on 0407 074 817

PEAS in a Pod

(Parenting Empowerment and
Support)

Centacare

An 8-week program during school term for new parents/ caregivers and their children under 12 months to support with parenting challenges.

Thursdays
10am to 11:30am
17 Oct to 5 Dec 2024

Hackham Community Centre
72 Collins Parade,
Hackham

For more information contact
Centacare on 8215 6310

Stage Sparks

Carclew

Join us for a FREE 14-week program over Term 3 & Term 4 of interactive performance workshops for curious beginners and aspiring performers aged 5 - 12. Stage Sparks encourages children to explore their imaginations and express themselves creatively whilst developing their confidence both on and off the stage.

Please check
www.carclew.com.au/Program/stage-sparks
for workshop information and to join the mailing list.

Contact Adara
awright@carclew.org.au

Teach-Do-Learn

Gowrie SA

A practical, hands on 8-week program for parents/carers and children aged up to 4 years. Learning through play and activities with qualified educators and visiting speech therapist, feeding therapist and occupational therapist.

Hastings St Hall, Seaford

11 Hastings St
Thursdays 10am to 12pm

Aldinga Beach Children's Centre

Evans Street
Fridays 10am to 12pm

Contact Gowrie SA
on 8234 5219

cfc Onkaparinga - Community Partner Activities

Creative Relationships

ArtisticClaire

A nurturing 8-week group nature play based, visual art program for parents / carers and their children aged 3-6 years (prior to school).

Develop your relationship with your child and support their learning.

For information and to book:
www.artisticclaire.com/creative-relationships

Or contact Claire on
artisticclaire29@gmail.com

FRIENDS Resilience

Junction Australia

For children aged 7-12, develop life skills to cope with challenging and anxiety provoking situations. 10 weekly, themed sessions focus on building resilience, problem solving abilities and promoting self-confidence, empowering children and their families, using an evidence-based, FUN approach to learning life skills.

Aldinga Payinthe College

Wednesdays 3:30pm to 5pm

Seaford Community Centre

Thursdays 3:30pm to 5pm

Hackham Community Centre

Fridays 3:30pm to 5pm

Parent & School Holiday Booster sessions held each quarter as part of the program.

Contact Nicci on 0439 800 785 or 8392 3080 or email nkilner@junctionaustralia.org.au

Kidstuff for Young Parents

Metropolitan Youth Health

A program for young pregnant or parenting people under 25 years.

Gain information on health and wellbeing, have fun while discovering creative ways to care for your child and yourself, plus lots of other cool stuff!

6 week program
MYHealth South, Christies Beach
Lunch provided.

For information or to book contact Anna on 0466 622 864

Parentstuff

for Young Parents

Metropolitan Youth Health

A suite of group parenting programs to support young pregnant or parenting people under 25 years.

Supporting secure attachment, consistent discipline and quality environments that are stable, positive, stimulating, safe and secure.

6-8 week programs held at
MYHealth South, Christies Beach

For information or to book contact Anna on 0466 622 864



The following CFC funded activities are delivered in local schools...

Culture Beats

Carclew

A seven week music and dance program for First Nations children aged 9-12 in upper primary school.

Program workshops are led by practicing First Nations artists.

For more information contact Lilla on lberry@carclew.org.au

Adventure to Thrive

Connected Self

An 8-week program packed full of engaging experientials that increase students' abilities to respond to challenging circumstances, rather than react with externalising and often difficult behaviours.

By walking alongside young people, teachers, support staff and parents/caregivers; we support them to build capacity and compassion for peers and themselves.

Facilitators are onsite for the full day enabling them to work individually with children and staff to further embed learnings.

For more information contact Cath on 0414 843 437

What's On... Central Onkaparinga

All activities are during school term only, unless stated otherwise.

