



## A Christmas story of Hope

The Elizabeth Mission Food Barn serves a free hot lunch to 50–80 people every weekday - often the only meal people get. People who are hungry often come from far afield; there are no entry conditions. On busy days, like school holidays, they can do two sittings of up to 120 people.

Could you feed 80 people on a budget of just \$20?

What gets purchased can be a bit of a lottery, as the volunteers have to use whatever is available cheaply. Supplies are supplemented with donations and

produce from the community garden.

There are no paid staff. The team of volunteers meets at 8.30 every morning to plan, prepare, cook, serve - and then wash and clean up. They are not trained cooks, but ordinary people dedicated to helping someone else. Some of them know what it's like to be hungry. Their dedication is simply amazing.

Now, more than ever, Anglicare needs your help.

Anglicare reaches out to thousands every day, giving hope to individuals

and whole communities, determined to offer the best of South Australia, for every South Australian. Anglicare Hope Partners are committed to bringing hope, not just for Christmas, but for every day of the year. For as little as \$1 a day, \$30 a month, you can make a donation to help the South Australians who need it most.

Thank you for caring for others in our community, and have a great Christmas.

# May we too not forget



Dr Lynn Arnold AO,  
Chief Executive Officer of  
Anglicare SA

Through  
your  
generosity  
we are  
able to  
do some  
amazing  
things.

Christmas is almost here again, and the year has just flown by. But for many in our community the past 12 months have been a long, hard trudge, from one difficulty to another.

At Anglicare we meet many thousands of people who seek our help to make that journey easier. Sadly, this year we have seen a significant increase in the number of people asking for assistance – more than we saw even during the peak of the Global Financial Crisis.

We do our best to assist all those who come to us. Of course, we can only achieve this through the wonderful support of you, our donors. Through your generosity we are able to do some amazing things. Indeed, it almost seems as if we have our own little miracles each day.

At the Food Barn at the Elizabeth Mission, volunteers supply up to 80 people a day with a hot meal on a total budget of just \$20 a day – for many, that will be the only meal of the day.

This wondrous capacity to feed so many is a human echo of the divine miracle of the loaves and fishes. In that miracle, the only one (apart from the Resurrection) to be recorded in all four Gospels, Jesus declared, "I do not want to send them away hungry, or they may collapse on the way."

And that is how we feel when people come to us for assistance. Jesus, as the

Son of God, could create a genuine miracle. For us, we need help. And you have helped, through your donations. So too have the volunteers who farm the community garden at the Mission, and our staff and volunteers in the kitchen who do some amazingly thrifty shopping.

For most of us, Christmas will be a time of bounty – of food and of gifts. Precious gifts were brought to Jesus at the time of his first Christmas. But in his life he never forgot those for whom there often seem to be no worldly gifts.

May we too not forget such people at Christmas. At this time of celebration of the birth of Jesus Christ, when we experience the joy of being in the company of loved ones, may those who face difficult options experience hope through something we have been able to do.

I wish you all a Merry and Blessed Christmas

Lynn

## theSupporter

news and views about the work of  
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'Yes... Anglicare  
SA is a QIC  
accredited  
organisation'



# Running for Anglicare

Above: Lynn Arnold with Tim Chalmers wearing his 2011 Melbourne Marathon medal

Inspired by Anglicare’s message of Hope, Tim Chalmers put his faith into action, to raise money by running the gruelling Melbourne Marathon.

On 9 October 2011, and among 20,500 competitors, Tim stepped up to the challenge and ran the 42km distance in record time.

In preparation for the event, Tim considered the task ahead.

“I really thought about why I was doing the marathon; I knew it was bigger than achieving my own personal training goal. I thought a lot about Anglicare’s message of Hope, about how no-one can live without hope – whether they’re successful or battling – and realised that to be denied hope is to be robbed of any real meaning.”

“I wanted to support Anglicare because I am a Christian and I believe in the work they are doing in the name of Christ, giving hope to those for whom life is a terrible struggle.”

