

The **Supporter** *ANGLICARE* SA

Spring 2013 Vol 21 #3



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X-Factor at Great Debate
Jumping for joy

Step by step

Young parents find financial security



Message from the CEO

“...The generosity of the individuals, businesses and community organisations that support us makes what we do possible...”

I've been very encouraged recently to see the work of AnglicareSA being acknowledged on the national stage.

Like Financial First Steps, a financial counseling and literacy program which supports young people facing parenthood to understand and confidently manage the financial pressures that come with having a child, which was named the winner of the Community category at the MoneySmart Awards earlier this month.

This win is a credit to AnglicareSA's hard-working financial literacy and counselling team, who have supported almost 60 young parents like Bianca, whose story you'll read on page 5, since the program was created less than two years ago.

Speaking of recognition, I wish you could have joined me at the recent AnglicareSA Awards to be as inspired as I was by the difference our team of staff and volunteers make in such a wide variety of situations.

I was particularly inspired by the work of one of our long-standing volunteers, Margaret Chittleborough. Margaret has been involved with AnglicareSA for more than 40 years, which is an incredible feat in itself. A constant and loyal supporter of Cathedral Fashions, Margaret shares her knowledge by acting as a mentor to the many new volunteers and members of the AnglicareSA team.

Our dedicated team of 1500 staff and 900 volunteers are absolutely

essential to everything we do at AnglicareSA, allowing us to support 40,000 people annually from before they are born and through every life stage.

To show our support for local jobs and manufacturing, the Premier of South Australia, the Hon Jay Weatherill MP, joined us in July to announce our decision to change our 170-strong fleet cars to the Elizabeth-built Holden Cruze. It has been heartening to see several other non-government organisations follow our lead and pledge their commitment to "Buy SA".

I'm pleased that our team will be serving the community in a safe, economical, locally-made vehicle. The majority of our fleet is used by employees working in the field, in programs including community aged care, disability housing, refugee housing and child protection.

The work we do is often difficult and it can be dangerous, but we do it because we know we are making a difference and changing the lives of so many. The generosity of the individuals, businesses and community organisations that support us makes what we do possible, allowing us to go above and beyond in making lives better. Find out more about what your support can provide on page 10-11.

Thank you for standing with us and supporting the work of AnglicareSA.

*Peter Sandeman
Chief Executive Officer,
AnglicareSA*

the **Supporter**

news and views about the work of AnglicareSA

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ANGLICARE
SA

AnglicareSA's Home Care Services support people to stay in their own homes for longer.



Support to age at home or away

“...it was our choice to move ourselves and make a decision towards the future...”

AnglicareSA is one of the leaders in aged care in South Australia, not only with our state-of-the-art independent living units and residential aged-care homes, but in supporting people to stay in their own homes for longer.

The most recent Aged Care Approvals Round (ACAR) saw AnglicareSA awarded 75 new Home Care packages, the second-highest allocation in the state.

Home Care packages support older people to live comfortably at home for as long as possible by providing a range of services, including help with cleaning, shopping, meal preparation and arranging physiotherapy and other allied health services.

Other older people who wish to downsize their home and take charge of their future needs have chosen to move to AnglicareSA's independent living units, which have the security of adjacent higher-care nursing homes.

The newest units are those at All Hallows Court at Westbourne Park, where Fred and Ann Grice were the first residents to move in.

The couple decided to downsize from their family home at Cumberland Park after 20 years.

“We were very happy at Cumberland Park but, as a big home, it was getting far too hard for us to look after,” Fred says.

Ann says it was important that they were able to decide for themselves how they would like their future to unfold.

“Our children were so proud of us – they were delighted that it was our choice to move ourselves and make a decision towards the future, at the right time,” Ann says.

“The opportunity to have high and low care at All Hallows Court if and when we need it is a great benefit to living here.”

The couple has already started taking advantage of the nearby residential aged-care home, popping in for lunch and coffee regularly.

“We had lunch at All Hallows the other day and grab coffee there from time to time. It's a lovely facility and the team there is so friendly,” Ann says.

At least, that's when they're at home – Fred and Ann love locking up their unit and hitting the highways. And when they come home, their unit “ticks all the boxes.”

“We enjoy caravanning and we travel twice a year. We were lucky enough to get one of the homes with a double driveway which we were able to convert to a carport for storing our van,” Ann says.

“We feel very safe and secure here. We love our home and we don't feel as though we've compromised. It's just the right size and it has everything we need.”

