

# The **Supporter** *ANGLICARESA*

Winter 2014 Vol 22 #2

ARCHBISHOP'S  
CATHEDRAL  
BANQUET

**GIFT OF  
GIVING**  
ELOISE'S  
BIRTHDAY WISH



# MESSAGE FROM THE CEO

As surely as it arrives every year, heralded by early nights and frosty mornings, winter brings increased demand for AnglicareSA's services.

Specifically, it's increased demand for our Emergency Assistance programs, where we provide food, clothing, assistance with bills and filling prescriptions.

That's why we're incredibly lucky to have generous people thinking of AnglicareSA when they are donating to support people in need. People like our cover girl, the now nine-year-old Eloise who went without birthday presents, instead asking her school community at Pedare Christian College for donations of blankets, underwear and socks which she could pass on to us. Eloise, on behalf of everyone at AnglicareSA – that's our 1500 staff, our 630 volunteers and the 47,000 people we support each year – we say a big thank you. And happy birthday!

We've also got the power of the pedal when it comes to fundraising – that's Gary Ferguson, who has

been cycling around SA and shaking the tin for AnglicareSA's Autism-Specific Early Learning and Care Centre (ASELCC). Gary's reasons for supporting us are very personal – his grandchildren have both been diagnosed with autism and their aunt, Sarah Ferguson, is our ASELCC manager. Thanks Gary!

We've also got a touch of glamour – check out the gallery of generous fundraisers at The Archbishop's Cathedral Banquet, raising money for our pilot program A Cry For Help, supporting individuals and families after a first suicide attempt.

In times of crisis, we're proud to be here, proud that people turn to AnglicareSA. And at AnglicareSA, we're proud to be part of the South Australian community, a community that supports us, too. As we love to say, we've been here for people in need for more than 150 years and we plan on being here for the next 150. We couldn't do it without you.

Peter Sandeman  
Chief Executive Officer,  
AnglicareSA

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theSupporter  
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**ANGLICARESA**

Barb Bateman



## RENTALS OUT OF REACH

AnglicareSA's annual Rental Affordability Snapshot (RAS) reveals that private rentals remain out of reach for most people on low-incomes and government-support payments.

Researchers from the Australian Centre for Community Services Research, a joint project between AnglicareSA and Flinders University, analysed available rentals on www.realestate.com.au on Friday, April 4 and found that of the 4020 properties available, there were no affordable properties for rent for single people on the Newstart allowance or the youth allowance – not even one.

Properties are considered affordable when they cost less than 30 per cent of income.

AnglicareSA CEO The Reverend Peter Sandeman says living in a secure and stable home is a fundamental human right.

“AnglicareSA has more than 800 homes across metropolitan Adelaide where people on low-incomes are able to live within affordable rental levels. Their rent is indexed so no more than 30 per cent of their income is spent on rent,” he says.

One resident of these homes is Barb Bateman, 58, who has been living at Canterbury Close affordable homes for the past two years.

Mrs Bateman always rented privately and she says it's been a constant struggle.

“If it wasn't for family help I wouldn't have been able to live independently before I came to AnglicareSA,” she says.

“ IF IT WASN'T FOR FAMILY HELP I WOULDN'T HAVE BEEN ABLE TO LIVE INDEPENDENTLY BEFORE I CAME TO ANGLICARESA.”

## LOOKING FOR A FRESH START

The best start to a child's life is living in a stable, caring and secure home environment. Sadly some children experience severe trauma or neglect within their home environment and they are placed into foster care. That's where AnglicareSA can help.

AnglicareSA has a program which matches children who have experienced trauma with specially-trained foster carers, called Fresh Start.

Fresh Start foster carers are very special people, AnglicareSA's Libby Ferguson says. “Fresh Start foster carers only work or study part-time as they need to be able to spend extra time with their foster child and also regularly meet with the team supporting the child.

“They receive special training and extra allowances. Most importantly, they are not alone – and Fresh Start is an opportunity to completely turn a child's life around.”

For more information contact Libby on 8131 3428.



# PEDAL POWER FOR AUTISM

Gary Ferguson

Grandfather Gary Ferguson knows all too well the impacts autism spectrum disorder has on individuals and families. Gary's two grandchildren have autism and their aunt, Sarah Ferguson, is the manager of AnglicareSA's Autism-Specific Early Learning and Care Centre (ASELCC) in Daphne St, Prospect.