Committed to this cause, Tim designed and followed a strict training regime.

“My program was very disciplined and, as I progressed, I became very aware of the powerful nature of training. It really aligned with where I was spiritually, reinforcing the structure and rigour of my Christian life and making me more receptive to further spiritual development.”

Tim’s achievement has strengthened his faith. It has energised and enlivened both his regular attendance at St George’s, Magill, and the practical assistance he offers to the local community every Tuesday night, supporting participants in their English As A Second Language course.



**Adelaide Arcade...**  
a magical place to shop for Christmas



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Open 7 days  
Opposite the fountain in Rundle Mall  
[www.adelaidearcade.com.au](http://www.adelaidearcade.com.au)



# Great Chefs Of Adelaide Lunch



Below: His Excellency Rear Admiral Kevin Scarce, The Most Rev'd Dr Jeffrey Driver, Grace Bawden, Dr Lynn Arnold and Simon Bryant



Eager gastronomes were present to enjoy the 16th Great Chefs of Adelaide Lunch on 16 October, raising over \$100 000 to fund the Generate program into 2012.

This year's event was conducted under the master hands of South Australia's leading chefs, including Simon Bryant, Saskia Beer, Paul Birchall, Ben Sommariva, Tim Bourke, Tony Hart, and winemakers 90 Mile Wines, Kangaroo Island Spirits, Seppeltsfield, Wangolina Station, Mr. Riggs, The Islander Estate and Annie's Lane.

This exquisite culinary experience was perfectly accompanied by soprano Grace Bawden, organist Shirley Gale and The South Australian Pipes and Drums. In the breaks were the auctioning of artworks from David Dridan and Mervyn Smith, a New Zealand

Cruise on the Dawn Princess, wines and fine-dining experiences, luxury pampering, getaway and hotel packages, jewellery, sculpture and entertainment.

Generate is an employment program the like of which has never been seen before. It helps young people secure employment, not only by working with them, but also working with their families. Generate is an intergenerational employment program that is very successful in transforming the lives of people who have little or no engagement with their community, and no engagement at all with the world of work and employment.

This worthy cause inspired a truly special and memorable occasion, which has everyone looking forward to next year's event with great enthusiasm.



Above: Saskia Beer, owner of Barossa Farm Produce Channel 9's Brenton Ragless, Master of Ceremonies, acclaimed chef Simon Bryant



Above: Paul Birchall, owner and head chef, Wild Mulberry Cafe, Robe.



Above: James Lawrie, Chef, Encore Group  
Below: South Australian Pipes and Drums



Above: Tony Hart, Executive Chef, Intercontinental Adelaide



Above: (middle) Tim Bourke, Head Chef, Southern Ocean Lodge KI, (right) Ben Sommariva, Head Chef, The Kitchen Door



Above: Jason & Joann Skene



Top right: A student from the International College of Hotel Management  
Middle right: Diané Ranck and Phil Morton  
Bottom right: Isobel Redmond & Lady Neal

# Do we care?



Australians have been misled by the facts of the asylum seeker debate and many people, when told the truth, would react quite differently, according to Julian Burnside AO QC. Mr Burnside, a barrister, author and passionate advocate for refugees, presented the Joy MacLennan Oration at the 2011 Adelaide Festival of Ideas.

Mr Burnside explored the reaction of Australians to those refugees who come to Australia by boat and corrected some common beliefs. "The terms 'illegals' and 'queue jumpers' are falsehoods," he said. "These people are fleeing persecution. They have every right to seek asylum in Australia. There is no queue in Kabul to flee the Taliban."

Mr Burnside said human beings react differently to the suffering of others, some with cool detachment, some feel impelled to act and others remain indifferent to the fate of those less fortunate. He described degrees of empathy and 'myopic' empathy, where people will only empathise with someone who has experienced a similar fate.