Christie Downs Community House

Tel: 8384 6894

For full program information please
contact the centre

Learning Together Communities

Christie Downs

Tel: 8382 5950

Tuesdays and Fridays

Learning Together Communities Playgroup

9:30am to 11am,
Ages 0-5 years

Wardli Youth Centre Christie Downs

Tel: 8186 5133

Bookings Essential

For term and school holiday
program information

www.onkaparingacity.com/youth

Tuesdays

The Arvo Club

3:30pm to 5pm, Ages 8-17 years

Wednesdays

Hip Hop

4pm to 5pm, Ages 8-12 years

3X3 Basketball

4pm to 5pm, Ages 8-17 years

Thursdays (fortnightly)

Skills and Chills

4pm to 5:30pm, Ages 10-17 years

Games Galore

4:30pm to 6pm, Ages 8-20 years

Tuesday 1 October

Spring it On!

11am to 1pm, Ages 8-17 years

Wednesday 2 October

Suburb Crawl Woodcroft

10am to 3:30pm, Ages 8-17 years

Tuesday 10 October

Pickle Boxing

11am to 12:30pm, Ages 8-17 years

Taikurrendi Children and Family Centre

Tel: 8186 1102

Mondays

**Play and Move Playgroup
with Speech Pathologist**
9:30am to 11am

Tuesdays

CaFHS Clinic (by appt. only)
Call 1300 733 606

Thursdays

Baby Playgroup with OT
1pm to 2:30pm
Bookings Essential

Fridays (monthly)

Nunkuwarnin Yunti Women's Group

11am to 2pm

For Aboriginal and Torres Strait
Islander Pregnant and New Mums
Call 8150 5000

Noarlunga Library

Tel: 8384 0655

Bookings Essential

For full program information

www.onkaparingacity.com/libraries

Friday 27 September

Come and Try Dance

With Starlets SA

10am to 10:40am, Ages 2-5 years

Tuesday 1 October

Nitro Nat's Stardome

Sessions 2pm & 2:30pm, Ages 5+

Tuesday 8 October

Stars & Space Storytime

10am to 11am,
Ages 2-6 years

Thursday 10 October

Come and Try Music

With Forte School of Music

10am to 10:40am,
Ages 6months-3.5years
&

11am to 11:40am,

Ages 3.5-5 years

O'Sullivan Beach Children's Centre

Tel: 8382 2850

Mondays

Oz Harvest

Tuesdays

Multicultural Women's Group
12:45pm to 2:15pm

Wednesdays

Learning Together Playgroup
supported by Speech Pathologist
and Occupational Therapist
9:30am to 11am, Ages 0-4 years

CaFHS Clinic (by appt. only)
Call 1300 733 606

Wednesdays (Oct & Nov)

CaFHS Early Parenting Group

1:30pm to 3:30pm

Bookings Essential,
Call 1300 733 606

23 & 30 October, 6 & 13 November

Thursdays

MyTime

12:30pm to 2:30pm

Fridays

Multiple Birth

Noarlunga Connect and Play

9:30am to 11:30am,

Call Danni 0488 476 689

Reynella Neighbourhood Centre

Tel: 8322 3591

For full program information please
contact the centre

Q. What is the
problem with jokes
about pizza?

A. They're usually
a little cheesy



communities



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Communities for Children is funded by the Australian Government
Department of Social Services.

What's On... Central Onkaparinga

All activities are during school term only, unless stated otherwise.

Hackham Community Centre (Junction Aust)

Tel: 8392 3080

Mondays

Japanese Playgroup
9:30am to 11:30am

Tuesdays

Supported Playgroup
9:30am to 11am

Free Creche
12pm to 2pm

Wednesdays

Free Creche
9:30am to 11:30pm
&
12pm to 2pm

Thursdays

Supported Playgroup
9:30am to 11am

Free Creche
12pm to 2pm

Fridays

FRIENDS Resilience Program
3:30pm to 5pm
(see page 13)

Little Mother Earth Caretakers
9:30am to 11am
Bookings Essential

Hackham West Children's Centre

Tel: 8382 6161

Mondays

Learning Together Playgroup
1:30pm to 2:45pm

Saturdays

Saturday Family Playgroup
10am to 11:30am

Hackham West Community Centre

Tel: 8384 1065

Bookings Essential

All programs provide a shared snack

Mondays

Move 'n' Play
10am to 11:30am

Birth to start of school, parents and caregivers

Families Together

after school program for Aboriginal & Torres Strait Islander families

3:30pm to 5:30pm

Call Carole 8384 1065

Tuesdays

Little Explorers

10am to 11:30am

Birth to start of school, parents and caregivers

PALS

3:30pm to 5pm, Ages 5-12years

Bookings Essential

Wednesday (Fortnightly)