Heading in the right direction

AnglicareSA has support and care for older people, including residential aged care, independent living units and allied health at sites located all over Adelaide. For more information about AnglicareSA properties and services at Elizabeth East, Grange, Trott Park, and Westbourne Park, phone **8305 9279**.

For information and eligibility regarding home care, phone:

8256 2132 - North 8118 2611 - East
8131 3411 - South 8409 3600 - West

Financial First Steps wins national award

No matter what their situation, the arrival of a new baby will have an impact on any family's finances.

For young people facing parenthood while they are still at school or earning a minimum wage, the expenses that come with raising a child have the potential to place enormous pressure on their emotional and financial wellbeing.

To support these families, AnglicareSA established the Financial First Steps program in July 2012 to provide young parents with the skills to understand and confidently meet their changing financial needs as their family grows.

Financial First Steps received national recognition when the program was named the winner of the Community Award at the 2013 MoneySmart Week Awards in Sydney.

Offered to young parents living in the City of Playford area, Financial First Steps is delivered within the Communities for Children Plus Playford Initiative (funded by the Australian Government Department of Families, Housing, Community Services and Indigenous Affairs).

The program empowers young people to take control of their finances by assisting them to confidently make financial plans and set realistic financial goals, while also supporting them to

engage with other service providers to ensure the very best outcomes for their future.

In turn, this promotes change through the generations as the client's children grow up in a family which has improved its own financial and social situation.

AnglicareSA Manager of Financial and Housing Inclusion Christine Bell says: "In the first year of Financial First Steps, we've engaged with 57 one-on-one financial literacy clients and have seen many of our clients make positive lifestyle changes such as resolving debt issues, improving their financial situations, returning to study, and achieving meaningful employment."

"With the success of Financial First Steps in the City of Playford, we're currently looking at opportunities to expand the service in to other areas with a prevalence of young parents, including the City of Salisbury and City of Onkaparinga."

"We've seen amazing growth in confidence and decision making processes and also understanding and wanting to break the cycle of unemployment.

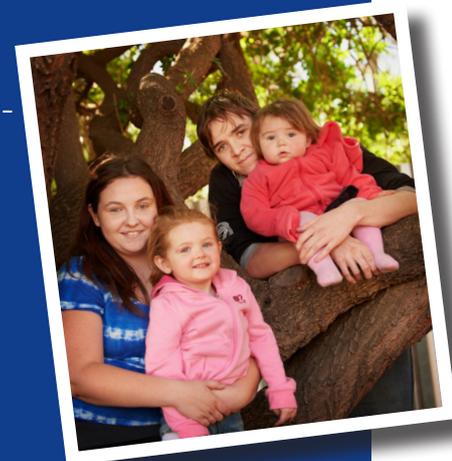
It has the opportunity to have a 'ripple effect' on the children, and encourage an understanding and conversations about money from an early age."

"We've seen amazing growth in confidence and decision making processes and also understanding and wanting to break the cycle of unemployment."

Judges' comments

"Financial First Steps is a wonderful example of an innovatively-targeted program, reaching young people at a critical life stage when they become parents.

By partnering with local hospitals and other community organisations, AnglicareSA have provided a useful and practical program which takes a holistic approach to financial literacy. Financial First Steps provides an opportunity for young people to make a significant and lasting difference to their money management behaviour at a critical 'teachable moment.'"



Bianca with her partner Andrew and daughters Chloe and Emmah.



Stepping up to financial freedom

Little Emmah toddles around the playground, squealing with glee as she slides down the slippery dip and always following in big sister Chloe's footsteps.

They don't realise it yet, but both girls will be following in the financially-sound footsteps of their parents Bianca Dannenberg-Turner and Andrew Langley, who completed the award-winning Financial First Steps program.

Bianca, 18, first turned to AnglicareSA about a year ago when Emmah was six-months-old. The family needed a bed and a washing machine.

"I got lots of help from Financial First Steps, we worked on my budget, how else I could spend my budget to help and we managed to get the bed and the washing machine and they are still pretty good," Bianca says.

"Me and my partner had a few debts, they are all on payment plans now and they are all about half way. Every week it goes down."

Taking control of the finances has led to a sense of personal control, Bianca says.

"Before, I felt suffocated. It was very bad. Now it's so much better. We have more control and if we get a high bill I know how to talk to them and get on a payment plan – the minute I get that bill I call them," she says.

Dad Andrew agrees. "We're a lot better, not

as stressed. Every day it was a phone call and letters, it was getting on top of me. When Bianca mentioned Financial First Steps I thought, cool," Andrew says.