"Most Aussies are good people," he said. "We think human rights are important but really only when related to ourselves, friends or family. The human rights of refugees, terrorists and the homeless are not (as important)". Mr Burnside said most of us have never

had our human rights abused or threatened so we have no idea of the desperation of these refugees. "How can we treat people badly when they have done exactly what we would probably do in the same circumstances? How can we cut off the last desperate course of action for people who are being tortured and threatened? People smugglers are their last avenue of escape.

"Not all people smugglers are evil. Look at Oskar Schindler, Gustav Schroeder – even the nuns in the Sound of Music - they were people smugglers, but seen as heroes, not villains."

Everyone fleeing persecution has equal worth Mr Burnside pointed out. We have human rights because we are human, not because we are rich or intelligent or white. It does not matter that there are thousands of people in refugee camps overseas - we can't help them but we can help those who arrive on our shores.

Australians need to know the

facts and not be swayed by political rhetoric, Mr Burnside said.

"All the facts lead inexorably to the conclusion that we are ill-treating refugees," he said. "It distresses me enormously to see the facts distorted for political purposes. It is damaging our national culture and Aussies are being seen as mean and xenophobic."

Because we tend to empathise with individuals rather than groups, he suggests highlighting individual human stories to help people understand the issue.

The purpose of the Oration is to challenge social services practices and theory – something Mr Burnside did extremely well to an audience of more than 800 in Bonython Hall.

The Oration is sponsored each biennial festival by Anglicare SA in honour of Joy MacLennan, (1912 – 1993), who was one of the earliest graduates of the first professional Social Work course in SA at the University of Adelaide.

*Mr Keith Smith, OAM. Mr Smith was presented with Honorary Life Membership of Anglicare SA at Anglicare's Annual General Meeting on Saturday, 22 October. The award was given in recognition of the outstanding service and extraordinary contribution that Mr Smith has made to Anglicare from 1993 – 2011, as a Member of the Finance Committee, Member and Chair of Anglicare Council and as Chair of the Archbishop's Appeal.*



# Award-Winning Lifestyle

Anglicare SA has received an Award for excellence in its residential and aged care services from industry group COTA SA - for older Australians.

Recognised for its industry-leading work, Anglicare SA's Canterbury Close Lifestyle Programs won the Every Generation Active Lifestyle Award.

Sponsored by the Retirement Village Association, the award recognises and promotes outstanding achievements in encouraging older people to remain physically, mentally or socially active.

Canterbury Close at Elizabeth East created these quality lifestyle initiatives for older South Australians this year.

Anglicare SA is committed to achieving a dynamic, friendly and fulfilling lifestyle for all their residents and clients, and Ann Sinclair, Manager at Canterbury Close, said it was a great honour to receive the COTA award.

"An organisation is only as good as its people and it's fantastic that our people (staff, residents, volunteers, families and friends) have been recognised for their dedication and good work in the

aged care industry," she said.

"We are focused on combating the negative stereotypes of older people and developing activities and events based on interests and possibilities, rather than what is traditionally considered a 'residential activity'."

The programs include wheel-in movie nights, bocce, a darts team entered into the Masters Games, sensory programs that stimulate all five senses, woodwork classes, a masquerade ball and day trips - especially to the Royal Adelaide Show, where everyone enjoyed the fireworks.



*"We're the newcomers and we were in it to win it", Betty said, happy that the team won eight bronze medals and one silver medal at The 13<sup>th</sup> Australian Masters Games.*

## Game On!

Ten residents from Canterbury Close represented Anglicare SA at the Masters Games in Adelaide on 8 October, joining 14,000 other participants and supporters from all over Australia and the world.

The darts team, captained by resident Eddie Thompson and overseen by staff and volunteers, attended the opening and closing ceremony on 8 and 15 October and competed on 10 October.

The team, appropriately known as the 'Happy Fossils' came together a month ago with no previous experience. However, with patience, practice and support, all 10 players can now hit a bulls-eye on the dart board, which was kindly donated by the local Elizabeth RSL.