Gary always had a big bike ride on his bucket list. Before he set off around South Australia in early May, he decided that "I might as well try and do something useful and, of course, I thought of autism".

Gary and his support crew, which includes wife Chris and friends Eve and Charlie, have cycled around Yorke Peninsula, the Mid-North, the Flinders Ranges, the Riverland and the Fleurieu Peninsula. He arrived back in Bonython Park on June 7.

They've all been shaking the tin and promoting acceptance and understanding of autism.

"Just be aware that one in 68 children are diagnosed with autism, probably another proportion aren't diagnosed at all and you've got to cut people some slack," Gary says.

"Children with autism are not misbehaving because they want to – they can be affected by lights, sounds, even smells, they can have difficulty communicating and sometimes the world is just too overwhelming for them."

You can still donate for Gary's ride – head to [www.anglicaresa.com.au](http://www.anglicaresa.com.au)

## ELIZABETH GETS THE ROYAL TREATMENT



The Duke and Duchess of Cambridge came to Elizabeth in April and left their mark with some aerosol art and record scratching, courtesy of The Platform. Our talented AnglicareSA clients were the real stars of the show – Casey from the Aerosol Angels helped Prince William try his hand with the spray can while the talented Elizabeth Riders' Committee demonstrated their skills to the Royal couple. Prince George wasn't with them but he wasn't forgotten – Casey created a special green-and-gold skateboard deck, emblazoned with 'George', for the tot to use when he's older.

## END OF THE ROAD

AnglicareSA and our programs in Elizabeth also featured in a special report by the ABC's Four Corners program about the end of car manufacturing in Australia. AnglicareSA CEO The Reverend Peter Sandeman spoke to reporter Stephen Long about the pressure Holden's closure will put on services like AnglicareSA's and the hole Holden will leave in Elizabeth's proudly blue-collar community. Our programs will be in more demand than ever before and AnglicareSA has been fortunate that viewers of the program, from as far as Western Australia, have sent donations to us.

## HEARING THE CRY



The ground-breaking pilot program A Cry For Help, supporting individuals, their families and friends after a first suicide attempt, is vital for South Australia, according to Flinders Medical Centre senior consultant psychiatrist Dr Conrad Newman.

AnglicareSA is working with Flinders Medical Centre to begin this pilot program in 2015. However, we need your help. We still need to raise another \$140,000 to get the program off the ground.

Dr Newman says that in South Australia, at any one time, nearly one in 20 people is experiencing suicidal ideation.

"The latest figures for Australia show that sadly we have reached a 10-year peak of 2535 individuals who died by suicide in a 12 month period. As we all know this far exceeds the number of people who lose their life in motor vehicle accidents," Dr Newman says.

FOR EVERY DEATH BY SUICIDE IT IS ESTIMATED THAT AS MANY AS

**30** PEOPLE ATTEMPT

THAT'S MORE THAN ONE NEW ATTEMPT IN AUSTRALIA EVERY **10** MINUTES

"What concerns a number of us in the field about this figure is that given the investment in suicide prevention in Australia, we could speculate that the numbers would be higher if not for the great effort of many individuals in health care, counselling, drug and alcohol services and non-government organisations."

Dr Newman says the entire "chain of care", that is, each touch point an individual and their friends or family has with an organisation, is an opportunity for support.

"Around each individual in a suicidal crisis are family and friends who also need help, who also need to learn what they can do to help the person through their pain, who also need support to understand the often confusing array of services they can access. I see on a regular basis the concern, confusion, fear and frustration of families who leave the hospital with their family member and enter a territory they don't feel prepared for."

"What inspires me about this AnglicareSA program is that it identifies the needs and strengths not only of the individual in the midst of the suicidal crisis but also of the family around them. It will help people not only link in with the most appropriate chain of care, but will more importantly turn this into a chain, a network, of survival."