Southern Nunga Women's Group
112:30pm to 2:30pm

Woodcroft Morphett Vale Neighbourhood Centre

Tel: 8384 0070

For full program information

www.wmvnc.org.au/activities

Mondays

Community Playgroup

10am to 11:30am

Bookings Essential

\$3 per child, or \$5 per family

Wednesdays

Community Playgroup

10am to 11:30am

Bookings Essential

\$3 per child, or \$5 per family

PALS Kids Club

after school club for primary school aged children

3:30pm to 5:15pm

Gold coin donation

Woodcroft Library

Tel: 8384 0050

For full program information

www.onkaparingacity.com/libraries

Tuesdays

Toddlertime

10am to 10:30am, Ages 1-4years

Wednesdays

Babytime

2pm to 2:30pm, Ages 0-18months

Art Lab

3:45pm to 4:45pm, Ages 8+

Thursdays

Words Grow Minds: Talk, Play, Read, Sing

10am to 11am, Ages 0-3years

Chess Champions

5pm to 6:30pm, Ages 8+

Fridays

Gamers175: Minecraft, Switch, Boardgames

3:30pm to 4:45pm, Ages 8+

Woodcroft Heights Children's Centre

Tel: 8381 8005

Mondays, Tuesdays, Thursdays & Fridays

CaFHS Clinic (by appt. only)

Call 1300 733 606

Wednesdays

Baby Playgroup

9:30am to 10:30pm,

Ages 0-12 months

Bookings Essential

Thursdays

Learning Together Playgroup

9:30am to 11am,

Ages Birth to 4 years

Learning Together Baby Playgroup

12:30pm to 2pm,

Ages 0-12 months



What's On... Southern Onkaparinga

All activities are during school term only, unless stated otherwise.

Aldinga Community Centre

Tel: 8488 2075

Friday 27 September

Cinema Under the Start - Wonka
Movie starts at 7pm
Symonds Reserve, Aldinga Beach

Monday 30 September

Eco Bots Workshop
1:30pm to 3:30pm, Ages 8-12 years
\$5 per person

Tuesday 1 October

Fairy Tales & Fables Playgroup
9:30am to 11am, Ages 0-5 years

Friday 4 October

Me 'n Me Mates Live Stage Show Performance
11am to 12pm,
\$5 per person or \$15 family of 4

Tuesday 10 October

Basketball Clinic
10am to 11am, Ages 5-8 years
&
11:15am to 12:15pm,
Ages 9-12 years

Saturday 26 October

Children's Week Celebration Family Fun Day
Free activities including face painting, animals, stalls, crafts and lots more
10am to 12pm,

Q. What does a nut say when it has a cold?
A. Ca-shew!



Aldinga Library

Tel: 8384 0022

Bookings Essential

For full program information including school holiday activities
www.onkaparingacity.com/libraries

Mondays

Storytime

10am to 10:30am, Ages 1-5 years

Art Lab

3:30pm to 4:30pm, Ages 9+

Tuesdays

Lego Club

3:30pm to 4:30pm, Ages 5+

Fridays

Babytime

10am to 10:30am,
Ages 0-18 months

Aldinga Beach Children's Centre

Tel: 8557 6208

Mondays

CaFHS Clinic (by apt. only)
Call 1300 733 606

MyTime

support group for parents of a child with additional needs
12:30pm to 2:30pm
Free crèche. Bookings required

Tuesdays

Playgroup

9:30am to 11am

Baby Time

12:30pm to 2pm,
Ages under 12 months

Australian Breastfeeding Association (fortnightly)

Drop in support group
9:30am to 11am,
contact centre for dates

Thursdays

CaFHS Clinic (by apt. only)
Call 1300 733 606

Immunisation Clinic

9:30am to 11:30am

Seaford Library

Tel: 8384 0044

Bookings Essential

For full program information including school holiday activities
www.onkaparingacity.com/libraries

Seaford Community Centre

Tel: 8386 3319

Bookings Essential for all programs

Mondays

Seaford Hangout
3:30pm to 5:30pm,
Ages 10-15 years

Wednesdays

PALS - Participate & Learn Skills
3:15pm to 4:45pm,
Ages 5-10 years

Wednesdays and Fridays

Playgroup

9:30am to 11:30am
Ages 0-5 years and caregivers
\$5 per family during school term

Thursdays

FRIENDS Resilience Program
3:30pm to 5pm (see page 13)

School Holidays

Various holiday activities, Please contact the Centre for more information.