The Happy Fossils trained three times a week and dart player Betty says the team showed no mercy.

"We're the newcomers and we were in it to win it," she said, happy

that the team won eight bronze medals and one silver medal.

The 13<sup>th</sup> Australian Masters Games consisted of 56 competitive sports and was conducted under the Confederation of Australian Sport charter of "Sport for All", providing the opportunity for participation and competition for people over the age of 30 years, regardless of background or ability, with the aim of encouraging lifelong participation in sport.

# Money Minded on Facebook

If you search the internet for financial counselling, you won't find any free assistance until page four. Many searchers don't continue that far, and end up signing up for an onerous \$150 per week contract with a bill-payment organisation. Some of those organisations do formulate a plan to handle household debt, but few would argue that the money they charge would be better directed to actually improving the situation.

Christine Bell, Anglicare's Manager of Financial Wellbeing, Community Engagement & Strengthening, is aware that people now search for everything through Facebook.

This inspired Christine and her team to launch:

<http://www.facebook.com/pages/Financial-Wellbeing/225880744143041>

"People don't know where to go for help, and every age group is on Facebook now. We want to capture every market we can within the online space, to offer free tips, support, counselling and solutions - to assist people's financial wellbeing, no matter what stage they're at in their life."

Anglicare's Facebook page is also another avenue through which to offer South Australians 'Money Minded', a free community education program which helps build financial skills, knowledge and confidence. The program aims to improve people's capacity to successfully manage day-to-day and long term financial matters. Money Minded also provides



unbiased consumer education and is free of any financial institution's branding or promotion.

[www.moneyminded.com.au](http://www.moneyminded.com.au)

"Money Minded reduces the crisis response, the continuing cycle of reliance on emergency assistance, making people more confident and sustainable," Christine said. "It gives people the capacity to build their own skills for lifelong learning."

Christine is passionate about Anglicare's Money Minded program, but she needs donations to help it expand and reach further into the community.

"Currently Anglicare has a four week wait for financial services counselling, and that's too long. In that time, those in immediate financial crisis have gone to services like Cash Converters, secured a loan – with an interest rate of up to 200% - then find themselves in an even more difficult situation."

"We really need to step in before that happens."

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## One pay cheque from poverty

It's a frightening reality that an increasing number of Australians are one pay-cheque away from poverty. This is the hidden poverty that we don't see, and is what we should be talking about, according to Christine Bell, Anglicare's Manager of Financial Wellbeing, Community Engagement & Strengthening.

"Anti-poverty week gives Anglicare the opportunity to raise awareness that poverty is not only realised by people on very low incomes, but is affecting full-time workers, struggling with the significant

increase in living costs. In some ways they're just as poor."

These are people who aren't eligible for Centrelink benefits, but aren't earning enough to escape the income-expense squeeze. They're not able to benefit from government support or rebates and consequently have less disposable income.

There's also another group that Christine is wanting to reach; families with double incomes, two kids, school fees, a mortgage and two cars, who are continually facing mortgage stress. "They live

with the daily pressure that if one of them loses their job, their family will collapse. These people don't think they're eligible for any assistance from Anglicare; they don't know where to go, who to ask and feel ashamed to seek help if their circumstances change. We haven't even seen that market."

Anglicare takes seriously its mission to help and support all South Australians, even those who upon first impressions might not seem too badly off.



# A Home Away From Home

*Ali Miri and Matthew Williams, Anglicare Tenancy Support Worker, outside Ali's new home.*

Anglicare SA has many diverse services that assist individuals and families within the community. One in particular that helps people like Ali Miri, a refugee from Afghanistan, is the Refugee Housing Service.

"Anglicare was sent from God to me," Ali says. "I am so grateful to Anglicare for the support they have provided me."

Ali is of the Hazara people who have been severely persecuted in Afghanistan and displaced due to war. He came to Australia to flee the terror of his homeland. After living in detention for 17 months, Ali was referred to Anglicare's Refugee Housing Service.