THAT'S **180** ATTEMPTS PER DAY

# The Archbishop's Cathedral Banquet

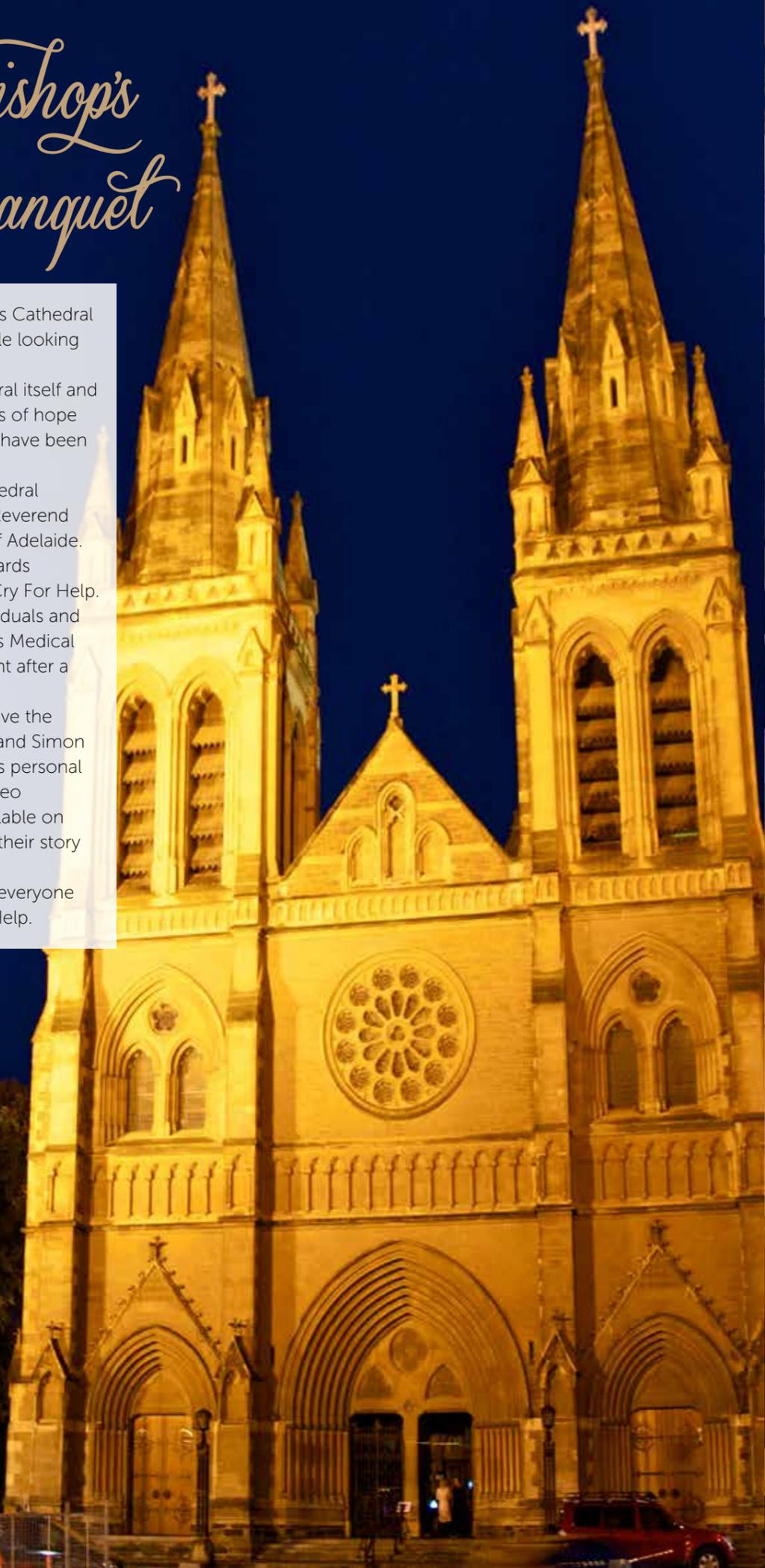
The golden spires of St Peter's Cathedral are a beacon to many people looking across the city of Adelaide.

On Friday, May 2, the Cathedral itself and the people inside were beacons of hope to individuals and families who have been touched by attempted suicide.

It was The Archbishop's Cathedral Banquet, hosted by The Most Reverend Dr Jeffrey Driver, Archbishop of Adelaide. The event raised \$110,000 towards AnglicareSA's pilot program A Cry For Help. This program will support individuals and families who present to Flinders Medical Centre's emergency department after a first suicide attempt.

AnglicareSA is fortunate to have the support of people like Richard and Simon Byrant who shared their family's personal experience with suicide in a video screened on the night and available on our website, as well as sharing their story in the Sunday Mail.

AnglicareSA sincerely thanks everyone who has supported A Cry For Help.