His advice to other new parents? "Start saving straight away, definitely before the baby's born."

Bianca says other new mums shouldn't hesitate to seek help.

"Definitely speak to someone. With Financial First Steps being based around mums it's really good. Alana was great."

That Alana is AnglicareSA financial counsellor and financial literacy worker Alana Bombadieri. She worked in Financial First Steps, which is a partnership with Communities for Children, with Bianca and Andrew and she says she is thrilled to see the family's spirit and tenacity.

"They are a lot more confident, able to understand where they are heading financially and they know they have support there when they need it – they can always ring and they know where to go to ask for help," Alana says.

And that means Chloe and Emmah, the next generation of financially-savvy women, are in good hands, Alana adds.

"That's all part of the flow of the program, it's giving parents the skills to pass down to future generations."



The Reverend Peter Sandeman, Dr Tim Cooper and Archbishop of Adelaide The Most Reverend Jeffrey Driver.

Generate the toast of Coopers

Their smiles are as wide as the giant novelty cheque on show here – that’s because the Coopers Foundation raised a whopping \$80,149 for AnglicareSA’s Generate program.

AnglicareSA chief executive officer The Reverend Peter Sandeman, Coopers managing director and chief brewer Dr Tim Cooper and Archbishop of Adelaide The Most Reverend Jeffrey Driver celebrated the fundraising from the Coopers Foundation’s annual golf day.

Coopers have been a generous and long-standing support of AnglicareSA and The Archbishop’s Appeal. Generate, based at Elizabeth, works with families and young people who have experienced intergenerational unemployment.

Generate helps with all aspects of the job-seeking process – skills that many people might take for granted. Applying for work requires access to a computer and phone. It requires literacy and numeracy skills, money for public transport tickets, appropriate clothing to wear to interviews and, importantly, the encouragement and support to stick with the job hunt.

A lot of love in a little time

One of the hardest things about being a foster carer is letting a foster child move on. Whether it’s reunification with their birth family and kin or moving on to another foster family, change for the better can be heartbreaking.

Temporary care is also vital and AnglicareSA needs foster carers prepared to support a child for up to 12 months.

AnglicareSA new foster carer resources manager Glenis Morrison says short-term care may suit couples who are close to retiring or recently retired, or people who want to experience foster care without a long-term commitment.

“The care period would be for up to 12 months for children from one-year-old up to age 12. It’s short-term care for children who will either be going home or on to long-term care,” Glenis says.

Glenis says, understandably, many people only want to consider long-term foster care.

“But that means these children are missing out and it’s just heartbreaking - we have little 18-month-

old children, toddlers and school-age children who desperately need some family stability for a short time,” she says.

Foster care is open to anyone – singles, couples, people with and without children, older people and younger people. The requirements are a commitment to caring for a child in need and passing the screening and police checks. AnglicareSA provides training and ongoing support.

Glenis says short-term care can make a long-term positive impact.

“Short-term carers really are a life raft for kids in need. You can be sure you’re providing support for children who need it most.”

For more information phone 8131 3456.





50s vibe at Woodville Gardens

Good news for low-income earners aged 55 and older in Woodville Gardens – a new community housing development is being built especially for them.

AnglicareSA and Laura & Alfred West Cottage Homes successfully secured a State Government grant of \$2.5 million through the Stimulus Grant Fund, announced in September.

The grant will pay for half of a \$5 million development on a former parish site on the corner of Danvers Grove and Eighth Ave, close to the Arndale Shopping Centre. Demolition of the old buildings is underway and the homes will be built and tenanted by December 2014.

AnglicareSA CEO The Reverend Peter Sandeman says the homes will be more than bricks and mortar – they will form a real community.

“The AnglicareSA property manager dedicated to the Woodville Gardens site will coordinate community development activities for the residents and there will be a community clubroom for gathering, networking and socialising,” Rev’d Sandeman says.

“We know that low-income earners in this age group are at high risk of homelessness and they need homes which can be adapted as they grow older.”

It’s important that people who have lived their lives in the western suburbs, working and raising families, are able to “age in place” and retire there

among their existing networks of family and friends, Rev’d Sandeman adds.

“This project will support older people in the western suburbs as they continue living full, active and rewarding lives and it could not go ahead without State Government support,” he says.

The Woodville Gardens development will form part of more than 900 affordable homes provided by AnglicareSA.

That includes Canterbury Close, 20 affordable home units for people aged 55 and older adjacent to the Canterbury Close aged care facility in Halsey Rd, Elizabeth East. The \$4.3 million project was jointly funded by AnglicareSA, the State Government and the Federal Government and it was opened last year, welcoming residents like Colin and Irene.