Studio 20

Aldinga Shopping Centre

Tel: 8557 7555

Bookings Essential

For full program information including school holiday activities
www.onkaparingacity.com/youth

Tuesdays (fortnightly)

Game On

3:30pm to 5pm,
Ages 8-12 years

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September 2024

MON	TUE	WED	THU	FRI	SAT	SUN
<p>30 Eco Bots p16</p> <p>School Holidays</p>	<p>communities for children onkaparinga ANGLICARE SA</p> <p>Q. What do cows do on date night? A. Go to the moo-vies</p>				<p>1 Father's Day</p>	
<p>2 Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>	<p>3 Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 Toddler time p15 PALS p15 Playgroups p14,15,16</p>	<p>4 Indigenous Literacy Day Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16</p>	<p>5 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Immunisation Clinic p16 MyTime p14 Playgroups p14,15 Words Grow Minds p15</p>	<p>6 Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p>	<p>7 Lego Design p12 Saturday Family Playgroup p15</p>	<p>8</p>
National Child Protection Week 1 - 7 September						
<p>9 Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>	<p>10 Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 Toddler time p15 PALS p15 Playgroups p14,15,16</p>	<p>11 Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16</p>	<p>12 RUOK? Day The Mix p12 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Immunisation Clinic p16 MyTime p14 Playgroups p14,15 Words Grow Minds p15</p>	<p>13 Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p>	<p>14 Saturday Family Playgroup p15</p>	<p>15</p>
<p>16 Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>	<p>17 Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 Toddler time p15 PALS p15 Playgroups p14,15,16</p>	<p>18 Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16</p>	<p>19 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Immunisation Clinic p16 MyTime p14 Playgroups p14,15 Words Grow Minds p15</p>	<p>20 Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p>	<p>21 Lego Design p12 Saturday Family Playgroup p15</p>	<p>22 Southern Community Showcase Event Hackham Football Oval See page 10</p>
<p>23 Day of Sign Language Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>	<p>24 Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 Toddler time p15 PALS p15 Playgroups p14,15,16</p>	<p>25 Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16</p>	<p>26 The Mix p12 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Immunisation Clinic p16 MyTime p14 Playgroups p14,15 Words Grow Minds p15</p>	<p>27 Term 3 Ends Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p> <p>Come & Try Dance p14 Cinema Under the Stars p16</p>	<p>28 Saturday Family Playgroup p15</p>	<p>29 World Heart Day</p>
School Holidays						

October 2024

MON	TUE	WED	THU	FRI	SAT	SUN	
	<p>1</p> <p>Pop up & Play in the Park O'Halloran Hill See page 10</p> <p>Nitro Nat's Stardome p14 Fairytales & Fables Playgroup p16</p>	<p>2</p>	<p>3</p>	<p>4 Odd Socks Day</p> 	<p>5</p>	<p>6 Daylight Savings Starts</p> 	
School Holidays 28 September - 13 October							
<p>7 Labour Day Public Holiday</p>	<p>8 Stars & Space Storytime p14</p>	<p>9</p> <p>Pop up & Play in the Park Christie Downs See page 10</p>	<p>10 Come & Try Music p14 Basketball Clinic p16</p>	<p>11</p>	<p>12</p> 	<p>13</p>	
School Holidays 28 September - 13 October							
<p>14 Term 4 Begins Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>	<p>15 Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 ToddlerTime p15 PALS p15 Playgroups p14,15,16</p>	<p>16 Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16</p>	<p>17 Peas in a Pod p12 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Immunisation Clinic p16 MyTime p14 Playgroups p14,15 Words Grow Minds p15</p>	<p>18 Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p>	<p>19 Lego Design p12 Saturday Family Playgroup p15</p> <p>Warsaw Family Fun Day Hackham West See page 8</p>	<p>20</p> 	
National Children's Week 19 - 27 Oct							
<p>21 Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>	<p>22 Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 ToddlerTime p15 PALS p15 Playgroups p14,15,16</p>	<p>23 International Children's Day Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16 CaFHS Early Parenting Group p14</p>	<p>24 Peas in a Pod p12 The Mix p12 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Playgroups p14,15 Words Grow Minds p15</p> <p>Children's Week Event Hackham Community Centre See page 8</p>	<p>25 Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p>	<p>26 Saturday Family Playgroup p15</p> <p>Children's Week Event Aldinga Community Centre See page 8</p>	<p>27 National Grandparents Day</p>	
National Children's Week 19 - 27 October							
<p>28 Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>	<p>29 Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 ToddlerTime p15 PALS p15 Playgroups p14,15,16</p>	<p>30 Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16 CaFHS Early Parenting Group p14</p>	<p>31 Halloween Peas in a Pod p12 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Immunisation Clinic p16 MyTime p14 Playgroups p14,15 Words Grow Minds p15</p> 	<p>communities for children onkaparinga</p>  <p>ANGLICARE SA</p> 			<p>Q. What do birds give out on Halloween?</p> <p>A. Tweets.</p>