# OUR VISIONARY SUPPORTER



AnglicareSA is delighted to welcome Laser Vision SA as our newest Corporate Partner. Dr Graham Fraenkel leads this successful practice which specialises in vision restoration, including laser vision and laser cataract surgery.

Dr Fraenkel was particularly moved by AnglicareSA's pilot program A Cry for Help and he generously supported The Archbishop's Cathedral Banquet to raise funds.

"Early intervention and family support are a key part of A Cry For Help and I want to do what I can to help," Dr Fraenkel says.

"We are also looking forward to supporting AnglicareSA in many ways throughout our partnership – I know our young staff members are keen to try some volunteering and we are exploring other synergies as we get to know each other."

We are delighted that Laser Vision SA demonstrates similar ambitions in improving quality of life for all through their specialised services. [www.laservisionsa.com.au](http://www.laservisionsa.com.au)

# GOLD FOR BRODIE



Brodie Wilkie

What an achievement – Brodie Wilkie from the Elizabeth Riders' Committee (ERC) was presented with the gold Duke of Edinburgh award in May in a ceremony at Government House. Brodie has been a member of the ERC since May, 2011, and he started working on completing his Duke of Edinburgh award in July 2011, also achieving his bronze and silver awards. Everyone at AnglicareSA congratulates Brodie.

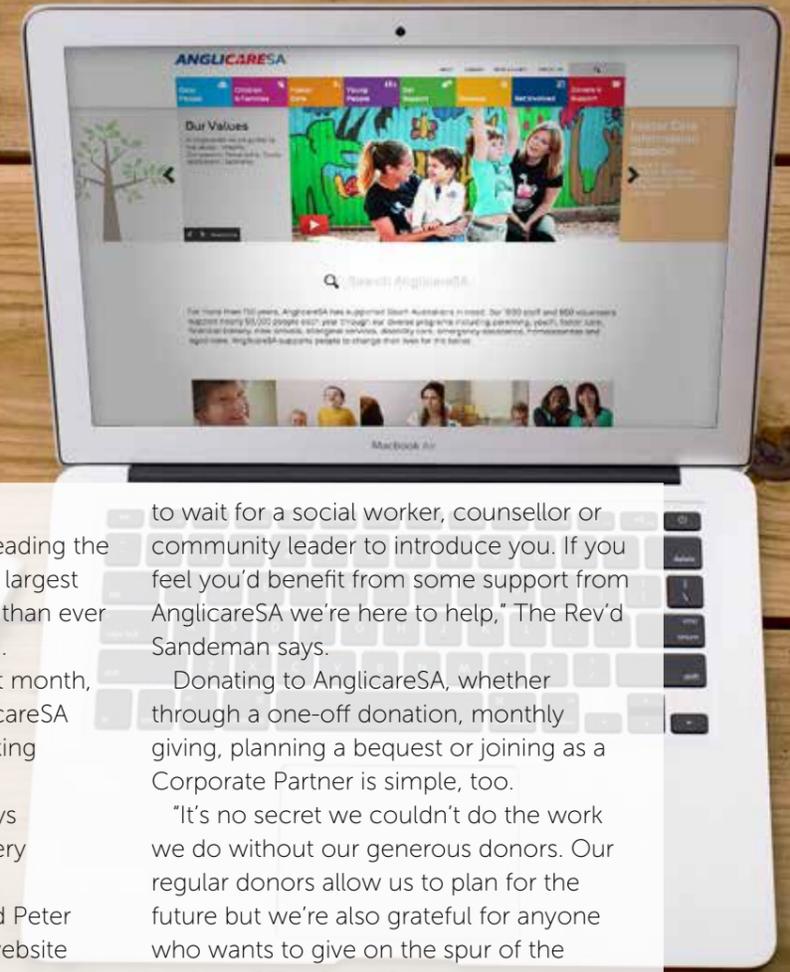


AnglicareSA's Jessica & Sonia

# POWER AND THE PEOPLE

AnglicareSA is grateful to the Port Adelaide Football Club for selecting us as their partner at the Indigenous Round on May 24. AnglicareSA staff volunteered their time to shake the tin outside Adelaide Oval and generous Power, Hawks and Aboriginal Power Cup fans poured a cool \$3118.95 into our tins. AnglicareSA is proud to share a passion for Aboriginal employment and engagement with Port Adelaide and we look forward to increasing our work with the Power in the future.

# CLICK AND SUPPORT



Whether it's finding support, volunteering your time or reading the latest news from South Australia's largest social services provider, it's easier than ever with the new AnglicareSA website.