"Ali has several setbacks in his life at the moment," Tenancy Support Worker Matthew Williams said. "Ali is mostly blind and hearing impaired, has severe issues as a result of albinism, and suffers from PTSD (Post Traumatic Stress Disorder).

"Ali was at risk of becoming homeless as his lease was about to expire. He was finding it very difficult to obtain private rental accommodation, and the waiting list for public housing can be up to several years."

After much research and many phone calls and prayers, Matthew was able to obtain accommodation for Ali with assistance from the Blind Welfare SA at Gilles Plains.

The Refugee Housing Service is funded by the Department of Immigration and Citizenship (DIAC) to provide settlement support to refugee arrivals who are referred under the Humanitarian Settlement Scheme (HSS).

## Aussie joins the Company of Hope

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# In the Company of Hope



Above: ResourceCo Director Ken Brown with Anglicare's Dr Lynn Arnold

Anglicare SA extends its sincere thanks and welcome to our latest corporate hope partners:

- Contours Face & Beauty Clinic



- Ocea Beauty Bar



- ResourceCo



TOMORROW'S SOLUTIONS. TODAY

ResourceCo, one of Anglicare's newest Corporate Hope Partners, will assist Anglicare to continue its local programs. Many of Anglicare's services are funded by State and Federal Governments, but Anglicare also needs to raise funds through public donations and by forming Corporate Hope Partnerships with generous, community-minded organisations like ResourceCo. ResourceCo Director Ken Brown said he was very proud and excited by the partnership. "This gives us the opportunity to give back and really make a difference." Anglicare's Dr Lynn Arnold welcomed ResourceCo saying the partnership will enable the organisation to continue to provide for vulnerable people, and give hope.

# This gift will last all year

This Christmas, you can make your gifts both easy and meaningful. You can make a donation to Anglicare, on behalf of a friend or loved one, and we will send them a card telling them of your gift (minimum donation \$20). We will also enclose a beautiful Hope tree. Your donation on behalf of a friend is tax deductible. To order, either fill out the form or ring Emma to order on 8305 9230.

When you give a donation to Anglicare on behalf of a friend, they receive our Hope tree decoration and this card.



**A Christmas gift for someone you love: a donation on their behalf to**

Recipient's name .....

Recipient's address ..... Postcode .....

Your name .....

Your address ..... Postcode .....

Your daytime phone number .....

Amount of donation\$ .....  
 (minimum \$20 for gift voucher) enclosed as cheque made payable to Anglicare SA, or please debit my

Visa       Mastercard       Diners       AmEx

Card expiry date \_\_\_/\_\_\_/\_\_\_      Card number \_\_\_\_\_

Signature .....

**ANGLICARE**  
HOPE IS HERE. SA.

# The gift is the person

A Christmas reflection by Peter Burke, Anglicare's manager of pastoral care and parish development



Peter Burke

At Christmas time we think a lot about gift-giving. We have a variety of Christmas gift-giving habits, including buying gifts at last year's post Christmas sales, making and baking our own personal gifts, giving away things we were given last year but didn't really need, last minute rush shopping, taking people out for a slap up meal at a restaurant as our Christmas present, and I am sure you can think of more!

Christmas time is also a prime time for giving to organisations working for care, community and justice, such as Anglicare and its many and various sites and programs across Adelaide. At the Elizabeth Mission; Old Rectory, Morphett Vale; Old Rectory, Salisbury; and The Magdalene Centre, Anglicare staff and volunteer teams are getting ready for the annual Christmas Hampers distribution. The hampers are made up of donated items, or using money given specifically for the hampers. A vast network of people across the church and the wider community participate in what could be best described as the 'Adelaide Festival of Generosity'.