Minister for Social Housing Tony Piccolo says the grant is part of \$20 million in funding which will support the community and stimulate the construction industry.

“This stimulus package will increase the supply of affordable rental housing and reduce rental costs for low income households,” Mr Piccolo says.

“Everyone deserves to have somewhere secure to live and this investment in affordable housing will provide that for some of the most disadvantaged people in our community.”



Annual debate with bite

Does reality really bite? That was the question on everyone's mind at AnglicareSA's annual Great Debate Breakfast at the National Wine Centre in June.

Independent Senator for South Australia Nick Xenophon and reality TV stars and winners of The Block All Stars Phil Rankine and Amity Dry squared off against The Advertiser and Sunday Mail's Petra Starke and AnglicareSA Senior Manager – Financial and Housing Inclusion, Christine Bell.

The facilitator, AnglicareSA CEO Peter Sandeman, kept all in check while Channel 9's Tom Rehn acted as the event's MC.

It was a closely-fought battle, with the affirmative team of Petra Starke and Christine Bell winning the contest with their argument that 'reality bites', particularly for the 5985 people who are experiencing homelessness in South Australia.

The breakfast also launched the AnglicareSA's Winter Appeal and raised more than \$20,000 towards emergency assistance and financial counselling programs, and the purchase of lightweight and hygienic swags to help keep the state's homeless safe, warm and dry in the winter cold.



Photographs from the breakfast

The Magdalene Centre has moved

To better suit the facility's growing needs, the current Magdalene Centre building is soon to be demolished and an expanded facility will be built. The new facility will offer enhanced services allowing us to provide better support to the vulnerable and disadvantaged in our community.

To minimise disruption to our clients whilst this building work is being undertaken the Assistance Centre and the Bargain Centre has moved to temporary premises in St Luke's Rectory, 35a Whitmore Square, Adelaide.

The administrative functions of the Magdalene Centre will remain at 26 Moore Street, Adelaide.

Services to our clients remain our priority and we will continue to need the wonderful support of our volunteers, who deliver donations to the Centre and work within the Magdalene Centre.



Temporary premises in St Luke's Rectory.

Plenty of reasons to jump for joy

In August, 18-year-old Ashley White from Elizabeth East was named the winner of the Safer Communities Award at the inaugural National Youth Awards for his role in setting up the Pair-a-Dice group with AnglicareSA.

'Coming out' as a gay man at age 14 and having struggled with some of the negative impacts that being gay had on him from external sources, Ashley sought help in community services. He couldn't find any support groups for same-sex attracted young men in the northern suburbs, and he decided that he wanted to do something about the lack of support for other same-sex attracted youth in his local community.

Working with AnglicareSA, Ashley set up the Pair-a-Dice group, an ongoing support group for same sex attracted male youth. The group, which meets fortnightly, now assists 40 other young men to find a place within the community where they feel safe and connected to others in their area.

Congratulations Ashley!



Ashley White
Photo by: Jo-Anna Robinson

Generous souls support those in need

The All Souls Anglican Church parish community has generously donated more than 1000 non-perishable items to provide emergency assistance support to families in need through AnglicareSA's Magdalene Centre.

The church received an overwhelming response to a letterbox drop of residents in the St Peters and College Park areas, with more than 1000 items including canned goods, long-life milk, toilet paper, toiletries and feminine hygiene products donated over the course of just one day.

"We're very appreciative of the way that the local community has embraced this initiative, and looking forward to delivering the items to the Magdalene Centre," said Parish Priest The Rev'd Andy Wurm.

"On the day, we had several people who had come straight from the supermarket, stopping off to donate bags full of items. It's been a very uplifting activity to be a part of to see the generosity of the community - and a great opportunity to help those less fortunate."



Donations at the Magdalene Centre

Help us make lives better...

AnglicareSA's vision is fullness of life for all.

A lofty dream some might say, but the reality is we support more than 40,000 of South Australia's most vulnerable children, young people, families and seniors each year. We employ more than 1500 staff and enjoy the support of more than 900 volunteers to deliver more than 120 different programs across 36 sites.

Our job is not to provide hand-outs but to give a "leg up". Our daily work delivers practical support to communities, families and individuals, opening new opportunities and giving skills to build on those opportunities.

Sometimes our work is dangerous, and it is often difficult, but we know we are making a difference and changing the lives of so many. There is no doubt that your support makes what we do possible and it is made so much more rewarding because we know others stand with us.