We relaunched our website last month, allowing people who need AnglicareSA to quickly find what they are looking for – and more.

Phone numbers, maps and ways to access services come with every program page.

AnglicareSA CEO The Reverend Peter Sandeman says the goal of the website is to make it as simple as possible to get support or donate to AnglicareSA.

"Many of our programs and services are available for self-referral, so you don't need

to wait for a social worker, counsellor or community leader to introduce you. If you feel you'd benefit from some support from AnglicareSA we're here to help," The Rev'd Sandeman says.

Donating to AnglicareSA, whether through a one-off donation, monthly giving, planning a bequest or joining as a Corporate Partner is simple, too.

"It's no secret we couldn't do the work we do without our generous donors. Our regular donors allow us to plan for the future but we're also grateful for anyone who wants to give on the spur of the moment," The Rev'd Sandeman says.

"AnglicareSA has been supporting South Australians for more than 150 years. We're planning to be here for the next 150."

# PARTNERING FOR SOUTH AUSTRALIA

A joint project between AnglicareSA and Flinders University, the Australian Centre for Community Services Research (ACCSR), was officially opened by the Hon Zoe Bettison, Minister for Communities and Social Inclusion.

It focuses on research into social equity, social inclusion and social service, and will promote best practice in community services and service to vulnerable community members.

Flinders University Vice-Chancellor, Professor Michael Barber, says ACCSR is an "excellent example of the Flinders-AnglicareSA partnership that has collaborated in the community and research space".

AnglicareSA chief executive and ACCSR chairman The Reverend Peter Sandeman says the findings from the centre will have far-reaching impacts.

"It will benefit the whole community in ensuring all are able to contribute to and benefit from the economic and social development of our state," The Rev'd Sandeman says.

ACCSR Director, Dr Ian Goodwin-Smith, says the centre will deliver research and learning outcomes with a broad range of applications.

"ACCSR will contribute to Flinders' community engagement activities and its community impact, whilst also contributing to the ongoing evolution of a culture of excellence within the community sector," Dr Goodwin-Smith says.



Dr Ian Goodwin-Smith



# WARM WINTER HEART

Eloise Winkler isn't your average nine-year-old.

The Pedare Christian College student celebrated her birthday June 1, the first day of winter. But she didn't want any presents for herself.

Instead, she turned her birthday into a fundraiser for AnglicareSA's Winter Appeal and mobilised her school community into collecting blankets and new socks and underwear to support AnglicareSA's emergency assistance program.

"Keeping homeless people and poor people warm in winter is really important because it gets so cold and they don't have warm houses to stay in," Eloise says.

Eloise is no stranger to using her birthday for good deeds – last year she asked guests at her party to bring new toys for the Women's and Children's Hospital where she and her brother Spencer have been regular patients.

This year's donations for AnglicareSA, expanded to the whole school, were sparked by a video about homelessness Eloise watched.

AnglicareSA CEO The Reverend Peter Sandeman says Eloise's fundraising quest is "impressive".

"At AnglicareSA we rely on the generosity of donors to support South Australians in need. With supporters like Eloise, AnglicareSA's future is in very good hands," The Rev'd Sandeman says.

"I'm impressed that someone so young understands that not everyone has the same opportunities in life. Eloise's 9th birthday really is a gift to South Australians who are doing it tough.

"We also thank Pedare Christian College and everyone in SA who looks to AnglicareSA when they give back."

Pedare Christian College head of junior school Randall Pearce says Eloise is a "shining example" at the school.

"She is proof that children have the power to change the world," Mr Pearce says.

If you'd like to celebrate Eloise's birthday by supporting AnglicareSA, please donate online at [www.anglicaresa.com.au](http://www.anglicaresa.com.au) or phone 8305 9200.

For the final word on altruism, it's over to the birthday girl.

"It feels good to help other people so you can donate and feel good, too," Eloise says.

**"IT FEELS GOOD TO HELP OTHER PEOPLE SO YOU CAN DONATE AND FEEL GOOD, TOO."**

## SHARING THE WARMTH

Every winter demand for AnglicareSA's emergency assistance increases. There's never any respite.

What's different about this year, however, is worry, according to AnglicareSA Emergency Assistance and Community Support manager Karen Stott.

"People are really concerned at the moment about the Federal Budget, there is a lot of anxiety about what's going to happen," Karen says.