November 2024

MON	TUE	WED	THU	FRI	SAT	SUN
 <p>Q. What has 5 toes and isn't your foot? A. MY foot</p> 				<p>1 World Vegan Day Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p>	<p>2 Lego Design p12 Saturday Family Playgroup p15</p> 	3
<p>4 Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>	<p>5 Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 ToddlerTime p15 PALS p15 Playgroups p14,15,16</p>	<p>6 Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16 CaFHS Early Parenting Group p14</p>	<p>7 Peas in a Pod p12 The Mix p12 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Immunisation Clinic p16 MyTime p14 Playgroups p14,15 Words Grow Minds p15</p>	<p>8 Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p>	<p>9 Saturday Family Playgroup p15</p>	10
<p>11 Remembrance Day Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>  <p>Remembrance Day</p>	<p>12 Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 ToddlerTime p15 PALS p15 Playgroups p14,15,16</p>	<p>13 World Kindness Day Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16 CaFHS Early Parenting Group p14</p>	<p>14 World Diabetes Day Peas in a Pod p12 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Immunisation Clinic p16 MyTime p14 Playgroups p14,15 Words Grow Minds p15</p>	<p>15 Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p>	<p>16 Lego Design p12 Saturday Family Playgroup p15</p>	17
<p>18 Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>	<p>19 International Men's Day Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 ToddlerTime p15 PALS p15 Playgroups p14,15,16</p>	<p>20 Universal Children's Day Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16</p>	<p>21 World Hello Day Peas in a Pod p12 The Mix p12 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Immunisation Clinic p16 MyTime p14 Playgroups p14,15 Words Grow Minds p15</p>	<p>22 Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p>	<p>23 Saturday Family Playgroup p15</p>	<p>24 Christies Beach Christmas Pageant</p> 
<p>25 Art Lab p16 CaFHS Clinic p15,16 Families Together p15 MyTime p16 Playgroups p15 Play 'n' Move p14,15 Seaford Hangout p16 Storytime p16</p>	<p>26 Arvo Club p14 Babytime p16 CaFHS p14,15 Hip Hop p14 Lego Club p16 Little Explorers p15 Multicultural Group p14 ToddlerTime p15 PALS p15 Playgroups p14,15,16</p>	<p>27 Friends Resilience p13 Art Lab p15 Babytime p15 CaFHS Clinic p14 PALS p15,16 Playgroups p14,15,16</p>	<p>28 Peas in a Pod p12 Friends Resilience p13 CaFHS Clinic p15,16 Chess p15 Immunisation Clinic p16 MyTime p14 Playgroups p14,15 Words Grow Minds p15</p>	<p>29 Friends Resilience p13 Sellicks Play p12 Babytime p16 CaFHS Clinic p15 Gamers175 p15 Little Mother Earth p15 Multiple Birth p14 Playgroups p14</p>	<p>30 Lego Design p12 Saturday Family Playgroup p15</p>	



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 Communities for Children Onkaparinga

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