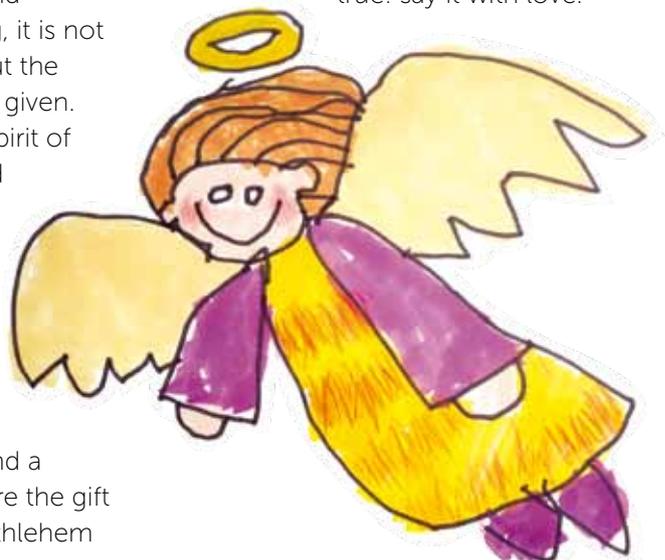
Christmas Hampers are not emergency assistance, but are a free and additional gift given in the spirit of Christmas, with a clear focus on peace on earth and goodwill to all. Like our own giving, it is not just the gift itself which matters, but the manner and the spirit in which it is given. The spirit in which we give is the spirit of Christ who gives himself freely and unconditionally to us, always inviting us, yet leaving us the space to claim him and name him as our own.

Christmas is essentially about the gift of God in Christ. This gift is not simply one of stone tablets with a set of rules, but a person, and a baby at that, or at least that is where the gift begins to emerge. The child of Bethlehem

is a living expression of God's gift of new life, freely available to all who choose to accept it and follow it for themselves. The gift is the person.

We know that the child born in Bethlehem grew up in Nazareth in a difficult cultural religious and political context (has anything changed?), narrowly escaping death as a child, and emerging as teacher, prophet and messiah, though some could not see it and some actively resisted it. The life and teaching of Christ, his suffering, death and resurrection and the giving of the Spirit as gift for all time until the end of time, are all part of an incredible life story which speaks of the power and potential of the baby in the manger at Bethlehem. The gift is the person is the message.

At Christmas time, let us remember this idea – the gift is the person is the message. It is not just the gifts we give that matter, but our manner of giving and what it says about who we are and what others mean to us. We can say it with words, but we can say it equally well by simply connecting with others lovingly, unconditionally, and personally. This is what the Christ Child shows us – to be present with and for others and to be gift with and for others. A corny catchphrase to finish yet nonetheless true: say it with love.



# Christmas Angels



Students from Walford Girls School, Anglicare's Chief Angels for 2011, show off some of their hand-made Christmas angels



Anglicare will once again be in the Adelaide Arcade right through December. Our volunteers will gift wrap for a gold coin donation, and you can also purchase our lovely hand-made decorations or Christmas cards.

We also gratefully accept presents, toys or food for Christmas hampers, at the Arcade, Highgate IGA or at Walkerville Post Office.

Thanks to all our supporters at Christmas and throughout the year.



## Be an angel of hope this Christmas

Your donation will support individuals and families in need at Christmas, and into the new year. *All donations \$2 and over are tax deductible.* You can

- telephone in your donation to 1300 HOPE SA (1300 4673 72)
- **or** make a donation with our secure online service at [www.hopesa.com.au](http://www.hopesa.com.au)
- **or** fill out this form and send it to **Anglicare SA 18 King William Road, North Adelaide, SA 5006**



Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Daytime or mobile phone number \_\_\_\_\_

email address \_\_\_\_\_

Donation amount \$ \_\_\_\_\_

Cheque or money order enclosed, or please debit my

Visa  Mastercard  Diners Club  Amex

Card no \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Expiry date \_\_\_\_ / \_\_\_\_

Authorised signature \_\_\_\_\_

**Thank you, and have a wonderful Christmas.**

**ANGLICARE**  
HOPE IS HERE. SA.