"In winter they are worrying about utility bills, we have a lot of people coming in and asking for blankets and warmer clothes because they don't want to turn on the heater – they're worried they've probably already blown the budget with their power bills."

Karen says the demand for emergency help is already up at our sites at Morphett Vale, Salisbury and Elizabeth.

"We are never going to get a reprieve. People always need our help," she says.

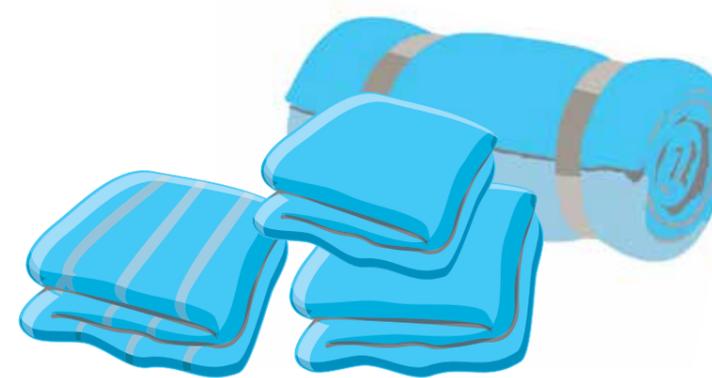
For rough sleepers, people who are sleeping in cars or camping in parklands, the colder weather brings pain and health problems.

"It makes asthma and arthritis worse, we have a lot of people with chest infections so demand for antibiotics is up. People get a prescription from their doctor and we help them fill it."

This winter, please think about supporting AnglicareSA to stand with South Australians in need.

"If you can afford to put a stew on the stove or switch the heater on without a worry you're doing better than many, many people out there," Karen says.

"Thank you for thinking of AnglicareSA when you support people in need."



**15.7%**  
OF HOMELESS PEOPLES ARE UNDER THE AGE OF  
**12**



**83**  
HOUSEHOLDS PER DAY NEED OUR EMERGENCY ASSISTANCE

**72%**  
EMERGENCY ASSISTANCE CLIENTS CAN'T AFFORD TO PAY ELECTRICITY BILLS

# THANK YOU

## ANGLICARESA



Everyone at AnglicareSA  
thanks our 630  
generous volunteers,  
for your time  
and your care.

We couldn't do it  
without you.

# CREEPY KOOKY MYSTERIOUS & SPOOKY

There are plenty of ways to support the AnglicareSA family... like paying a visit to The Addams Family. Matt Byrne Media is generously donating to AnglicareSA half the ticket price from the preview performance of The Addams Family. Tickets are \$40 each. That means for every special AnglicareSA ticket sold, \$20 goes to AnglicareSA's Winter Appeal.

The AnglicareSA preview performance is at the Arts Theatre, 53 Angas St, Adelaide on Wednesday, July 2, curtain up at 8pm. AnglicareSA supporters are invited for a glass of bubbles and mingling with the CEO, The Reverend Peter Sandeman, from 7.30pm. For tickets, please contact Emma – [eyeend@anglicaresa.com.au](mailto:eyeend@anglicaresa.com.au) or 8305 9230.

MATT BYRNE MEDIA presents  
by arrangement with Origin Theatrical

**THE ADDAMS FAMILY**  
A NEW MUSICAL

Director: Matt Byrne  
Musical Director: Gordon Combes  
Choreographer: Sue Pole  
Designer: Anthony Dal Santo  
Book by Marshall Brickman & Rick Elice  
Music and Lyrics by Andrew Lippa  
Based on Characters Created  
by Charles Addams

**STARRING:**  
• Michael Coumí • Emma Bargey • Sophie Hamilton  
• Jonathon Schilling • Jamie Hornsby • Chris Bussey  
• Frank Cwterniak • Fiona Aitken • James McCluskey-García  
• And Introducing Dylan Richardson as Pugsley

**ANGLICARE PREVIEW**

JULY 2 AT 8PM - ARTS THEATRE  
53 ANGAS STREET ADELAIDE

BOOK: 8305 9230 or email Emma on:  
[eyeend@anglicaresa.com.au](mailto:eyeend@anglicaresa.com.au)

ALL TIX \$40 - GET IN QUICK IF YOU WANT TO JOIN THE FAMILY!  
For details of July season go to [www.mattbyrmemedia.com.au](http://www.mattbyrmemedia.com.au)

VILFS  
ANGLICARESA