While Government funds part of our work we are truly reliant on your generosity as individuals, businesses and community organisations to enable us to go above and beyond in providing life-changing services.

Through the generosity of our donors and supporters so far this year we have been able to:

- Buy swags to alleviate hardship during winter
- Provide free camps for grieving children
- Help unemployed young people gain driving licences and skills needed for work
- Provide emergency relief and food support
- Run programs to help with parenting skills to create more resilient families
- Nurture children in our foster care programs and most especially at Christmas



With your help in the next year we hope to:

- Teach more young single mums to manage their budgets for a stronger financial future
- Provide ongoing loss and grief counseling for grieving children and their families
- Assist those living with disability or isolation through ageing
- Meet the needs of more children and young people in the foster care system

“Our supporters help us achieve our vision in so many ways and we are extremely grateful to you!”

Donate Online www.anglicaresa.com...

Some recent examples...

- During the most recent winter appeal a first-time donor gave money for the equivalent value of two swags, having thought further over the weekend she returned and donated the equivalent value of 10!
- Good Start Early Start Early Learning in Ingle Farm collected and donated multiple boxes of clothes, blankets and food.
- Pedare College Junior School, 2013 Anglicare Angels, did a large collection of non-perishable food items.
- On a wet and wintry July night Fox Tucker Lawyers and BDO held a very successful quiz night which raised more than \$7000 for our winter appeal.
- An individual donor contributed a significant amount to assist our Staying Attached program to help young mothers at risk.
- The Coopers Foundation golf day raised more than \$30,000 towards our youth unemployment programs.
- And we received a generous bequest from the estate of a loyal supporter which will directly assist our work both now and in the future.

To get involved or find out more, contact Emma Yeend our Donor Relations and Fundraising Coordinator on 8305 9230, email eyeend@anglicare-sa.org.au or simply return the tear-off form to the right and we will be in touch.



Peter Sandeman
Chief Executive Officer
AnglicareSA



OR

Please find enclosed my donation of

\$15 \$30 \$75 \$100

Please accept my donation of \$ _____

OR Please deduct \$ each month from my credit card until I advise otherwise.

I enclose a cheque payable to AnglicareSA

OR Please debit my:

Visa Mastercard Amex

Credit card number

_____ - _____ - _____ - _____

Cardholder's Name: _____

Signature: _____

Expiry date: _____ / _____

**Thank you for your generosity.
A receipt will be sent to you shortly.
Gifts over \$2.00 are tax-deductable.**

Name: _____

Address: _____

Phone: _____

Email: _____

For donation options please see overleaf...

Please return in the reply paid envelope provided, or send to:
AnglicareSA, 18 King William Road, North Adelaide SA 5006

You can Make Lives Better!

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Donation Form

Yes I would like to help the work of AnglicareSA...

- Donate to an appeal. Find out more online at www.anglicaresa.com or phone 1300 467 372 or simply fill out your details on reverse, return, and we will contact you.
- Remember AnglicareSA in my Will – please send me more details.
- Regular donor option - we can do more with regular donations.
Become a partner with Anglicare, sign up online www.anglicaresa.com and click on donate now
- Talk to someone about being a Corporate Partner.
(Call Emma on 8305 9230)
- Make a major gift to support a specific program.
(Call Emma on 8305 9230)
- Volunteer to be involved in foster care - there are many different ways to provide for a child in need.
(Call Linda on 8131 3456)

Please detach and return in the envelope provided

Please return in the reply paid envelope provided, or send to:
AnglicareSA, 18 King William Road, North Adelaide SA 5006

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To alter or cancel this agreement, or for more information please call 8305 9200

Donations can also be made at www.anglicaresa.com



“...we bumped into Tom and Jean and decided to grab a coffee...old friends, good times, great conversation...”



Brand new retirement villas from \$260,000

*Offering you everything you want,
today, tomorrow and in the years ahead.*

At AnglicareSA we understand that everyone has different needs. Even couples might require different levels of support. That's why our independent living units, close to all the facilities and supports of our residential care complex, provide the comfort and security you need for the future.

At Grandview Heights, Trott Park, the homes are spacious, the living is easy and support is at hand. Enjoy the lifestyle, comfort and the independence which is just right for you, now and in the future. As your needs change, it's good to know you are not alone.

Inspect by appointment
Phone Karen on 8305 9227

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Trott Park, South Australia 5158
email: retire@anglicare-sa.org.au
www.anglicaresa.com/retire

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