

**ANGLICARESA**

# Star Bear

A grief-support program  
for children



**Together we change lives.**

**"The camp was  
amazing.  
Everyone will  
enjoy this  
camp, no  
matter what."**



## Our Star Bear Program

Established in 1999 and operated by the AnglicareSA team since 2002, our Star Bear program looks to increase children's understanding of death and the grieving process.

We believe that it's okay to cry, but it's also okay to have fun and laugh.

And that's why our program of loss and grief support is all about you, sharing your experiences with other children in similar situations – and listening to theirs – in a safe, supportive and inclusive environment.

As one young person told us:

**“I knew I wasn't the only one that lost a parent, but I hadn't met anyone else who had, not before camp.”**

## Loss and grief support

The Star Bear program offers a selection of free weekend camps for children, young people and their families grieving the death of a parent, sibling or other significant person.

The camps are led by qualified and experienced grief counsellors and supported by trained volunteer mentors.

Before each camp, we host a get-together so everyone has a chance to meet and get to know a little about each other.

Camp participants can access short-term counselling prior to and following the camp.

We offer two camps:

- the children's camp provides grief support to those aged between six to 13 years
- the family camp caters to families with children and young people aged from four to 17 years, and who have lost a close family member.

## How to register

If you'd like to find out more about our Star Bear program and camps, please feel free to call our team on 8131 3400.

You can also reach us via email at [starbear@anglicaresa.com.au](mailto:starbear@anglicaresa.com.au) or by visiting our [www.anglicaresa.com.au](http://www.anglicaresa.com.au) website.



# ***ANGLICARESA***

Star Bear Program  
82 Gilbert St  
Adelaide SA 5000

Phone 8131 3400  
[starbear@anglicaresa.com.au](mailto:starbear@anglicaresa.com.au)  
[www.anglicaresa.com.au](http://www.anglicaresa.com.au)

